



Wicomico County Local Health Improvement Coalition Meeting Minutes

Friday, December 6, 2019 @ 9:30 a.m.

Meeting Name:	Wicomico Local Health Improvement Coalition	Meeting Location:	Greater Salisbury Building Conf. Room
Meeting Date:	Friday, December 6, 2019	Minutes Recorder:	Cathey Insley
Meeting Time:	9:30 a.m.	Minutes Reviewer:	Group

Meeting Attendees and Organizational Representation: Habacuc Petión (Rebirth, Inc.), Mary Beth Waide (DHHC), Keirsten Baker (DHHC), Lisa Renegar (WiCHD), Jennifer Berkmann (ESAHEC), Stephanie Elliott (PRMC), Mark Danderson (Community), Doug Wilson (RRC), Jason Sammons (WiDSS), Cara Rozaieski (WiCHD), Mae Esh (Holly Center), Tuesday Trott (Holly Center), Pattie Tingle (MAC, Inc.), Steve Walas (Encompass Salisbury), Donna Clark (HOPE, Inc.), Marion Keenan (Community), Cathey Insley (WiCHD), Lore' Chambers (St. James AME Zion)

TOPIC	DISCUSSION	ACTION
WELCOME	<p>Mary Beth Waide called the meeting to order at 9:30 a.m. Self introductions were made and first time attendees were announced.</p> <ul style="list-style-type: none"> ● Tuesday Trott, Holly Center COO ● Consuelo Coffman, Connecting Kids to Coverage in Worcester, Wicomico and Somerset ● Habacuc Petión, Rebirth, Inc. (Haitian Community) 	<p>Donna and Lore' may have space for Consuelo in Wicomico.</p>
MINUTES	Donna Clark made a motion to approve October minutes as written, seconded by Stephanie Elliott and carried.	
COMMUNITY HEALTH IMPROVEMENT PLAN	<ul style="list-style-type: none"> ● Copies of presentation slides were shared. ● The Community Health Improvement Plan is our plan to improve community health in our identified priority areas through community partnerships between PRMC, Somerset County Health Department and Wicomico County Health Department. Worcester was not part of this collaboration, however they do fall within PRMC's service area. ● Conduent completed CHNA and facilitated development of Implementation Strategy Plan (required name for PRMC) and Community Health Improvement Plan for the health department (required name for PHAB accreditation). ● Prioritized Health Needs: Behavioral Health, Diabetes, Cancer (CRC, Breast, Cervical, Lung, Skin) ● Internal team formed to complete service inventory of existing programs and review additional evidence based programs for consideration. <p>BH Goals:</p> <ul style="list-style-type: none"> ● Reduce opioid related deaths ● Reduce depression in seniors 	

- Mark asked how to measure reduction in depression. Can count enrollment in PEARLS program at PRMC.

BH Strategies:

- OIT Teams in Somerset and Wicomico work to address opioid crisis using 4 prong approach.
- COAT provides peer support to provide linkage to treatment. Includes outreach component.
- ED utilization reduction (SWIFT)
- PEARLS program through MAC, Inc. has had great success and high volume of enrollments. Pattie shared that new facilitator training is planned for next month. Pattie also shared that overmedication and inappropriate medications have been identified through this program, and a preliminary 60-70% improvement seen to date. Dr. Cockey asked if Pattie could present at a future meeting.
 - Patients in the program for 6 months, there was a reduction in ED visits. Nationally there is a trend to return to previous ways after 6 months. Working to combat through follow up with patients.
 - Current intervention is patients identified by ED visits/911 calls. Home visits are made to complete depression screening and social determinants of health are reviewed to give resources that may avoid return to ED. Homelessness, bedbugs, etc. have been identified. Dr. Cockey asked about follow up protocol. Number of visits by nurse, social worker and CHW are based on patient need. Jennifer asked when CHW becomes involved. Stephanie stated typically after a couple of weeks. 4 currently work with PEARL, one of which speaks Haitian Creole.

Diabetes Goal:

- Improve health of people with diabetes or pre-diabetes in the tri county service area.

Diabetes Strategies:

- Evidence based Chronic Disease Self Management classes through MAC, Inc.
- Wagner Wellness Van expansion
- SCALE evidence based program for women and children in Wicomico and Somerset.

Cancer Goal:

- Improve prevention, early detection and intervention/treatment.

Cancer Strategies:

- Expand cancer screening, identify neighborhoods with high incidence rates for targeted education, and collaborate with schools to integrate skin cancer prevention in school health curricula.

