Tri-County Behavioral Health Resource Guide

Table of Contents

Maryland’s Public Mental Health System Overview........................................ 3
CSA Overview..................................................................................................... 3
Behavioral Health Glossary................................................................................ 3
Community Behavioral Health Providers............................................................ 5
Regional Mental Health Inpatient Providers......................................................... 15
Crisis Information and 24 Hour Hotlines............................................................. 16
Behavioral Health Support Groups / Resources................................................ 16
Social Service Organizations.............................................................................. 17
Low Cost Medical Providers............................................................................... 18
Employment Organizations................................................................................ 18
Local Food Pantries and Soup Kitchens............................................................... 18
Local Shelters....................................................................................................... 19
Transportation....................................................................................................... 19

This information is available online at:
www.wicomicohealth.org/CSA.asp
and
www.networkofcare.org

Network of Care is a highly interactive, single information place where consumers, community-based organizations and municipal government workers all can go to easily access a wide variety of important information. The resources in this “virtual community” include a fast, comprehensive service directory; links to pertinent websites from across the nation; a comprehensive, easy-to-use library; a political advocacy tool; community message boards; and many others.

The content of this resource manual reflects information available at the time of publication; June 2014.

The Wicomico Behavioral Health Authority/Somerset Core Service Agency and the Worcester County Core Service Agency in no way endorses any one provider or service over another. We hope that this guide is useful in your navigation of the Public Mental Health System in Wicomico, Somerset, and Worcester Counties.

Provided by
The Wicomico Behavioral Health Authority/Somerset Core Service Agency
108 East Main Street, Salisbury, MD 21801
410-543-6981, website: www.wicomicohealth.org/CSA.asp
Maryland’s Public Mental Health System (PMHS) Overview

The Maryland Public Mental Health System which combines state funds and Medicaid dollars has five goals:
1. To help citizens of Maryland get the care that they need
2. To make sure that the care is appropriate
3. To improve the quality of care
4. To pay for the care received
5. To learn which services are effective for the citizens of Maryland

In order to improve access to mental health services and ensure that mental health services help consumers achieve treatment goals; a toll-free, 24-hour, 7-days a week preauthorization line (1-800-888-1965) has been made available.

The Mental Hygiene Administration (MHA) has authority over the PMHS. This includes policy development, state-wide planning and resource allocation.

CSA’s are under the authority of the Secretary of the Department of Health and Mental Hygiene (DHMH), and are an entity of the county governments, which approve and oversee their organizational structure.

Jointly, the MHA, CSA’s and Value Options (the contracted administrative service organization), coordinate and administer Maryland’s PMHS.

Core Service Agency Overview

Mission:
The mission of the Core Service Agency is to plan, develop and manage a coordinated, comprehensive, accessible, culturally sensitive, and age appropriate system of publicly funded mental health services and supports for individuals with psychiatric disorders who meet certain eligibility criteria, and in conjunction with community stakeholders promote resiliency, health and recovery.

Core Service Agency’s Role:
- Assessing and planning for mental health needs in their jurisdiction.
- Working to create a unified system of mental health treatment which is responsive to consumers, providers and the needs of their jurisdiction.
- Identifying individuals in their jurisdiction in need of mental health services
- Identifying support services to assist persons with mental illness to become as independent as possible
- Safeguard against unnecessary utilization of publicly funded services
- Review consumer and provider satisfaction and process grievances and complaints. Please call the CSA in your area for guidance in submitting a complaint.
- Review authorized and paid claims
- Evaluate the cost effectiveness and quality of services delivered

Behavioral Health Glossary

Behavioral Health Professionals:

Advanced Practice Psychiatric Nurses (A.P.R.M./P.M.H.) – A registered nurse certified by the Maryland State Board of Nursing, who is able to independently engage in the following activities: An A.P.R.N. is able to diagnose individuals with mental health diagnoses.
  - “Nurse Psychotherapist” – A registered nurse, who practices psychotherapy in a structured relationship with the client
  - “Psychiatric Nurse Practitioner” – An experienced registered nurse who possesses advanced training and education in the area of diagnosing and treating illness. Nurse practitioners are able to prescribe medication. Psychiatric nurse practitioners specialize in providing psychiatric care to individuals.

