



Wicomico County Local Health Improvement Coalition Meeting Minutes

Friday, December 7, 2018 @ 9:00 a.m.

Meeting Name:	<i>Wicomico Local Health Improvement Coalition</i>	Meeting Location:	<i>Greater Salisbury Building Conference Room</i>
Meeting Date:	<i>Friday, December 7, 2018</i>	Minutes Recorder:	<i>Cathey Insley</i>
Meeting Time:	<i>9:00 a.m.</i>	Minutes Reviewer:	<i>Group</i>

Meeting Attendees and Organizational Representation: *Mark Danderson (Greylock Press), Darlene Jackson-Bowen (WiCHD), Lori Brewster (WiCHD), Doug Wilson (Community), Lisa Renegar (WiCHD), Thomas Tucker (CEC), Donna Clark (HOPE, Inc), Mary Beth Waide (DHHC), Steve Walas (HealthSouth), James Cockey (WiCHD), Jennifer Berkman (ESAHEC), Stephanie Elliott (PRMC), Cathey Insley (WiCHD), Mae Esh (Holly Center), Lore' Chambers (St. James)*

TOPIC	DISCUSSION	ACTION
WELCOME	Mary Beth Waide called the meeting to order at 9:00 a.m.	
LEADERSHIP VOTE	Per by-laws, nominations for 2019 Chair and Vice-Chair were accepted. Lori and Doug simultaneously motioned that current leadership be renewed for 2019, seconded by Donna Clark. Mary Beth and Stephanie agreed to the nomination, and decision was carried by unanimous vote.	
MINUTES	Minutes approval pending by-laws revision to voting member quorum.	
BY-LAWS	<p>The group reviewed current by-laws and discussed potential updates:</p> <ul style="list-style-type: none"> Update language to reflect that LHIC provides support for action by members' organizations and others, but is not an "action" group. Purpose is to ensure representation and voice to all residents. LHIC meetings are open to the public. Donna suggested, and all agreed, that promoting meetings and identified target areas through media. (Print, radio, TV, Delmarva Life, PAC14. Group agreed. Language that specifies that in absence of chair and vice-chair, meeting will be led by the Health Officer of designee. Discussion ensued on what number constitutes a quorum. r. Jackson-Bowen suggested 1/3 of active membership, Donna suggested that a simple majority of membership attending meeting shall constitute a quorum, another suggestion was a minimum of 8 voting members, making 5 a quorum. Lori made a motion to finalize membership before determining a true quorum, seconded by Steve Walas. Dr. Cockey suggested possibly creating levels of membership (i.e. Active, inactive, ex-officio, invited guests.) <p style="text-align: center;">Mary Beth, Lisa and Cathey will review current organizational representation.</p>	<p>ACTION: Membership and bylaws subcommittee will meet to draft/suggest changes.</p>

	<ul style="list-style-type: none"> Language that empowers officers to make executive decisions regarding membership changes. Steve, Stephanie and Doug will help Lisa with language regarding membership/quorum. Doug asked how Article II, #2 and #5 differ. Dr. Cockey responded that 2 focuses on CHA and 5 focuses on CHIP, and the group discussed combining 	
MEMBERSHIP	<p>There are several organizations that maintain a voting member spot but have not attended in over a year. Doug asked if there is a way to track attendance for each member by meeting. Organizations expressed need for Corrections and the City to be present. Lore' shared that for the City, the representative would likely need to be appointed by the mayor.</p>	Cathey will compile attendance data.
PRESENTATION	<p>Pharmacist-Led Educational Intervention on Inappropriate Prescriptions in Older Adults Mark Danderson, Greylock Press</p> <ul style="list-style-type: none"> Patients were 65 or older. Study looked at 4 Beer's Criteria meds. Study objective was to educate pharmacists on intervening when prescribers may be writing an inappropriate prescription. Pharmacist would provide the patient with literature on possible contraindications, and contact the prescribing doctor asking them to un-prescribe. Study completed in Canada over three year period using community based pharmacies. Pharmacies were randomly assigned intervention or control pharmacy. At 6 months, achieved 43% discontinuance of inappropriately prescribed Beer's Criteria meds compared to 12% discontinuance in the control group. None of the patients discontinuing meds reported requiring hospitalization due to discontinuance. 38% of patients tapering sedating hypnotics reported withdrawal symptoms. Study concluded pharmacist-led intervention resulted in greater discontinuance than control group. Mark spoke to Steven Leonard at PRMC about the study, who shared with Kathryn Fiddler. PRMC is interested in implementing a similar effort at the hospital pharmacy, but would also like to see a community approach to improve health outcomes and save money. PRMC is willing to assemble information for pharmacists. Would need health department support. Stephanie stated that using CRISP data may be possible for hospital patients. Doug suggested piloting through the hospital before taking community-wide. Jennifer shared that ESAHEC works with ES Pharmaceutical Society, and students are trained on medication therapy management during geriatric assessment trainings. Dr. Cockey raised concern that there are dangers when stopping benzodiazepines, and that while there were no hospitalizations in the study, this is a risk. Mark has reached out to the study group to see if they will share both patient and prescriber content. 	
HEALTH OFFICER UPDATES	<ul style="list-style-type: none"> Staff were successfully relocated to the ES Adkins building from the Hurdle first floor as well as Case Management staff formerly housed at the Fritz building. Lease was signed for 3 years and can be renewed as needed. 	

