



Wicomico County Local Health Improvement Coalition Meeting Minutes

Friday, October 5, 2018 @ 9:00 a.m.

Meeting Name:	<i>Wicomico Local Health Improvement Coalition</i>	Meeting Location:	<i>Wicomico Co. Health Dept. Pinto Room</i>
Meeting Date:	<i>Friday, October 5, 2018</i>	Minutes Recorder:	<i>Cathey Insley</i>
Meeting Time:	<i>9:00 a.m.</i>	Minutes Reviewer:	<i>Group</i>

Meeting Attendees and Organizational Representation: *Doug Wilson (Community), Cathey Insley (WiCHD), Lisa Renegar (WiCHD), Mary Beth Waide (DHHC), Mark Danderson (Community), Alane Capen (Coastal Hospice), Stef Malkus (ESAHEC), Lori Brewster (WiCHD), Darlene Jackson-Bowen (WiCHD), Jennifer Berkmann (ESAHEC), Mae Esh (Holly Center), Nick Thompson (WCBOE), Marion Keenan (Community)*

TOPIC	DISCUSSION	ACTION
WELCOME	Mary Beth Waide called the meeting to order at 9:00 a.m., self introductions were made. Dr. Darlene Jackson-Bowen, new Deputy Health Officer for Wicomico County, and Stephanie Malkus from Eastern Shore AHEC were in attendance.	
MINUTES APPROVAL	9 voting members submitted votes electronically or by email, as discussed at the August meeting. Since this still does not constitute a quorum, minutes are tabled until the December meeting, when membership and by-laws will be reviewed and voting for Chair and Vice-Chair will be held.	
PRESENTATION	<p>Diabetes Outcomes in Wicomico County, Mark Danderson</p> <ul style="list-style-type: none"> ● Mark’s company monitors clinical trial results, and he was interested in looking at diabetes in the county following a presentation made by Lisa Renegar at a previous meeting. ● Members need only knowledge of p-values and Hazard Ratios to understand the data presented. ● ED visits due to diabetes were reviewed, and found that while Wicomico rates are better than state averages, the problem is getting worse, with African Americans almost four times as likely to present in the ED with diabetes complications. ● 10 year analysis of data shows that nationally numbers are improving. ● Evidence is building for use of SGLT-2 inhibitors (all names end in “flozin”; one of three classes of drugs for lowering blood glucose.) ● CVD REAL study of 25,000 patients found that use could also have a positive CVD impact. ● Continuous monitoring systems are shown to improve clinical outcomes. ● Steps to improve diabetes outcomes include encouraging use of SGLT-2 for Type II diabetics, and encouraging the switch from manual monitors to integrated monitors/pumps. ● The group discussed prohibitive cost of continuous monitors. 	

	<ul style="list-style-type: none"> ● Live Healthy Wicomico is encouraging employers to inquire about insurance coverage for continuous monitors. May need to advocate with insurance providers. ● A study was just released this week that showed the Vigo pump reduced the amount of insulin required by users resulting in a cost reduction of \$1,500. Promising for advocating with insurers. 	
HEALTH DISPARITY	<ul style="list-style-type: none"> ● At December membership update review, will confirm whether reporting is still a grant requirement. 	
HEALTH OFFICER UPDATES	<ul style="list-style-type: none"> ● After over 2 years of looking at relocation space for staff in the Hurdle Building first floor (including 22 months working to get a lease signed at the Holly Center) a lease has been signed to move staff to the ES Adkins building, where WIC offices are currently located. ● First floor will house Case Management/DD staff, second floor will hold Prevention and the Local Behavioral Health Authority. The space also has a large conference room, and future meeting will likely be held at this location. ● A public community discussion on opioids was held in September at the Civic Center, with only 2 people in attendance, with much promotion prior to the event. The first forum held fall 2017 saw over 300 people. May move forward in partnership with the faith based community. ● State received a \$1million cut from the CDC for BCCP programs, which was passed along to the shore by cutting the program from Somerset and Worcester and informing Wicomico that they will absorb services regionally, while also seeing a cut in funding. Change effective April 1st. ● Health Officers are concerned we will see a rise in cancer rates on the shore. No discussion was held, so there was no opportunity to provide input on options for managing the cuts. ● Fran Phillips, Secretary of Public Health, is working on communication strategies between the state and Local Health Departments. ● Flu season is here, and Lori encourages all to get their flu shot. Multiple cases in Delaware confirmed. ● Lori welcomed Dr. Darlene Jackson-Bowen as new Deputy Health Officer, who comes to Wicomico from the University system. Grateful to have her on board. ● Somerset is in round three of interviews for Health Officers. Counties have discussed the possibility of continuing to share Lori between the two counties. If that is the only possibility, would need a Deputy in Somerset. ● Lori has been working to improve processes in Somerset, which will help them in the future. 	
PARTNER UPDATES	<p>Behavioral Health Workgroup - Lisa Renegar</p> <ul style="list-style-type: none"> ● Reconvened after a month off, and currently looking at date. ● Completed warm handoff protocols from providers to the ED, and working on process from the ED and detention center to providers. Tammy Griffin will be meeting with providers individually as part of this process development. ● Next meeting: working on needs assessment for next year. ● 10/10 - Mental Health First Aid class 	