Certified Alcohol and Drug Counselor (C.A.D.C.) – A certified individual that provides alcohol and drug counseling

Clinical Social Worker (A.C.S.W., L.C.S.W., L.C.S.W.-C.) – Clinical Social Workers hold a Masters degree in social work (MSW), and specialize in clinical practice. Clinical social workers must be licensed by the State of Maryland.

Licensed Clinical Professional Counselor (L.C.P.C.) – A Licensed Clinical Professional Counselor possesses a Master’s degree in professional counseling. L.C.P.C.’s must be certified by the State Board of Examiners.

Paraprofessionals – Paraprofessionals work under a trained professional in clinical settings, i.e.: Licensed Social Work Associates (Bachelor level social workers).

Psychiatrist (M.D.) – A medical doctor who possesses specialized training in the field of psychiatry. Psychiatrists must be licensed physicians in the state in which they practice and must also be certified by the American Board of Psychiatry.
Psychologist (Ph.D.) – A psychologist possesses a doctoral degree in psychology. One must be licensed by the Maryland State Board of Examiners of Psychologists. A psychologist can be a clinical or a counseling psychologist.

Behavioral Health Terms:

Case Management – A process which plans, coordinates and implements services required to meet an individual’s needs.

Dual Diagnosis Treatment – Treatment for an individual with substance abuse issues as well as a mental health diagnosis.

Evidence Based Practice (EBP) – Preferential use of mental and behavioral health interventions for which systematic empirical research has provided evidence of statistically significant effectiveness as treatments for specific problems.

Family Psychoeducation – Providing education to individuals living with mental illness and their families with a goal of assisting the individual and their family to better understand and deal with his/her present illness, avoid relapse and contribute to their own health and wellness on a long-term basis.

IOP (Intensive Outpatient Program) – The highest level of outpatient treatment before inpatient care.

Medication Evaluation – A psychiatrist or nurse practitioner monitors and evaluates a client’s medications to ensure that the client is on the proper medications. Medication evaluations can be done at various intervals.

Outpatient – Treatment that is given in the community and not in a hospitalized setting.

PHP (Partial Hospitalization Program) – A short-term day program that offers psychiatric services. PHP is less intrusive and traumatic than inpatient care. Clients are able to return to their homes at the end of the day, while still remaining under the care of mental health professionals on a daily basis.

Peer Support – Individuals or family members of those living with Mental Illness coming together to provide a self directed, grassroots association that works to enhance the mental health of other local consumers. Peer support members meet as equals to give each other support on a reciprocal basis.

Psychiatric Evaluation – An evaluation performed by a psychiatrist or nurse practitioner. A psychiatric evaluation includes the history of the present illness, current symptoms the individual is experiencing, past history of illness, family history, a review of medications, mental status examinations and a physical examination.

PRP (Psychiatric Rehabilitation Program) – A program that provides support and rehabilitation to individuals who suffer from mental illness. PRP focuses on daily living skills through the use of the community environment.

Psychological Testing – Tests which are given to individuals to assess and evaluate information. Psychological tests are administered and interpreted by a psychologist.

RRP (Residential Rehabilitation Program) – RRP housing is for individuals with a chronic mental health diagnosis, who are unable to live independently in the community.

Respite – Temporary shelter for a person in need of short term relief from a crisis they are experiencing or to provide relief to a caregiver.

Sliding Scale – Fees are set according to the client’s ability to pay (i.e., if the client has no income, the fee would be $0)

Social Service Organization – A community organization that assists individuals with such needs as locating housing, financial assistance and locating resources.

