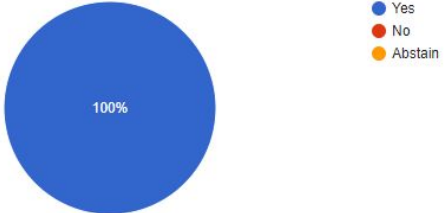


Wicomico County Local Health Improvement Coalition Meeting Minutes

Friday, August 7, 2020 @ 9:30 a.m.

Meeting Name:	<i>Wicomico Local Health Improvement Coalition</i>	Meeting Location:	<i>Virtual Meeting</i>
Meeting Date:	<i>Friday, August 7, 2020</i>	Minutes Recorder:	<i>Cathey Insley</i>
Meeting Time:	<i>9:30 a.m.</i>	Minutes Reviewer:	<i>Group</i>
Meeting Attendees and Organizational Representation:	<i>Doug Wilson (Community); Mary Beth Waide (DHHC), Lori Brewster (WiCHD), Cathey Insley (WiCHD), Anne Langley (MDH), Lisa Renegar (WiCHD), Marian Keenan (Community), Jake Frego (ESAHEC), Dr. James Cockey (WiCHD), Rev. Thomas Tucker (CEC), Donna Clark (HOPE, Inc.), Keirsten Baker (DHHC), Lisa Marr (MDH), Jason Sammons (WiDSS), Elaine Capen (Coastal Hospice), Steve Walas (Encompass), Cara Rozaieski (WiCHD)</i>		

TOPIC	DISCUSSION	ACTION
WELCOME	Mary Beth Waide called the meeting to order at 9:30 a.m.	
MINUTES	Thomas Tucker made a motion to approve February minutes as written, seconded by Donna Clark and carried.	
PRESENTATION	<p>Anne Langley, Director - Maryland Department of Health Public Health Services</p> <p>Maryland Diabetes Action Plan</p> <ul style="list-style-type: none"> ● Anne joined MDH in February. ● All jurisdictions have identified diabetes as a priority. ● Wicomico is slightly below the state average for diabetes prevalence. ● COVID patients with diabetes are more likely to have a severe case, and more likely to die from COVID. ● Preliminary studies show that people with well controlled blood sugar fare better than those with poorly controlled blood sugar. ● Working to improve health, maintain healthy weight, delay or prevent diabetes. ● LHICs are critical in addressing diabetes in local jurisdictions. ● MCHRC distributed \$41,667 to each LHD to strengthen LHICs and implement the Diabetes Action Plan. ● Technical assistance from MDH will begin in the fall. ● MDH is hosting Health Literacy training, beginning August 12th. go.umd.edu/mdh-hl-training-signup ● Health Literacy consultations with the Horowitz Center are offered to LHDs. ● Diabetes prevention programs are covered by Medicaid. ● Total Cost of Care (TCOC) model has identified diabetes as their top priority, opioids is the second. Will be judged by CMS on progress. ● Maryland Diabetes Action Plan link: https://phpa.health.maryland.gov/CCDPC/Pages/diabetes-action-plan.aspx 	

	<p>Questions?</p> <ul style="list-style-type: none"> ● Jake Frego (ESAHEC): Is population breakdown reflected on the plan? YES ● Thomas Tucker (CEC): Do statistics show breakdown by ethnic group? YES ● Lori Brewster provided a brief background on Wicomico LHIC. CHAs and Health Improvement Plans have been completed since the 1990s, regardless of funding. Wicomico has one of the longest standing LHICs in the state, along with Worcester and Somerset. These three counties meet every 4 months as well to discuss regional efforts. 	
<p>Chair/Co-Chair Vote</p>	<ul style="list-style-type: none"> ● Mary Beth thanked Stephanie Elliot for serving. ● Nicole Acle, Wicomico County Council representative, expressed interest in serving as Co-Chair. ● Mary Beth Waide is willing to serve another term as Co-Chair. ● Thomas Tucker made a motion to accept Nicole and Mary Beth as candidates, seconded by Marian Keenan. ● Lisa Renegar will update the bylaws to reflect that two Co-Chairs will share leadership equally. <p>POST MEETING UPDATE:</p> <ul style="list-style-type: none"> ● Voting members received an electronic voting link. 19 responses were received, all in favor of Mary Beth and Nicole serving as Co-Chairs, beginning with the October meeting. <p>Please submit your vote in favor or opposition for Mary Beth Waide and Nicole Acle as Co-Chairs for the Wicomico County Local Health Improvement Coalition.</p> <p>19 responses</p>  <p>A pie chart with a legend. The legend has three items: 'Yes' with a blue dot, 'No' with a red dot, and 'Abstain' with a yellow dot. The pie chart is entirely blue and labeled '100%' in the center.</p>	
<p>Subcommittee Updates</p>	<p>Lisa Renegar, Health Planner</p> <ul style="list-style-type: none"> ● In June, updates went out, in lieu of a June meeting. These updates included information on the MHCRC award. ● Proposal was submitted March 16th. On May 5th, we were notified that funds were being awarded. ● Jurisdictions were asked to submit a revised one page application, which was submitted on May 20th. <ul style="list-style-type: none"> ○ Proposal includes academic detailing, educational handouts for primary care physicians, hiring DPP coordinator, awarding mini grants to community partners, advertising, a retreat for LHIC, and salary offset for WiCHD staff that coordinate the LHIC. <p>Behavioral Health Workgroup</p> <ul style="list-style-type: none"> ● Have been meeting virtually and looking at strategies for this fiscal year. 	

