



Wicomico County Local Health Improvement Coalition Meeting Minutes

Friday, August 6, 2021 @ 9:30 a.m.

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| Meeting Name: | <i>Wicomico Local Health Improvement Coalition</i> | Meeting Location: | <i>Virtual Meeting</i> |
| Meeting Date: | <i>Friday, August 6, 2021</i> | Minutes Recorder: | <i>Cathey Insley</i> |
| Meeting Time: | <i>9:30 a.m.</i> | Minutes Reviewer: | <i>Group</i> |
| Meeting Attendees and Organizational Representation: | <i>Deborah Stanley (CEC), Lori Brewster (WiCHD), Nathaniel Sansom (City of Salisbury), Cathy Woodward (WiDSS), Kat Rodgers (Tidal Health), Tammy Walbert (TidalHealth), Alexandra O’Leary (TidalHealth), Mary Beth Waide (DHHC), Lisa Renegar (WiCHD), Tammy Griffin (WiCHD), Jill Kenney (MAC, Inc), Christina Bowie-Simpson (Wicomico Opioid Coordinator), Cathey Insley (WiCHD), Nicole Acle (Wicomico County Council), Alane Capen (Coastal Hospice), Abbie Bridges (Horowitz Center for Health Literacy), Katharine Smith (TidalHealth), Tasha Jamison (COAT), Dhruvi Patel (Cooperative Extension), Steve Walas (Encompass Health), James Cockey (WiCHD)</i> | | |

| TOPIC | DISCUSSION | ACTION |
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| WELCOME | Mary Beth Waide called the meeting to order at 9:30 a.m. and members announced themselves. | |
| JUNE MINUTES | Nicole Acle made a motion to approve June minutes as written, seconded by Deborah Stanley and carried. | |
| Community Health Improvement Plan (CHIP) Review | <p>Christina Bowie-Simpson, Wicomico Opioid Coordinator</p> <ul style="list-style-type: none"> ● Shifted projects and goals during COVID to continue to reach people and provide community resources. ● The Opioid Intervention Team met 15 times virtually. Operations met monthly. ● Narcan training was held virtually. All new County employees are trained and given kits. ● LOFRT met virtually 11 times. Well attended. State level individuals were able to join virtual meetings. ● Regrounding our Response: Completed 2 trainings with 70 people trained. CEUs were offered. ● Messaging: 76,103 social media posts, 76,110 reached through digital campaigns, 15,000 direct mailers. Were able to reach both rural communities and hot spots. ● Tony Hoffman virtual presentation was held in May. ● OIT intervention trailer was set up at the Go Purple campaign, but was a successful outreach event. Reached 100 individuals and provided resources and medication disposal bags. ● In lieu of the First Responder Appreciation Dinner, appreciation baskets were delivered to each local agency. ● Events this year: National Nite Out, Third Friday, County Fair, Go Purple Kickoff event, Overdose Awareness Day. ● Nicole asked how outreach is done in rural communities. Crissy shared that the trailer has been in Delmar, Pittsville, Salisbury and Willards Christmas parades; have also done a community day event in Sharptown. ● Challenge with trailer is that it is staffed with volunteers and events are typically after normal work hours. If interested in volunteering, contact Crissy. Nicole offered to share Crissy’s contact information. | christina.bowie@maryland.gov |

