

Opioid overdoses affect families, loved ones, and communities. Learn how to respond and reverse an overdose.

SAVE A LIFE



FREE Naloxone[®] Training

**Trainings held monthly at
Wicomico Public Library**

**Register at
www.wicomicohealth.org**

**Receive a Naloxone (Narcan)
kit at the training**



Public Health
Prevent. Promote. Protect.
Wicomico County
Health Department

www.wicomicohealth.org
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COAT MISSION

To use personal and life experiences to encourage and guide others through the first steps to recovery.

Revised: March 2018

COMMUNITY OUTREACH ADDICTIONS TEAM (COAT)



(443) 783-6875

Or 211



WHAT IS COAT?

COAT is a community effort to help people fighting addiction in Wicomico County.

Its goal is to prevent overdoses, help with treatment barriers, and provide a smooth transition to services.

SERVICES PROVIDED

- 24 hour phone and in-person support from Peer Support Specialists
- Connections to local resources
- Access to treatment
- Support for family and loved ones
- Naloxone (Narcan) trainings
- Ongoing follow-up
- Outreach and education in the community
- Partnerships within the community to find people in need



WHAT IS A PEER SUPPORT SPECIALIST?

A "Peer" assists people into treatment using skills and knowledge they have learned through their own recovery journey.

OTHER RESOURCES

Maryland 211 Resource Line
Connects to COAT and other resources

Behavioral Health Administration
www.bha.health.maryland.gov

Substance Abuse and Mental Health Services Administration
www.samhsa.gov

Before It's Too Late
www.beforeitstoolate.maryland.gov

Alcoholics Anonymous
www.aa.org

Narcotics Anonymous
www.na.org

Family Support
www.al-anon.org
www.nar-anon.org

