

Breast Cancer Awareness Day - Animated!

00:01 Today is Breast Cancer Awareness Day but

00:05 what is breast cancer exactly and what

00:08 causes it

00:09 well breast cancer starts when cells in

00:12 the breasts begin to grow out of control

00:14 these cells usually form a tumor that

00:16 can often be seen on x-ray or felt as a

00:19 lump this tumor is malignant if the

00:22 affected cells can invade surrounding

00:24 tissues or spread to other areas of the

00:26 body now you're probably wondering how

00:30 these cells grow out of control in the

00:31 first place

00:32 well breast cells can become cancerous

00:35 because of genetic mutations generally

00:38 genetic mutations are caused by internal

00:40 cellular failures or external

00:43 environmental factors most often a

00:45 combination of both perhaps surprisingly

00:48 breast cancer does affect men even

00:51 though it mostly affects women in fact

00:53 one in eight women worldwide will be

00:56 diagnosed with breast cancer in their

00:57 lifetimes however finding a lump on your

01:01 breast doesn't necessarily mean you have

01:03 breast cancer only a small percentage

01:06 turn out to be cancer but if you find a

01:09 persistent lump in your breast or any

01:11 other changes in breast tissue it should

01:13 never be ignored it is very important

01:16 that you get a clinical breast exam as

01:17 soon as possible we hope this video made

01:20 you a little bit more aware of breast

01:22 cancer thank you for watching