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| | <p>Somerset Opioid United Team (SCOUT)</p> <ul style="list-style-type: none"> ● Reached 306,389 through advertising campaigns. ● Bags advertising the program, with education materials, were provided to schools. ● 368.75 law enforcement hours were funded for opioid related calls. ● Communicating with law enforcement about overdoses in their county. | |
| | <p>Tasha Jamison, COAT Team</p> <ul style="list-style-type: none"> ● COAT has continued efforts during COVID at a time when higher overdose numbers are being seen nationally. ● Reached 421 individuals; 76% were Wicomico residents. (Unduplicated count) ● COAT documented over 1500 contacts with individuals. 176 of 421 individuals report a history of opioid use. ● 236 of 421 were linked to the treatment service of their choice. For some it was recovery housing, others inpatient or outpatient service. Some of the 421 were out of county, which is more challenging to get them into treatment service. We are above the national average for getting individuals to treatment. ● 6 month follow up: Of 236, 234 contacts were attempted. Phone numbers change, messages are left. Contact was made with 56, 45 reported they were still in recovery. (Over 80%) ● Nicole asked if zip code data is available for those served. Tasha shared that 124 of 421 reported being homeless. Many with addresses are provided by the hospital. ● Individuals report Alcohol, Heroin and Cocaine as their drug of choice. ● COVID has prevented the deputy ride alongs; hope to resume soon. ● Deborah Stanley asked what the team is doing to address language barrier in the LEP community. COAT can use the Language Line. Resource sheets are translated into Spanish and Haitian Creole. ● Have gotten approval to Narcan train one of our agency interpreters. ● At one time there was a COAT team member that was bilingual. She was unable to engage community individuals to an action team that she established. Crissy shared that COAT has also partnered with the Vulnerable populations task force for their events. | |
| | <p>Somerset SCALE</p> <ul style="list-style-type: none"> ● Somerset held classes for both counties after December. ● Groups were held virtually in both counties, and found it to be challenging. ● Individuals did report weight loss and knowledge improvement. ● Ellen shared that internet access is a barrier for many. | |
| | <p>Jill Kenney, MAC Inc.</p> <ul style="list-style-type: none"> ● MAC offers evidence based health and wellness programs (exercise, falls management, chronic disease programs, PEARLS) ● PEARLS is for adults age 64 and over with mild depression symptoms. ● Target was to reach 100; 143 have enrolled. ● 71 attended 6 or more sessions, and 51% achieved depression remission for at least 6 months. ● Chronic Disease Self Management Classes held 13 workshops. ● 79 of 94 enrolled completed the workshop. | |

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| | <ul style="list-style-type: none"> ● Nicole thanked MAC Center for their efforts reaching the rural population. | |
| | <p>Kat Rodgers, TidalHealth ER Utilization reduction and access improvement</p> <p>SWIFT:</p> <ul style="list-style-type: none"> ● Served 100 patients this fiscal year. Partnership with Salisbury FD. ● Expanding program so SWIFT Nurse and Paramedic can directly respond to low acuity 911 calls. ● Working with the Mayor’s office to educate the community about program expansion. ● 387 face to face visits for 126 individuals. <p>Smith Island Telemedicine:</p> <ul style="list-style-type: none"> ● Go in person every other week, weather permitting. ● Take a pharmacist, nurse practitioner, health educator and physician with them. ● Provide flu shots, COVID vaccines and tests, BP checks, labs etc. <p>Wagner Wellness Van and Cancer Prevention</p> <ul style="list-style-type: none"> ● No screening during this fiscal year. ● Partnered with the Vulnerable Populations Task Force and changed focus to meet needs of the community. ● Completed 125 screenings at Task Force events. Provided 1,286 flu shots between October and December. <p>Community Health Workers</p> <ul style="list-style-type: none"> ● Served over 200 patients, 4,000 encounters total. ● Individuals are enrolled with a CHW if they have a chronic disease and have no PCP or there are barriers to obtaining care. | |
| <p>Health Officer Updates</p> | <ul style="list-style-type: none"> ● Lori welcomed Nate Sansom, City of Salisbury. ● Health Department services continued throughout COVID, whether by drive through services, or telehealth service delivery. ● Buildings opened July 1st after the state announced June 3rd that offices could open on June 1st. ● SIHIS: Statewide Integrated Health Improvement Strategy: MOU with state and CMS to look at new initiatives around hospital quality care transformation, and total population health. <ul style="list-style-type: none"> ○ Three focus areas are diabetes, opioids and MCH with a focus on childhood asthma. ○ Will be funds coming out for home visitation for women and children. ○ Health Dept is a pilot project for home visitation as well as asthma. ○ Will provide SIHIS provided data at a future meeting. ● 7 day average positivity rate is currently 8.4%. (Highest in the state). ● In the last 7 days, we have had 183 new COVID positive patients, the second highest rate in the state. Four weeks ago we were seeing approximately 20 new cases weekly. ● We are seeing a significant number of breakthrough cases. Last week there were 22 breakthrough cases. ● COVID related deaths - neither that have died recently were fully vaccinated. ● Vaccination rate is increasing. Wicomico Health Department has vaccinated 25,000+ as of yesterday, with 50 walk-ins at yesterday's vaccine clinic. Vaccinated 7 last night at the Westside community center. ● Lori has been in contact with Dr. Hoy and Dr. Hanlin seeking recommendations for back to school. ● While there are no mask mandates in effect, Lori is recommending universal masking while we are in | |