Other CHIP Discussion:

- Lisa shared that monitoring will be through collaboration with partners to develop a process for reporting back to the group.
- Doug expressed concern that recovery is not mentioned. Lisa shared it is part of the 6 month follow up with COAT, which has just been implemented. Skills training, employment support are critical.
- Lore' stated that there is no incentive to encourage people to enter recovery.

Cathey will add
MAC to the
February
agenda.

	<ul style="list-style-type: none"> ● Tuesday shared that until someone sees what recovery looks like they may not make the change. ● Cara shared that in the case of tobacco cessation she found many say they are ready, but when they aren't successful, they then say they weren't ready. Requires helping them along the way to encourage the process of recovery. <p>Approval:</p> <ul style="list-style-type: none"> ● The group unanimously approved the CHIP. ● Doug commended the team on their work to complete. ● Stephanie also thanked the community for their input. 	
<p>Subcommittee and Partner Updates</p>	<p>Mae Esh and Tuesday Trott, Holly Center</p> <ul style="list-style-type: none"> ● Tuesday Trott shared that she comes to Holly Center from a behavioral health background at Lower Shore Clinic and Go-Getters. ● Working to move from her behavioral health background to disabled population. ● Mae shared that respite population is growing. Some are coming in from family crisis and segwayed into an admission. ● Pattie asked if families in crisis are aging parents? Working to transition services to meet needs of aging residents as well as parents. People are living longer. ● Operation Teddy Bear is 12/7/19. <p>Jennifer Berkman, Eastern Shore Area Health Education Center</p> <ul style="list-style-type: none"> ● Getting ready for legislative session in January. ● Working with Maryland Rural Health Association on health related bills. ● ESAHEC can provide support if you have a particular interest area being addressed as session. ● Received another EARN grant. Last 6 years have worked on Nursing Assistant certification. Continues to be a shortage of assistants. Will partner with three community colleges. ● 112 trained over last 6 years. ● Working to advocate for salary increases for CNAs. ● Working at state level with advisory board developing standards for CHWs. ● Tooth Fairy Helper - received grant to expand into middle schools. Curriculum in Middle school will address HPV and vaping. 9 counties on the shore all have different access contacts. Some will not allow HPV to be addressed, even as oral cancer prevention. Will still present on vaping. ● RAAS survey has a specific question in types of vaping. Numbers for vaping are staggering. ● In February, will hold a substance use abuse conference with a specific focus on opioid use in senior populations. ● Stephanie has 2 CHWs that have already taken the class. Are there plans for a web based course? ● Half of online modules are ready. Will require 4 online modules, followed by a face to face training. <p>Doug Wilson, Recovery Resource Center</p> <ul style="list-style-type: none"> ● Safe Station at Recovery Resource Center has seen 83 individuals since launch in August. 	

- 78 have been diverted to treatment. Dr. Cockey asked if most are going to Hudson, and how is the determination made on whether inpatient is needed. Assessment team makes decision on an individual basis. Doug shared that most do go inpatient.
- Stephanie asked if Doug could present to Population Health group.
- Working to identify and develop strategies to address different determinants of addiction.
- Looking for a part time social media person. Have reached out to university.

Doug asked Stephanie to contact Curtis Paul.

Cara Rozaieski - SCALE update

- 1st session ends next week.
- 41% retention rate as of last week. (7 women at last session, 1 child)
- Meeting at end of session to discuss how to improve for next session in February.
- Garden has not taken off yet. ECI has a large yield garden. The detention center doesn't have the amount of space that ECI does, and have taken space in the exercise area.
- Cara thought that those on work release could possibly work at the ECI community garden.
- If that does not work, may work with a community garden.
- Diabetes Prevention Program class starts January 18th on Mondays at 5:30 pm in the Adkins building. Not able to hold class at Deer's Head due to number of locations for billing.
- Contracted with Malinda Cecil to do two DPP sessions.
- Working to develop a single flyer with the three county DPP session information. Will share flyer when completed by Worcester County.
- Relaxing the county residence requirement, and instructors will support each other to lead classes during vacations, etc. Worcester County has 5 people trained, and they are also willing to assist.
- Obesity screening for children in dental settings, OOH has a training in January. Village Dental has signed on. May need to do a train the trainer for offices signed on that can't attend training.
- Dr Cockey asked if there is a concrete description of what it is in the program that benefits the office. He is willing to share with providers to encourage them to sign on. Cara shared there is a \$1000 stipend and a large scale provided.
- Walk Wicomico Ghost of Christmas Past walk is tonight (12/6). Mindy from Chesapeake Ghost has volunteered to lead the walk. FREE event sold out within 48 hours. Providing hand warmers and hot chocolate.
- Walk at Lunch in May will be a 20th anniversary walk. Looking for fresh ideas to augment this year.
- Marion is willing to help with the Walk.
- Tobacco coordinator was interviewed on PAC14 about vaping, and is doing a presentation for high school principals in January.
- Komen will be expanding to African American and Haitian communities if funded. Will also add an educational event. Outreach would be contracted in individual communities and with speakers for the educational event.

