



# Wicomico County Local Health Improvement Coalition Meeting Minutes

## Friday, February 1, 2019 @ 9:30 a.m.

<b>Meeting Name:</b>	<i>Wicomico Local Health Improvement Coalition</i>	<b>Meeting Location:</b>	<i>Greater Salisbury Building Conf. Room</i>
<b>Meeting Date:</b>	<i>Friday, February 1, 2019</i>	<b>Minutes Recorder:</b>	<i>Cathey Insley</i>
<b>Meeting Time:</b>	<i>9:30 a.m.</i>	<b>Minutes Reviewer:</b>	<i>Group</i>

**Meeting Attendees and Organizational Representation:** *Bob Miller (Coastal Hospice), Donna Clark (HOPE), Mark Danderson (Community), Mae Esh (Holly Center), Steve Walas (Encompass Health Salisbury), Mary Beth Waide (DHHHC), Lori Brewster (WiCHD), Dhruvi Patel (UM Coop. Ext.), Cathey Insley (WiCHD), Darlene Jackson-Bowen (WiCHD), Lisa Renegar (WiCHD), Lore' Chambers (St. James AME Zion), Stephanie Elliott (PRMC), Christine Chestnutt (City of Salisbury)*

TOPIC	DISCUSSION	ACTION
<b>WELCOME</b>	Mary Beth Waide called the meeting to order at 9:33 a.m.	
<b>MEMBERSHIP</b>	<p>Lisa shared that she, Doug, Mary Beth, Steve met to look at the last three years of membership attendance data Cathey compiled after the last meeting. Looking at data, 42% of the group attends half of the meetings or more. Data is valuable when looking at by-laws.</p> <p>The group decided that removing inactive members from the membership listing would only remove them from the voting quorum. Inactive members will still receive meeting notices and minutes.</p>	<b>Membership subcommittee will approach organizations not attending or represented to designate an individual or alternate(s).</b>
<b>LHIC BY - LAWS</b>	<p>Lisa shared a copy of the proposed changes to our by-laws.</p> <p>Prior to meeting with Doug, Mary Beth and Steve, Lisa visited the State Office of Planning website to determine if there are mandates/guidelines for LHIC by-laws. State guidelines for LHIC are very simple (three bullets at the bottom of page one on the proposed changes to Wicomico by-laws). Lisa also found that the other lower shore counties do not have by-laws, and Wicomico's originated with the Wicomico Health Planning Board.</p> <p>PHAB does not have language on required by-laws other than community input into our plan, which could be accomplished without the quorum piece in the voting process.</p>	

	<p>The group discussed whether to keep by-laws in place, and determined that they will remain, with updates voted on below. The majority of discussion centered on what determines a voting majority.</p> <ul style="list-style-type: none"> <li>● ARTICLE II: Strike “Objectives and Purpose” and II becomes “Primary Responsibilities”.</li> <li>● ARTICLE II: Incorporate the three bullets taken from MD Office of Planning, with second bullet changed to reflect collaborating with local partners, instead of state, to set community priorities.</li> <li>● ARTICLE III: Keep section 3, eliminate 4 and 5.</li> <li>● ARTICLE IV: Keep proposed addition (Sec 3) that in the absence of Chair/Vice-Chair the Health Officer or designee assume duties of the chair.</li> <li>● ARTICLE V: Remove section 1, keep Sec 2, remove section 3.</li> <li>● ARTICLE VI: Change to “...simple majority vote of membership present”.</li> <li>● ARTICLE VII: Remove specification of meeting date and frequency, change to a minimum of four times a year.</li> </ul>	<p><b>Lisa will draft revision of by-laws.</b></p>
<p><b>MINUTES</b></p>	<p>Mary Beth revisited the topic of minutes not officially approved due to the lack of an official voting quorum and put minutes from February 2018, April 2018, June 2018, August 2018, October 2018 and December 2018 out for approval. Stephanie made a motion to approve, seconded by Lori, and carried.</p>	<p><b>Cathey will post minutes to web page.</b></p>
<p><b>HEALTH OFFICER UPDATES</b></p>	<ul style="list-style-type: none"> <li>● Core public health funding was cut in half in 2009, and MACO has made restoration of this core funding their number 1 priority.</li> <li>● Secretary of Health has established 10 priorities, one of which is funding LHDs. He recognizes that work is done at the local level and should be funded.</li> <li>● \$1M state dollars have been committed to renovate Poplar Hill facility for substance use treatment.</li> <li>● County is doing an RFQ for individuals interested in managing the treatment facility and be part of the design team and help with the Certificate of Need.</li> <li>● Facility will be 24 hour, with access to detox and residential recovery and housing all included. Space is beautiful and tranquil.</li> <li>● RFQ deadline is mid February. Vendor will need to apply for the CON on their own.</li> <li>● Senior Policy group is working on modification of timeline.</li> <li>● USDA reached out to the county and wants to help; possible funding source.</li> <li>● Certificate of Need pending. There was hope that since there was a Governor’s emergency declaration would speed the process, but that has not been the case. Minimum time is 90 days, can take up to 2 years. Bob Culver plans to meet with the Governor to inquire about status.</li> </ul>	
<p><b>CHNA Data</b></p>	<ul style="list-style-type: none"> <li>● Lori shared a brief overview of Community Health Needs Assessment data, and provided a more complete overview of preliminary data.</li> <li>● Will continue to partner with PRMC for joint CHNA every two years.</li> <li>● Assessment includes the tri county area served by PRMC. Other local health departments did not participate, nor did other hospitals in the region.</li> <li>● Demographic review by age, education, occupation, income, poverty level.</li> </ul>	<p><b>Reports will be posted on PRMC and Wicomico Health web pages once final, in July.</b></p>