Supported Employment – System of support for individuals living with disabilities in regards to ongoing employment in integrated settings.

Telemedicine – Medical information transferred through interactive audiovisual media for the purpose of consultation or the delivery of clinical care.

Uninsured – An individual is uninsured if they do not have private insurance, Medicaid or Medicare.
## Community Behavioral Health Providers

<table>
<thead>
<tr>
<th>Provider Name</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Website/Email</th>
<th>Language Services</th>
<th>Payment Type(s)</th>
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<tr>
<td><strong>Accessible Wellness Enterprises</strong></td>
<td>100 North Camden Avenue, Fruitland, MD 21826</td>
<td>443-783-6586</td>
<td>none</td>
<td><a href="mailto:andreatravisward@comcast.net">andreatravisward@comcast.net</a></td>
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<td><strong>Advanced Behavioral Health Counseling, LLC</strong></td>
<td>110 West Church Street, Suite C, Salisbury, MD 21801</td>
<td>443-305-6428</td>
<td>410-543-1901</td>
<td><a href="mailto:psypod@aol.com">psypod@aol.com</a></td>
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<td><strong>Anderson, Eva K., Ph.D.</strong></td>
<td>540 Riverside Drive, Suite 2, Salisbury, MD 21801</td>
<td>410-548-7883</td>
<td>410-548-2831</td>
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<tr>
<td><strong>Atlantic Health Center</strong></td>
<td>9714 Healthway Drive, Berlin, MD 21811</td>
<td>410-641-3340</td>
<td>410-641-3341</td>
<td><a href="http://www.atlanticgeneral.org">www.atlanticgeneral.org</a></td>
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<td>Medicaid, Medicare, private insurance, self pay</td>
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</tbody>
</table>

Other Behavioral Health Services:

- Parenting and Adolescent Group, Open Weekends and Evenings until 8:00 p.m.
- Anger Management Group, Trauma Group, Women’s Group
- Psychological Testing
- Couples Counseling
## Community Behavioral Health Providers

### Atlantic Psychological Practice

- **Address**: 106 Milford Street, #104, Salisbury, MD 21804
- **Phone**: 410-543-8291
- **Fax**: 410-341-6275
- **Website/Email**: www.atlanticpsychological.com
- **Language Services**: None
- **Payment Type(s)**: Medicaid, private insurance, self-pay, sliding scale

#### Mental Health Services
- **Indv. Therapy Ages - 2+**: ☑
- **Family Therapy**: ☐
- **Psychiatric Evaluations**: ☐

Other Behavioral Health Services:
- Diagnostic Evaluations

### Center for Clean Start (C4CS)

- **Address**: 926 Snow Hill Road, Cottage 200, Salisbury, MD 21804
- **Phone**: 410-742-3460
- **Fax**: 410-742-5810
- **Website/Email**: www.worcesterhealth.org
- **Language Services**: Interpreters available upon request
- **Payment Type(s)**: Medicaid, Medicare, private insurance, self pay, sliding scale

#### Addictions Services
- **Outpatient Adult Ages - 18+**: ☑
- **Intensive Outpatient Ages - 18+**: ☑
- **Partial Hospitalization**: ☐
- **Residential Adult**: ☐
- **Transitional Housing Adult**: ☐

### Chesapeake Counseling and Psychological Service

- **Address**: 1813 Sweet Bay, Suite 1, Salisbury, MD 21801
- **Phone**: 410-546-6126
- **Fax**: 410-543-2233
- **Website/Email**: ccps2013@comcast.net
- **Language Services**: None
- **Payment Type(s)**: Medicaid, Medicare, private insurance

#### Mental Health Services
- **Indv. Therapy – Ages- 5+**: ☑
- **Family Therapy**: ☑
- **Psychiatric Evaluations**: ☑

Other Behavioral Health Services:
- Outpatient Addiction Service Adult Ages- 18+

### Children’s Choice

- **Address**: 230 Florida Avenue, Salisbury, MD 21801
- **Phone**: 410-860-0484
- **Fax**: 410-219-2640
- **Website/Email**: ccrespite@aol.com
- **Language Services**: None
- **Payment Type(s)**: Medicaid recipients only