	<ul style="list-style-type: none"> • Engineers will look at the floor to see if repair is possible, but other engineers have already looked and say they can repair but cannot guarantee repairs. Initial flood was costly and insurance will not pay a second time. • Somerset County is recruiting for a full time deputy health officer. • Lori meets with Somerset commissioners 12/11 to decide whether she will continue in an acting capacity or be confirmed as the health officer. • Lori recognized that she is able to share health officer duties between the two counties thanks to her senior leadership team. • The group discussed health officer vacancies across the state. There are currently 6 vacancies statewide. Kent and Charles counties appointed health officers on December 5th. • Seeing turnover and restructuring at the state level, and a lack of senior level staff. • State decision to regionalize BCCP as of April 1st made Wicomico the hub on the lower shore. Clients have the option to receive services in any hub. Have seen clients from Dorchester, since Caroline is their designated hub, but Wicomico is closer for them. Meeting with the state monthly during the transition, and may need to request a funding increase based on case load. • Over the last year, have worked with PRMC and Conduent to complete a joint Community Health Needs Assessment survey. Have met to review primary and secondary data. • Focus groups were held on the lower shore, and included a provider focus group. • ~600 surveys were completed, an increase over previous assessments. The health department had the survey translated into Korean, Spanish and Haitian Creole to get input from their respective communities. • Identified focus areas are Mental Health, Substance Use Disorders, Diabetes, and Cancer. • HCI did a great job with presentation of CHA data, and partnership with PRMC has been a positive change. • Dr. Cockey commented on how professionally the information is presented. Conduent will be completing a community website, which will be shared once complete. • PRMC is required to complete CHA every 3 years, and the LHD is required every 5 years. Will continue to partner every three years moving forward. • Hiring a consultant to complete the survey analysis was a cost effective decision. Stephanie urged the group to review reports once posted; graphics are well done. • Lori reviewed some preliminary data, and will share final data at a future meeting. This data is used to determine the LHIC focus areas. 	
<p>PARTNER UPDATES</p>	<p>Lisa Renegar, Behavioral Health Workgroup:</p> <ul style="list-style-type: none"> • Working to assemble providers to discuss next years plan. <p>Lisa Renegar, Live Healthy Wicomico:</p> <ul style="list-style-type: none"> • Group didn't meet last month, but will begin updating action plan to pull in the cancer piece when they reconvene. Will look at inviting new members that focus on cancer. 	

Steve Walas, HealthSouth Chesapeake Rehabilitation:

- Name being changed to Encompass Health of Salisbury.

Mae Esh, Holly Center:

- Continuing to serve as Acting CEO at Holly Center. Interviews have been ongoing since August.
- Therapeutic pool is reopened and available for community use.
- Working on updating sprinkler system, converting HVAC system.
- 4 sets of auditors have been onsite all at one time.
- Operation Teddy Bear this weekend.
- Respite population is changing, extending stays to long term in some cases.