	<ul style="list-style-type: none"> <li>● Worked with Conduent Health to look at socioneds index to identify social determinants of health that lead to poor health.</li> <li>● Greatest identified needs are in the Salisbury and Nanticoke/Bivalve areas.</li> <li>● <b>Primary data</b> came from surveys, focus groups and key informant interviews (11)</li> <li>● Indicators with highest disparities: children with asthma, teen birth rates, 65+ living below poverty level, workers community by public transportation (with very limited access locally), and families living below poverty.</li> <li>● Highest index of disparity with african american and hispanic populations.</li> <li>● <b>Secondary data</b> is from SHIP and Healthy People 2020 (23 public data sources in total were used)</li> <li>● Secondary data scoring created a score for each issue. Wicomico: highest issue score is age adjusted death rate due to cancer. Oral cancer/pharynx cancer was surprisingly high. Green areas are areas we are doing well. Scoring is a 1-3 scale - number is not instances, but rather an aggregate of common statistical data.</li> <li>● Men's health issues rank high in Wicomico.</li> <li>● Primary data analysis: <ul style="list-style-type: none"> <li>○ 584 surveys [81% from Wicomico county]</li> <li>○ 14 key informant interviews</li> <li>○ 3 focus groups.)</li> </ul> </li> <li>● Theme through all is access to services, mental health, substance abuse, insurance coverage.</li> <li>● Community surveys found substance use and mental health were the most important health issue in the community. Opioids were a hot topic at the time the surveys were completed.</li> <li>● Prioritization of areas identified as significant needs through primary and secondary data were reviewed and areas we would address as a group (LHIC Priority Areas) were identified. These will be part of our community health plan, part of our accreditation. <ul style="list-style-type: none"> <li>○ Behavioral Health, with a focus on mental health and substance use</li> <li>○ Diabetes</li> <li>○ Cancer</li> </ul> </li> <li>● Conduent will be developing a website for all of the data once it is finalized.</li> </ul> <p>Dhruti asked if the survey done in three years will be using the same data parameters? Lori answered yes, as this will show rise/fall in needs.</p>	
<p><b>LBHA Goals and Strategies</b></p>	<ul style="list-style-type: none"> <li>● Draft FY2020 Goals, Objectives, Strategies, Performance Measures and Performance Targets.</li> <li>● Lisa has been assisting since Tammy has left.</li> <li>● Priority is on integration.</li> <li>● Fall 2018 sent a self assessment to all state jurisdictions. Scored level 1, 2 or 3. Wicomico LBHA scored a 2.4, which is good.</li> <li>● Lisa took 7 domains from self assessment and embedded them into existing goals.</li> </ul>	<p><b>Cathey will draft letter of support and send to Mary Beth.</b></p>