#### Mental Health Services
- **Indv. Therapy**: ☐
- **Family Therapy**: ☐
- **Psychiatric Evaluations**: ☐

Other Behavioral Health Services:
- Ages 3-17
### Community Behavioral Health Providers

#### Coastal Psychology & Education Assoc.
- **Address**: 10031 Old Ocean City Road, Suite 206, Berlin, MD 21811
- **Phone**: 410-208-4784
- **Fax**: 1-855-201-7322
- **Website/Email**: www.coastalpsychology.org
- **Language Services**: None
- **Payment Type(s)**: Medicaid, private insurance

#### Mental Health Services
- Indv. Therapy Ages - 14+
- Family Therapy
- Psychiatric Evaluations
- Group Therapy
- Respite
- Dual Diagnosis
- PRP
- RRP
- PHP
- Peer Support
- Addictions Services

Other Behavioral Health Services:
- Clinical Hypnotherapy, Psychological Evaluations

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#### J. David Collins and Associates, LLC
- **Address**: 540 Riverside Drive, Suite B, Salisbury, MD 21801
- **Phone**: 410-548-3333
- **Fax**: 410-548-3341
- **Website/Email**: www.jdavidcollins.com / david@jdavidcollins.com
- **Language Services**: Not Applicable
- **Payment Type(s)**: Medicaid, Medicare, private insurance, self pay

#### Mental Health Services
- Indv. Therapy Ages - 10+
- Family Therapy
- Psychiatric Evaluations
- Group Therapy
- Respite
- Dual Diagnosis
- PRP
- RRP
- PHP
- Peer Support
- Addictions Services

Other Behavioral Health Services:

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#### Community Behavioral Health
- **Address**: 2013 Northwood Drive, Suite 1, Salisbury, MD 21801
- **Phone**: 410-334-6687
- **Fax**: 410-334-6700
- **Website/Email**: communitybehavioralhealth.net
- **Language Services**: None
- **Payment Type(s)**: Medicaid, private insurance, self pay, uninsured

#### Mental Health Services
- Indv. Therapy Ages - 4+
- Family Therapy
- Psychiatric Evaluations
- Group Therapy
- Respite
- Dual Diagnosis
- PRP
- RRP
- PHP
- Peer Support
- Addictions Services

Other Behavioral Health Services:
- Addiction Outpatient Services (adult only)

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#### Counseling Associates
- **Address**: 106 Milford Street, Suite 501-B, Salisbury, MD 21804
- **Address**: 10031 Old Ocean City Road, Suite 106, Berlin, MD 21811
- **Phone**: 410-546-1692 / 410-641-3121
- **Fax**: 410-548-9056
- **Website/Email**: www.catherapy.com
- **Language Services**: None
- **Payment Type(s)**: Medicaid, Medicare, self pay

#### Mental Health Services
- Indv. Therapy – Ages 2+
- Family Therapy
- Psychiatric Evaluations
- Group Therapy
- Respite
- Dual Diagnosis
- PRP
- RRP
- PHP
- Peer Support
- Addictions Services

Other Behavioral Health Services:
- Couples Therapy, alcohol education for first time DUI/DWI offenders, drug and alcohol testing,
## Community Behavioral Health Providers

### Delmarva Counseling Center

<table>
<thead>
<tr>
<th>Address</th>
<th>28 East State Street, Delmar, MD 21875</th>
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<tbody>
<tr>
<td>Phone</td>
<td>410-896-3995</td>
</tr>
<tr>
<td>Fax</td>
<td>410-896-2825</td>
</tr>
<tr>
<td>Website/Email</td>
<td><a href="mailto:bhhamilton@comcast.net">bhhamilton@comcast.net</a></td>
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<td>Language Services</td>
<td>Spanish</td>
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<td>Payment Type(s)</td>
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#### Mental Health Services