Mark Danderson:

- Will be officially retired by February meeting.
- American Hematology Society meeting held last week discussed an encouraging Acute Myeloid Leukemia clinical trial.
- HOPE is actively getting ready for the cold weather season. Shelter opens on January 5th at First Baptist Church on Delaware Avenue. Shelter runs through mid-March.
- Working with Stephanie Malkus to complete an CHRC grant for dental care.

Donna Clark, HOPE, Inc.:

- HOPE seeing 50-65 people in 4 hours every week.
- New feeding mission by two women has provided lunch twice a week and has fed over 700 meals in the last two months.
- Flu vaccines are being given wherever people will allow.
- Dental funds - working with the oncology unit to pay for extractions for those beginning therapy. Hoping holiday donations will allow a boost in services.
- Dr. Cockey asked if HOPE would be willing to administer HEP A vaccine for the homeless if supplied by the health department. Donna is willing.

Dr. James Cockey, Wicomico County Health Department:

- During legislative session an adult MA dental program was passed. Target population is MA dual eligible adults. State allocating \$5M to focus on the 35,000 eligible in the state.
- Attended Eastern Shore STI Summit at UMES in the fall. Rates are going up statewide.

Jennifer Berkmann, Eastern Shore AHEC:

- Jakes sends his regrets for today's meeting and wishes all a Happy Holidays.
- Supporting HOPE with grant writing.
- Carefirst grant focusing on asthma intervention with high ED utilizers. Using CHWs for the Dorchester based program.
- Partnering with PRMC on oral health intervention program.

- Partnering with Stepping Stones at Salisbury University Social Work program to target 7 rural counties and intervene with the opioid epidemic.

Stephanie Elliott, Peninsula Regional Medical Center:

- Van still has a nurse practitioner position open. Have been getting help from Dr. Weisman and Dr. Trumble, VP of Clinical Integration. Both are filling in on Mondays as their schedule allows.
- Have hired a new community health worker for the van, who holds a Bachelor's in Psychology and is bilingual (Haitian Creole).
- SWIFT has 51 enrolled, and moving into the second year. Will begin assigning levels to each patient to track progress and interventions.
- Telemedicine consultant working with PRMC to stay up to speed. Starting with their endocrine practice in January. Will allow remote patient monitoring, with automatic download that doesn't rely on patient reporting.
- Streamlining care for Sickle Cell patients when presenting in the ED, using community management model to reduce admissions.

Lore' Chambers, St. James AME Zion Church:

- Supportive services for veterans and their families and homeless reintegration has been renewed for a 6th year. 39 veterans and families served already this quarter by 60 agencies working together.
- Homeless veteran reintegration in second year. CARF re-certification complete last week, as recommended by the VA to keep guaranteed funding for community services and employment.
- Department of Labor has also been on site. Both CARF and DOL reviews went well.
- Lore' thanked Donna for helping with dental care for a veteran.

Darlene Jackson-Bowen, Wicomico County Health Department:

- Has been working on completing onboarding for the last 90 days.
- Has worked on relocation transition to Adkins, incorporating change management to help with the move transition as well as adjustment to Tammy Griffin's resignation.

Thomas Tucker, Community Empowerment Center:

- Did not re-apply to be MOTA vendor, but want to continue to be part of the LHIC.
- Applied for smoking education grant through the health department. Focus will be on youth and adult smoking and the vaping issue.
- Continuing diabetes efforts.

Mary Beth Waide, Deer's Head Hospital Center:

- Dialysis received a 4 star rating from CMS.
- KDU is providing minimal primary care, including wound and skin care during dialysis treatments, as well as including some physical therapy.
- Food as medicine - many patients live in food deserts. Dialysis patients are being given dialysis

	friendly foods to supplement their diets.	
NEXT MEETING	NOTE CHANGE IN MEETING TIME: Friday, February 1, 2019 @ 9:30 a.m. Greater Salisbury Building Conference Room (Plaza entrance, or take elevator from Parking lot entrance.)	
ADJOURNMENT	The meeting was adjourned at 10:45 a.m.	
ATTACHMENTS	1. SLIDES: D-Prescribe Study slides	