	<p><b>Goals were reviewed.</b></p> <ul style="list-style-type: none"> <li>• Lori asked if Harm Reduction services could be included. <b>Lisa will add objective under Goal 2.</b></li> <li>• 2.3: Lori suggested re-wording to avoid repeat use of word “prevention.” <b>Lisa will revise.</b></li> <li>• 2.4: Lore’ suggested sending a representative to sit on release/discharge teams.</li> <li>• Goal 3: BH Workgroup has been meeting every other month, and will be working on compiling data sources.</li> <li>• Goal 4: providers want more local CEU classes. Dhruiti asked to be added to distribution list for provider trainings. UM Extension is looking to conduct hearing distressing voices trainings. Will be providing training at 4H.</li> <li>• Goal 5: Lisa added this year.</li> <li>• 5.1: Should be service delivery system, not just contracted services.</li> </ul> <p>VOTE: Approved with suggested changes.</p>	
<p><b>Subcommittee Updates</b></p>	<ul style="list-style-type: none"> <li>• BH Workgroup reconvenes in March, and will work on planning.</li> <li>• Live Healthy Wicomico regular meeting date fell on holiday in January, next meeting is Monday 2/4.</li> <li>• Will reach out to cancer service providers and others needed to help with identified priority areas.</li> <li>• Obesity is still a concern area, but top three areas were the most discussed. Problem has not gone away, and addressing it does affect the other identified areas. Walk Wicomico is active. LHW meetings center around healthy living, eating, lifestyles whether they are agenda items or not.</li> </ul>	
<p><b>Partner Updates</b></p>	<p><b>Wicomico Cooperative Extension, Dhruiti Patel</b></p> <ul style="list-style-type: none"> <li>• Received a large seed grant focusing on farmer’s mental health and suicide prevention. 3 phases, survey statewide, focus groups - perception of wellbeing, and methods of delivery - how education/outreach is most effective.</li> </ul> <p><b>St. James AME Zion Church, Lore’ Chambers</b></p> <ul style="list-style-type: none"> <li>• CARF certification is complete; accredited for 3 years. Continue to see increase in homeless veterans. VA offering conference in the spring with a section on opioids, as well as suicide prevention.</li> </ul> <p><b>Peninsula Regional Medical Center, Stephanie Elliott</b></p> <ul style="list-style-type: none"> <li>• Discharge meals program for patients identified as food unsafe. 3 days worth of food and assessment of the home. MAC will follow up to connect with services.</li> <li>• CHWs in demand. Will work with AHEC on 2 grants: \$25K grant for ED presenting dental emergencies and the other for childhood asthma home environment assessment and provide education.</li> <li>• Telehealth integration/remote patient monitoring is underway.</li> <li>• Maryland Primary Care program - CTO organization: integrates mental health into primary care.</li> <li>• SOGI (sexual orientation and gender identity) questioning has begun. Federal law mandates completion.</li> </ul>	

- March 30th: Health Fest at Bennett.
- Partnering with SU to use van as a clinical location for nurse practitioner program. Will target asthma education.
- Nanticoke put out an RFP to affiliate themselves with another facility. 14 responses received, and PRMC was selected as the affiliate. (24% of PRMC patients come from Sussex county.)

**Coastal Hospice, Bob Miller, Provider Relations Manager**

- Expanding presence in other counties.
- Ribbon cutting for administrative office opening in Cambridge on Monday. Hoping to have grand opening for facility in Worcester. Hope to have open by end of February.

**Holly Center, Mae Esh**

- Holly Center awaiting appointment of CEO. Mae continues to act in that capacity.
- Respite services for the community continue to expand to meet complex health care needs for people with disabilities as well as providing valuable relief for families and other caregivers.
- 3 respite individuals have become long term residents.
- Bay Area Center for Independent Living has re-opened the pool, housed in the Holly Center activities building. Opens to the community on Monday 2/4. This is a therapeutic pool for individuals with disability needs. For more information, contact Dr. Katherine Jones, Executive Director at (443) 260-0822.

**Encompass Healthcare of Salisbury, Steve Walas**

- Name change is complete.

**Mark Danderson**

- Shared study of SGLTS class drugs that show a reduction in hospitalization for renal disease progression.
- New England Journal of Medicine phase 3 study of 25K patients shows that Omega 3s do not reduce risk of major CV events, or reduce risk of invasive cancer. Compared to placebo - no more effective than placebo.

**City of Salisbury Housing and Homelessness, Christine Chestnutt**

- Applying for CFES community grant to purchase feminine hygiene products. Tricounty effort, no barrier other than must be homeless/no fixed address. Providers would refer to Christine. Up to \$5000 for first year, sustained with community support in future years.
- Dhruvi has a partner in another county that receives donations from Walmart. Christine will pursue.
- WeCare - when leftovers are available they have provided to Christine for her homeless clients.

**HOPE, Inc, Donna Clark:**

- Cold weather shelters are hosting 35-42 men each night. Will be at Asbury until February 8th, then to St. Peters Church.
- Some dental funds remain; limited to \$200 pp.
- Did not get CHRC grant.
- Seeing up to 70 different ppl at HOPE every monday and friday.

<b>NEXT MEETING</b>	<b>Friday, April 5, 2019 @ 9:30 a.m.</b> <b>Greater Salisbury Building Conference Room</b>
<b>ADJOURNMENT</b>	The meeting was adjourned at 11:25 am.