- ✔ Indv. Therapy - adolescent and up
- ✔ Family Therapy
- ✔ Psychiatric Evaluations

- ❏ Group Therapy
- ❏ Dual Diagnosis
- ❏ Peer Support
- ❏ Addictions Services

- ❏ Respite
- ❏ PRP
- ❏ RRP
- ❏ PHP

### Eastern Shore Psychological Services

<table>
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<tr>
<th>Address</th>
<th>2336 Goddard Parkway, Salisbury, MD 21801</th>
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<tbody>
<tr>
<td>Address</td>
<td>11120 Somerset Avenue, Princess Anne, MD 21853</td>
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<tr>
<td>Phone</td>
<td>Salisbury 410-334-6961</td>
</tr>
<tr>
<td>Phone</td>
<td>Princess Anne 410-651-4200</td>
</tr>
<tr>
<td>Fax</td>
<td>Salisbury 410-334-6960</td>
</tr>
<tr>
<td>Fax</td>
<td>Princess Anne 410-651-4290</td>
</tr>
<tr>
<td>Website/Email</td>
<td><a href="http://www.espsmd.com">www.espsmd.com</a></td>
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#### Mental Health Services

- ✔ Indv. Therapy Ages - All
- ✔ Family Therapy
- ✔ Psychiatric Evaluations

- ❏ Group Therapy
- ❏ Dual Diagnosis
- ❏ Peer Support
- ❏ Addictions Services

- ❏ Respite
- ❏ PRP
- ❏ RRP
- ❏ PHP

### Eastern Shore Social Services Catholic Charities Seton Center

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<tr>
<th>Address</th>
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<tr>
<td>Phone</td>
<td>410-651-9608</td>
</tr>
<tr>
<td>Fax</td>
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<tr>
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#### Mental Health Services

- ✔ Indv. Therapy Ages - 10+
- ✔ Family Therapy
- ✔ Psychiatric Evaluations

- ❏ Group Therapy
- ❏ Dual Diagnosis
- ❏ Peer Support
- ❏ Addictions Services

- ❏ Respite
- ❏ PRP
- ❏ RRP
- ❏ PHP

### Friendship Network

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<tr>
<th>Address</th>
<th>406 Trinity Drive, Salisbury, MD 21801</th>
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<tr>
<td>Phone</td>
<td>410-546-3619</td>
</tr>
<tr>
<td>Fax</td>
<td>410-546-5387</td>
</tr>
<tr>
<td>Website/Email</td>
<td>Link available at <a href="http://www.gogettersinc.org">www.gogettersinc.org</a></td>
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#### Mental Health Services