Donna Clark, HOPE, Inc.

- Uptick in services. 50-70 people every day in a 4 hour timeframe.

- Feeding program is getting new donations, so will not need to shut down. Try to make menu healthy, but rely on donations.
- Fed 100 people a thanksgiving meal the day before Thanksgiving solely on public donations.
- Fundraising - Giving Tuesday and letter campaign have generated donations.
- Contacted by 2 grant funders that have invited HOPE to apply.
- Private donations have kept dental program running. 135% above poverty level and above from the tricounty area can come in, and cover \$200 to start. Depending on need, work to find additional funds.
- HOPE no longer coordinating cold weather shelters.
- First week is not covered yet. Looking for a host church. Requires housing and feeding for 1 week. (100 men) Cots, blankets are provided.
- Asbury Church and Camden Street Collaborative Church representatives are coordinating.

Lore' Chambers, St. James AME Zion Church, Zion House

- Rev. Tucker is recovering well and resuming activities.
- 12/7: St. James is hosting soup to the sanctuary from 10 - 3. Will also provide blankets, clothing, food, etc.

Jason Sammons, Department of Social Services

- Spoke to OIT group re: substance exposed newborns. Changed how PRMC referrals are handled. No longer handled by CPS workers, now in home services will make contact. Challenge is there is no legal authority to enter the home. Patient must welcome them in.
- 16 substance exposed newborns in November alone this year. Last year only 6 born exposed to opioids all year, in November there were 4. Largest numbers are marijuana, second to cocaine.
- Families First Prevention Services Act is federally mandated, and driving DSS to do some things differently. Continuing partnerships with COAT and PRMC

Stephanie Elliott, PRMC

- Inpatient BH for adolescents. Raised \$3.5M of \$5M campaign.
- Masters of Social Work BH staff member in ED will help SWIFT patients.
- CHWs have not been getting many referrals from inpatient side. Started using 1 in ED for boomerang patients (2 visits in 30 days) Helping with connections to primary care, insurance connections, added to CHW list and followed until needs are addressed.
- Attended MD Diab action plan summit last month. 6 areas of focus statewide.
- TriCounty area will be looking at addressing the 6 areas.

Keirsten Baker, Deer's Head

- KDU community outreach program starts in January. Will begin with Shore Up, and will transition to an inhouse program for education.

Mark Danderson

- Ischemia study presented at AHA. Not yet published, and not peer reviewed.
- NIH granted \$100M to do a global study of 5K patients.

	<ul style="list-style-type: none"> ● Compared drug therapies in patients with stable but moderate to severe ischemia. ● Results were presented at AHA. Findings was there is no benefit in using stents or angioplasty over a five year period for the entire population. ● Mark found results in a sub group of 777 people with chronic kidney disease and stable ischemia. ● Results in the sub group was consistent. ● Morgan Stanley put out a cost data study, and found hospital revenues could fall by 14%. ● Stents still useful in emergency situations. <p>Pattie Tingle, MAC, Inc.</p> <ul style="list-style-type: none"> ● Received a 3 year \$1M grant from ACL to address dementia. Will announce social model day program in a few weeks. Program will accommodate up to 16 individuals per day. Extended hours to accommodate schedules. Will have a saturday opening once a month. ● Will expand in years 2 and 3 and provide outreach in the community. ● January - winter institute. ● Isolation and seclusion is a big factor for the elderly. ● Programming published on website. <p>Lisa Renegar, LHIC Subcommittee Updates</p> <ul style="list-style-type: none"> ● Lori shared that the state is looking at funding coming to some LHICs to implement parts of the MD Diabetes Action Plan. In preliminary stages right now, more details to come. ● Plan includes using CHWs to outreach to pregnant women and individuals with type 2 diabetes. <p>Live Healthy Wicomico</p> <ul style="list-style-type: none"> ● Health in All Policies (HiAP) is an approach that integrates health considerations into policymaking. Goal is to ensure decision makers are informed about the health consequences of policy options during policy development process. ● Will present more information at LHW meeting regarding HiAP. LHIC will likely be involved. <p>Behavioral Health Workgroup</p> <ul style="list-style-type: none"> ● Meeting regularly to address focus areas. Planning meeting next week to update annual plan. 	
NEXT MEETING	Friday, February 7, 2020 @ 9:30 a.m. Greater Salisbury Building Conference Room	
ADJOURNMENT	The meeting was adjourned at 11:05 am.	