- 10/12 Overdose Awareness Day at Recovery Resource Center (5 pm - 7:30 pm)

Live Healthy Wicomico - Lisa Renegar

- Working to complete goals through working meetings.
- 1422 grant (funder of Diabetes Prevention Program) was cut/discontinued.
- HMB - working to recruit new businesses.
- Working toward a community action plan with other participating agencies.
- Meeting bi-monthly moving forward and changing the focus to address health disparities.

Greylock Press/Community - Mark Danderson

- Tracking of quarterly revenues for top products in the medical community and pharmaceuticals (publicly traded companies) shows that the US makes up 4% of the global population and 18% of the global economy but accounts for 62% of medical devices and drugs globally.

Coastal Hospice - Alane Capen

- 12 bed Hospice residence in Ocean Pines should be open by the first of the year, pending state approvals.
- Construction/landscaping should be completed by November.
- Not an inpatient facility; will have med techs on staff 24/7.
- Open Houses will be planned following the first event on Giving Tuesday.

Eastern Shore AHEC - Stephanie Malkus

- Dental Trade Alliance funding received to reduce number of adults visiting the ED for dental emergencies; using Community Health Workers for outreach/case management.
- Carefirst BC/BS asthma intervention funding for children, based in Dorchester.
- May replicate in Wicomico, focusing on adults.

Wicomico County Public Schools - Nicholas Thompson

- 5th graders in Wicomico will be receiving health education through phys ed for the first time. Will have 2 days of health, this year with 30 minutes within phys ed ~30 times a year.
- Great Body Shop curriculum (evidence based) has been implemented; piloted in Pittsville. Take home data has parents involved in improving health at home.
- MSDE sexual abuse prevention/awareness training attended by 10 Wicomico teachers at Chesapeake College.
- With support from MSDE, teaching students about consent.
- October vote for the State Board of Education could impact high school health education.
- Have worked on framework draft for health in grades K - 12. 7 packets are required to be taught but only a half semester of high school phys ed is required.
- Beyond the Limits - Bud Elzey worked to get the program back in the schools. Since Mr. Elzey's retirement, Calvin Crouse has taken over the program. New logo and Twitter page developed.
- Encouraging corporate groups to sign up for team building; funds collected go toward offering the program within the school system.

	<ul style="list-style-type: none"> ○ Jennifer Berkmann suggested connecting Beyond the Limits with HMBs. ● Shape Maryland: Nick has taken on a leadership role as President for Physical Education and Health for this state organization. 	
NEXT MEETING	Friday, December 7, 2018 @ 9:00 a.m. Pinto Conference Room, 108 East Main Street, Salisbury	
ADJOURNMENT	The meeting was adjourned at 10:00 a.m.	
ATTACHMENTS	<ol style="list-style-type: none"> 1. SLIDES: Diabetes Outcomes in Wicomico County 2. FLYER: Overdose Awareness Day (Rescheduled for 10/12/18) 	