- ❏ Indv. Therapy
- ❏ Family Therapy
- ❏ Psychiatric Evaluations

- ❏ Group Therapy
- ❏ Dual Diagnosis
- ❏ Peer Support
- ❏ Addictions Services

- ❏ Respite
- ❏ PRP
- ❏ RRP
- ❏ PHP

### Other Behavioral Health Services:

- Services for the older adult
# Community Behavioral Health Providers

<table>
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<tr>
<th>Name</th>
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<td>Garner, Doris Christine, Ph.D.</td>
<td>10031 Old Ocean City Boulevard, Suite 203, Berlin, MD 21811</td>
<td>410-957-3105</td>
<td>410-957-3148</td>
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<td>☑️ Indv. Therapy Ages – 5+ ☑️ Family Therapy ☑️ Psychiatric Evaluations</td>
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<tr>
<td>Go-Getters, Inc.</td>
<td>431 East Main Street, Salisbury, MD 21801</td>
<td>Salisbury 410-546-0381</td>
<td>Salisbury 410-742-8883</td>
<td><a href="http://www.gogettersinc.org">www.gogettersinc.org</a></td>
<td>None</td>
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<td>☑️ Indv. Therapy ☑️ Family Therapy ☑️ Psychiatric Evaluations</td>
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<td>Harkhani, Jay, M.D.</td>
<td>1300-A South Division Street, Salisbury, MD 21804</td>
<td>410-219-3488</td>
<td>410-219-5900</td>
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<td>Medication Management, Inpatient Service at PRMC</td>
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<td>Hudson Health Services</td>
<td>P.O. Box 1096, Salisbury, MD 21802</td>
<td>410-219-9000</td>
<td>410-742-7048</td>
<td><a href="http://www.hudson-health.org">www.hudson-health.org</a></td>
<td>Not Applicable</td>
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*Addictions Services (for Hudson Health Services only)*
- ☑️ Residential Adult
- ☑️ Transitional Housing Adult
- ☑️ Detox Adult
- ☑️ Mental Health Services
- ☑️ Partial Hospitalization Ages - 18+
- ☑️ Halfway House Adult
### Community Behavioral Health Providers

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<td><strong>Isaacs, Amy P., LCSW-C</strong></td>
<td>106 West Circle Avenue, Suite 106, Salisbury, MD 21801</td>
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<td>None</td>
<td><a href="mailto:amy.isaacs@comcast.net">amy.isaacs@comcast.net</a></td>
<td>Medicaid, Medicare, private insurance, self pay, sliding scale</td>
<td>✓ Indv. Therapy – Ages 3+ ☐ Group Therapy ☐ Respite ✓ Family Therapy ☐ Dual Diagnosis ☐ PRP □ RRP □ PHP ☐ Psychiatric Evaluations ☐ Peer Support ☐ Addictions Services</td>
</tr>
<tr>
<td><strong>Life Crisis Center</strong></td>
<td>1-800-422-0009 / 410-749-4357 / 2-1-1</td>
<td>410-548-9496</td>
<td><a href="http://www.lifecrisiscenter.org">www.lifecrisiscenter.org</a></td>
<td>Spanish onsite</td>
<td>Trauma Victims Only</td>
<td>✓ Indv. Therapy - All Ages ✓ Group Therapy ☐ Respite ☐ Family Therapy ☐ Dual Diagnosis ☐ PRP □ RRP □ PHP ☐ Psychiatric Evaluations ✓ Peer Support ☐ Addictions Services</td>
</tr>
<tr>
<td><strong>Life Solutions of Delmarva, LLC</strong></td>
<td>110 West Church Street, Suite C, Salisbury MD, 21801</td>
<td>410-845-4888</td>
<td>410-749-1589</td>
<td>Not Applicable</td>
<td>Not Applicable</td>
<td>Medicaid, Medicare, private insurance, self pay</td>
</tr>
<tr>
<td><strong>Lower Shore Clinic</strong></td>
<td>505 East Main Street, Salisbury, MD 21801</td>
<td>410-341-3420</td>
<td>410-341-3397</td>
<td>Link available at <a href="http://www.gogettersinc.org">www.gogettersinc.org</a></td>
<td>Medicare, Medicaid, sliding fee scale, uninsured</td>
<td>✓ Indv. Therapy Ages - 2+ ✓ Group Therapy ☐ Respite ✓ Family Therapy ✓ Dual Diagnosis ☐ PRP □ RRP □ PHP ☐ Psychiatric Evaluations ✓ Peer Support ☐ Addictions Services</td>
</tr>
</tbody>
</table>

Other Behavioral Health Services:
- Isaacs: Sand play, Art therapy
- Life Crisis Center: Trauma Victims Only - Domestic Violence, Rape, Child Abuse, Suicide Information, and Referral Services
- Life Solutions of Delmarva, LLC: Parenting, Anger Management, Loss and Grief
- Lower Shore Clinic: Family Psycho-education, Mobile Treatment Team, Physical Care-Nurse Practitioner, Check-ups
### Community Behavioral Health Providers

