

# 2023 County Health Rankings

**#17**

Overall in  
Maryland

## Wicomico County

### About the Rankings

The County Health Rankings and Roadmaps (CHR&R) is a program of the University of Wisconsin Population Health Institute in Madison, WI, in collaboration with the Robert Wood Johnson Foundation (RWJF). The rankings are formulated using the County Health Rankings model with two core areas: **Health Outcomes** (indicators of the length and quality of life, such as life expectancy and disease prevalence) and **Health Factors** (risk factors that can influence health outcomes, such as smoking and access to care).

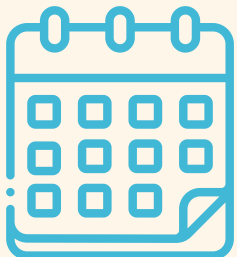
### Health Outcomes

**17**

2023's ranking for health outcomes is the **best** the county has received since 2015.

However, the county's life expectancy has declined in recent years and remains below the state (78.6 years).

**76.1 Years**  
Resident Life  
Expectancy



County residents reported an average of **five (5) poor mental health** and **three (3) poor physical health** days in a month.

### Health Factors

Alcohol-impaired driving deaths, the injury death rate and preventable hospital stays were better than the state in 2023.

**85**  
Injury Death  
Rate per  
100,000

**27%**  
Alcohol-  
Impaired Driving  
Deaths

**2,207**  
Rate of  
Preventable  
Hospitalizations  
per 100,000

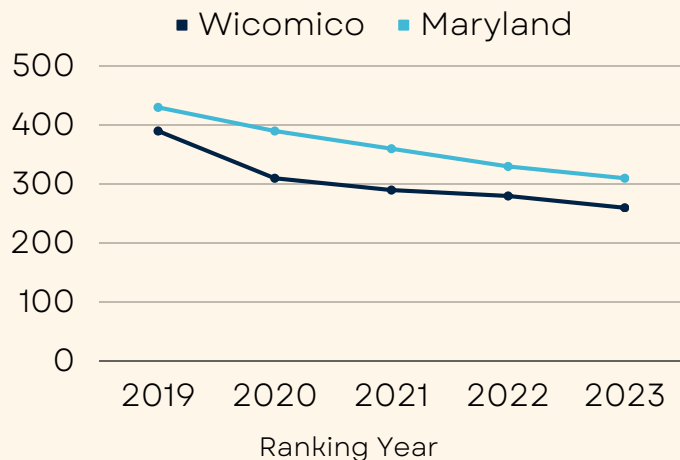
Obesity and tobacco use are two modifiable risk factors for several conditions, such as heart disease, diabetes and cancer. These factors remain higher in the county compared to the rest of the state.

**18%**  
Current Adult  
Smokers

**4 out of 10**  
Current Obese Adults

## Positive Trends

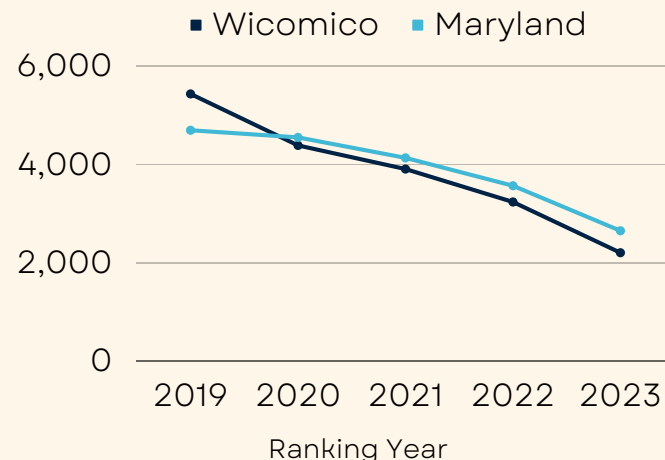
Mental Health Providers  
(Ratio of Population per 1 Provider)



The county had the 3rd best ratio of mental health providers per residents in the state for 2023.

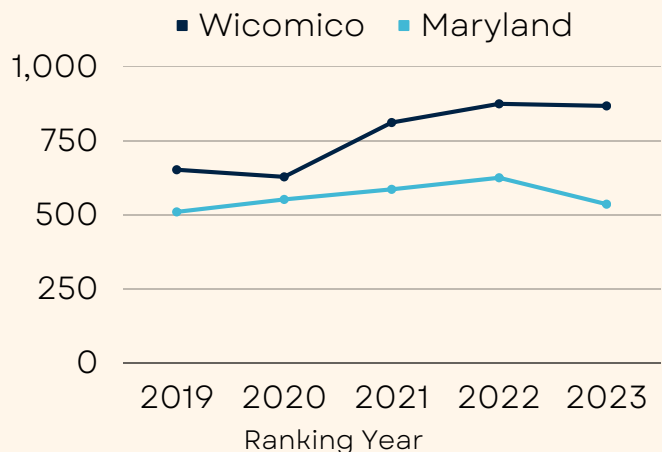
Preventable hospitalizations, such as those for uncontrolled diabetes and hypertension continued to decline.

Preventable Hospitalizations  
(Rate per 100,000)



## Areas for Improvement

Chlamydia Rate  
(Rate per 100,000)



The county's chlamydia rate remained well above the state and has increased since 2020.

Adult obesity in the county increased to almost 40% during the latest ranking year, while the state had its first decline since 2020.

Adult Obesity