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| | <p>substantial or high transmission rates.</p> <ul style="list-style-type: none"> ● Health Department will be meeting quarterly with the county council on Environmental Health related issues. ● Working with the council to provide information to the community on well and septic projects. ● Nicole thanked Lori and the health department for outstanding work during the pandemic. | |
| <p>Partner Updates</p> | <p>Allie O’Leary (Data Analyst, TidalHealth Population Health)</p> <ul style="list-style-type: none"> ● Updating scripts for TidalHealth call center. ● Asked where clinics are posted. <ul style="list-style-type: none"> ○ wicomicohealth.org or (410) 341-4600 ○ Expanding call center again this coming week. <p>Lisa Renegar, Subcommittee Updates</p> <ul style="list-style-type: none"> ● CHNA joint effort with Somerset County Health Department, Wicomico Health and TidalHealth. ● Community survey will be coming out soon. <p>Behavioral Health Workgroup:</p> <ul style="list-style-type: none"> ● Hub and Spoke grant focusing on primary care offices that assist patients in getting started on medication assisted treatment. Awarded a grant to continue through September 2024. ● One of five pilot programs across the state. ● One PCP has signed an MOU. ● Academic Detailing presentation to primary providers on best practices for prescribing pain meds is ongoing. ● BH Workgroup meeting every month. Priorities for this year are education/awareness, CLAS and data. ● Data group recently sent out a document for feedback (Resources for Evidence Based Public Health Practices.) ● Has been reviewed by University of Maryland Center for Evidence Based Practice Center. ● CHRC LHIC grant modification request was submitted June 10th. Presenting to commissioners next week and hope to hear by the end of the week. ● Maryland LHIC Technical Assistance summarizing data needs of LHICs statewide. Lisa will send an email requesting feedback. <p>Live Healthy Wicomico/Chronic Disease workgroup:</p> <ul style="list-style-type: none"> ● Meeting every other month. Updating CHIP to add goals on access to care. ● HALT diabetes prevention program March cohort ended early due to lack of participation. ● Obesity screenings in dental settings was awarded again. Contracted with Village Dental Center and outreaching to others. ● MAC was highlighted at the annual violence prevention conference. <p>Tammy Griffin (Prevention Director)</p> <ul style="list-style-type: none"> ● Met with Michelle Hardy and Tracy Gordy to re-establish Walk Wicomico. ● DPP/HALT: Working with the state to get into state reporting system. <p>Katherine Smith (TidalHealth)</p> <ul style="list-style-type: none"> ● TRIBE - regional partnership grant funded through HSCRC. (Tri-county Behavioral Health Engagement). ● Will use LHIC for data reporting forum. ● Crisis center on track for January 2022 opening, however depending on staffing, may open in October. ● Outpatient behavioral health moving october 4th. More information coming soon. | <p>Send feedback to Lisa.</p> |

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| | <p>Mae Esh, Holly Center</p> <ul style="list-style-type: none"> ● Resident family visits were able to resume with break in COVID rates. ● Changes will be happening with recent increase in rates. ● Will return to virtual clinics to ensure resident safety. ● Residents are 100% vaccinated. Staff are at 66.7% as of Monday. Working to increase vaccination rates. | |
| OTHER DISCUSSION | <ul style="list-style-type: none"> ● Alane Capen will be retiring from Coastal Hospice this month. Mary Beth thanked Alane for her service to the community and her participation on the LHIC. ● Alane shared that Monica Escalante will be the new President of Coastal Hospice, coming to them with 25 years of hospice experience. Alane will remain a part time consultant to Monica during the transition to her new role. | |
| NEXT MEETING | <p>Friday, October 1, 2021 @ 9:30 a.m. Greater Salisbury Building (Contingent on positivity rate at time of meeting)</p> | |
| ADJOURNMENT | <p>Mary Beth, Nicole seconded. The meeting was adjourned at 11 AM.</p> | |