#### Maple Shade Youth and Family Services

<table>
<thead>
<tr>
<th>Address</th>
<th>23704 Ocean Gateway, Mardela Springs, MD 21837</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address</td>
<td>382 West Main Street, Crisfield, MD 21817</td>
</tr>
<tr>
<td>Address</td>
<td>11793 Somerset Avenue, Princess Anne, MD 21853 (mail to Crisfield)</td>
</tr>
<tr>
<td>Phone</td>
<td>Mardela 410-742-7400 Crisfield &amp; Princess Anne 410-202-2750</td>
</tr>
<tr>
<td>Fax</td>
<td>Mardela 410-742-6452 Crisfield &amp; Princess Anne 410-202-2752</td>
</tr>
<tr>
<td>Website/Email</td>
<td><a href="http://www.maple-shade.org">www.maple-shade.org</a></td>
</tr>
<tr>
<td>Language Services</td>
<td>All languages available via interpreter services</td>
</tr>
<tr>
<td>Payment Type(s)</td>
<td>Medicaid</td>
</tr>
</tbody>
</table>

**Mental Health Services**
- ☑ Indv. Therapy Ages - 4-18
- ☑ Family Therapy
- ☑ Psychiatric Evaluations
- ☑ Group Therapy
- ☑ Dual Diagnosis
- ☑ Peer Support
- ☑ Respite
- ☑ PRP
- ☑ RRP
- ☑ PHP

**Other Behavioral Health Services:**
- Therapeutic Foster Care, Mental Health Vocational Program, Therapeutic Behavioral Aid Services

#### Peer Connections

<table>
<thead>
<tr>
<th>Address</th>
<th>108 West Lehigh Avenue, Salisbury, MD 21801</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone</td>
<td>410-546-1822</td>
</tr>
<tr>
<td>Fax</td>
<td>410-548-7682</td>
</tr>
<tr>
<td>Website/Email</td>
<td>Link available at <a href="http://www.gogettersinc.org">www.gogettersinc.org</a></td>
</tr>
<tr>
<td>Language Services</td>
<td>Not Applicable</td>
</tr>
<tr>
<td>Payment Type(s)</td>
<td>Medicaid, Medicare, uninsured</td>
</tr>
</tbody>
</table>

**Mental Health Services**
- ☐ Indv. Therapy
- ☐ Family Therapy
- ☐ Psychiatric Evaluations
- ☐ Group Therapy
- ☐ Dual Diagnosis
- ☐ Peer Support
- ☐ Respite
- ☐ PRP
- ☐ RRP
- ☐ PHP

**Other Behavioral Health Services:**
- Addictions services available include RRP and PRP (adults only)

#### Peninsula Addiction Services

<table>
<thead>
<tr>
<th>Address</th>
<th>104 Market Street, Salisbury, MD 21801</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone</td>
<td>410-860-2673</td>
</tr>
<tr>
<td>Fax</td>
<td>410-860-0450</td>
</tr>
<tr>
<td>Website/Email</td>
<td><a href="http://www.penmh.com">www.penmh.com</a></td>
</tr>
<tr>
<td>Language Services</td>
<td>limited service available</td>
</tr>
<tr>
<td>Payment Type(s)</td>
<td>Medicaid, most private insurance, self pay</td>
</tr>
</tbody>
</table>

**Addictions Services**
- ☑ Outpatient Adult Ages - 18+
- ☑ Intensive Outpatient Ages - 18+
- ☑ Partial Hospitalization
- ☐ Residential Adult
- ☐ Detox Adult
- ☐ Mental Health Services
- ☐ Transitional Housing Adult
- ☐ Halfway House Adult

**Other Behavioral Health Services:**
- Family, adolescent and adult programs, transportation for adolescents, referrals to inpatient programs