	<ul style="list-style-type: none"> ● Prioritization is focusing on cultural and linguistic competency, harm reduction, and data. ● Will include Mental Health First Aid training by webinar. <p>Catalyst Grant</p> <ul style="list-style-type: none"> ● Lisa compiled information for Wicomico. ● LHD and hospital partnership with community partners to establish evidence based practices. ● LHIC is the central component to the grant. Wicomico, Worcester and Somerset submitted regionally. 	
<p>Partner Updates</p>	<p>Jake Frego (ESAHEC)</p> <ul style="list-style-type: none"> ● Learning to operate virtually; postponing some programs. ● UMES, SU geriatric program hopefully will move to the Spring. ● Looking for representatives from Wicomico for the Board of Directors. <p>Doug Wilson (RRC)</p> <ul style="list-style-type: none"> ● RRC has now reopened. ● Remodeled during the period they were closed. Fresh paint, etc. ● Groups are meeting using social distance guidelines, and all are screened when they enter. ● Some groups are meeting virtually very successfully. <p>Donna Clark (HOPE, Inc.)</p> <ul style="list-style-type: none"> ● Have lost 4 clients from cardiac events due to stress of the current environment. ● Office is open Tuesdays and Thursdays by appointment. Seeing 5 or 6 per day. <p>Mae Esh and Tuesday Trott (Holly Center)</p> <ul style="list-style-type: none"> ● Campus has been fully restricted to all visitors, vendors and public via large traffic barrels and signage throughout since COVID began 3/20. Entrance/Exit is limited to one location. ● All staff screening 24/7 conducted since 3/20. Testing staff regularly first week each month since 6/20. Kudos to Mary Beth and her team for sharing their testing guidance/process with our team-very helpful! ● There have been 0 positive resident cases since 3/20. ● The MDH Secretary requested a teleconference ,presentation from each facility regarding what they have accomplished in past six months that is Non-COVID related. Holly Center described their discovery of several "silver linings" which will be implemented to improve overall program operations. Currently all departments are involved in our "Reconfiguration " Plan once all restrictions are lifted by the Governor and MDH. ● 30 regular staff who have been on administrative leave will return to campus 8/10/2020 with continued compliance with all guidelines for screening, testing and space/physical distancing accommodations. Plans are in process for 7 others to return 8/24/20. Some disciplines will be working a hybrid schedule of teleworking part of their week until further notice. ● Staff have been very creative in promoting family contacts via continuous phone calls, pictures, videos, and other resources. ● Several telemedicine appointments and virtual Psychiatric clinics have been conducted successfully since March. 	<p>Contact Jake if interested in serving.</p>

Elaine Capen (Coastal Hospice)

- Appreciative of Governor's precautions through this time.
- Hospice has been functioning with more limited visiting. Transitioning to more normal visitation hours.
- Still restrictions in nursing facilities.
- Beginning second round of staff testing. Thanked Mary Beth for guidance on testing, as well.
- No positive cases currently.
- Referrals are coming in a bit later and census is down.

Mary Beth Waide (Deer's Head Hospital Center)

- Deer's Head just received a 5 star rating for long term care from CMS.
- Kidney Dialysis Unit earned 5 stars as well.
- 0 COVID cases for Deer's Head residents.
- Have had a couple of positive Dialysis patients. Have an agreement with another dialysis facility to dialyze COVID positive patients.
- OHCQ review for infection control procedures showed zero deficiencies.
- Lori has approved outside visiting policy, and within the next few weeks outdoor visits will be allowed.
- Staff are being tested weekly and residents are tested monthly.

Cara Rozaieski (WiCHD Prevention and Health Communications)

- DPP is still in preliminary status. Contractor that started last cohort stopped due to COVID and can't work for us again until 2021.
- Investigating Health and Lifestyle Training (HALT), an online platform. www.haltdpp.org
 - HIPAA compliant
 - Participants can access modules at a time that is convenient for them.
 - Emails automatically generated, and messaging between coach and participants through a secure message board.
 - Automatic weight graphs are included in the interface.
 - Food logs are submitted by photo, which goes to the coach.
 - Hope to start in the fall.
- SCALE program coordinator (Lana Williamson) started this week.
- Produce from ECI is being distributed to 6 organizations in Wicomico.
 - Cara thanked Donna Clark and MAC inc for accepting produce.
 - Looking for a Wicomico site for a community garden.
- Obesity screening in dental setting was stopped during COVID.
 - Hoping to get the Village Dental Center set up within the month. Following up with other providers.
- WalkWicomico website and enhanced app are up. WalkWicomico.org
 - App now includes trail maps that are on the web site.
 - WalkWicomico was invited to MDOT virtual conference called "Walktober." (Will be doing a walkathon.)
 - Working with Tracy Gordy on presentation.

	<ul style="list-style-type: none"> ● Walk at Lunch was canceled, previously deferred to the fall. Will have the 20th anniversary walk next Spring. <p>Pattie Tingle (MAC, Inc.)</p> <ul style="list-style-type: none"> ● Operating full scale with home meal delivery. 45% increase in activity since the beginning of COVID. ● Receiving 12-15 referrals a week. ● Additional funding received: Block grant from the county to expand, and funds from Meals on Wheels America for a new freezer/refrigerator. ● No adult day programs or senior center operations by order of the Governor. ● Many other community programs are operating at 50% capacity at the MAC office. ● No home visits running right now. ● Evidence Based programs still operating virtually, some are beginning to come back, with groups of less than 10, including the instructor. ● 6 “grab and go” sites: Delmar, Salisbury, Willards, Eden, Westside and Hebron ● PEARLS referrals are up. ● Dementia programs and support groups for family caregivers are available virtually. 	
<p>Health Officer Updates</p>	<ul style="list-style-type: none"> ● Have seen a rise in suicide attempts and overdose in the last couple of months. ● Trying to access data to begin addressing through community education. ● Overdose awareness event is planned for August 31st. Will be recorded for a “live” feel for the virtual event. ● Working with Wor-Wic and SU on return to campus. Reviewing their plans, and how they will respond to a potential outbreak. ● Weekly testing is being done at the health department. ● County positivity rate is below the state average. ● Worcester is currently higher than the state. ● Private schools are submitting their plans. Have been providing consultation as requested on their return to school. Most return 8/31 or the Tuesday after Labor Day. ● Public spacing services will begin at the Health Department soon. Some will be virtual, some will be “drive up.” Appointment based services will require individuals to be screened before they come in. ● Mask complaints are coming in. Environmental Health staff are working to provide education to the businesses. (Up to 5 complaints come in every day.) ● PHAB reaccreditation is in process. ● Lori asked the Local Behavioral Agency to publish a resiliency plan, which went to all staff. ● Jake asked why investigation is needed when a mask complaint comes in? Health department is taking an education approach before enforcing any action. ● Donna asked who to contact for guidance on a reopening plan? Please consult with Lori. ● Lori is on vacation next week, after having to cancel her spring vacation. ● Dr. Tucker asked if church reopening plans need to be approved? Lori explained that review is not needed but reminded Dr. Tucker that mask order is in effect for churches. 	
<p>NEXT MEETING</p>	<p>Friday, October 2, 2020 @ 9:30 a.m. (VIRTUAL OR IN PERSON MEETING TO BE DETERMINED)</p>	
<p>ADJOURNMENT</p>	<p>The meeting was adjourned at 10:40 am.</p>	