#### Peninsula Consulting Services, Inc.

<table>
<thead>
<tr>
<th>Address</th>
<th>104 Williamsport Circle, Suite C, Salisbury, MD 21804</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone</td>
<td>443-859-8699</td>
</tr>
<tr>
<td>Fax</td>
<td>443-859-8747</td>
</tr>
<tr>
<td>Website/Email</td>
<td>None</td>
</tr>
<tr>
<td>Language Services</td>
<td>English, Language Link Used</td>
</tr>
<tr>
<td>Payment Type(s)</td>
<td>Medicaid, Medicare, private insurance</td>
</tr>
</tbody>
</table>

**Mental Health Services**
- ☑ Indv. Therapy Ages – 12+
- ☑ Family Therapy
- ☑ Psychiatric Evaluations
- ☑ Group Therapy
- ☑ Dual Diagnosis
- ☑ Peer Support
- ☑ Respite
- ☑ PRP
- ☑ RRP
- ☑ PHP
- ☑ Addictions Services

**Other Services**
### ReConnection

**Address**: 31413 Winter Place Pkwy, Unit 102, Salisbury, MD 21804  
**Phone**: 410-742-3055  
**Fax**: 443-944-0095  
**Website/Email**: [www.myconnections.com](http://www.myconnections.com) / [info@myreconnections.com](mailto:info@myreconnections.com)  
**Language Services**: None  
**Payment Type(s)**: Medicaid, private insurance  

**Mental Health Services**
- ☑ Indv. Therapy Ages- 13+
- ❏ Group Therapy
- ❏ Respite
- ❏ Family Therapy
- ❏ Dual Diagnosis
- ❏ PRP
- ❏ RRP
- ❏ PHP
- ❏ Psychiatric Evaluations
- ❏ Peer Support
- ❏ Addictions Services

**Other Behavioral Health Services**: Psychological Testing

### Richardson, Ilene LCPC

**Address**: 1902 Kipling Drive, Salisbury, MD 21801  
**Phone**: 410-713-0709  
**Fax**: 410-546-0264  
**Website/Email**: [ilenerichardsonlcpc@gmail.com](mailto:ilenerichardsonlcpc@gmail.com)  
**Language Services**: None  
**Payment Type(s)**: Medicaid, private insurance  

**Mental Health Services**
- ☑ Indv. Therapy Ages- 2+
- ❏ Group Therapy
- ❏ Respite
- ❏ Family Therapy
- ❏ Dual Diagnosis
- ❏ PRP
- ❏ RRP
- ❏ PHP
- ❏ Psychiatric Evaluations
- ❏ Peer Support
- ❏ Addictions Services

**Other Behavioral Health Services**: Art Therapy

### Seaside Counseling and Wellness Center

**Address**: 11809 Ocean Gateway, Suites 2 & 5, Ocean City, MD 21842  
**Phone**: 410-213-7875  
**Fax**: 410-213-7877  
**Website/Email**: [www.seasidecounselingandwellness.com](http://www.seasidecounselingandwellness.com) / [seasidcounseling@gmail.com](mailto:seasidcounseling@gmail.com)  
**Language Services**: None  
**Payment Type(s)**: Medicaid, private insurance  

**Mental Health Services**
- ☑ Indv. Therapy Ages – 4+
- ❏ Group Therapy
- ❏ Respite
- ❏ Family Therapy
- ❏ Dual Diagnosis
- ❏ PRP
- ❏ RRP
- ❏ PHP
- ❏ Psychiatric Evaluations
- ❏ Peer Support
- ❏ Addictions Services

**Other Services**: Anger Management, Community Classes, Walk and Talk Therapy, Continuing Education Classes

### Somerset County Health Department Behavioral Health

**Address**: 8928 Sign Post Road, Suite 2, Westover, MD 21871  
**Phone**: 443 523-1790  
**Fax**: 410-651-3189  
**Website/Email**: [www.somersethd.org](http://www.somersethd.org)  
**Language Services**: Spanish  
**Payment Type(s)**: Medicaid, private insurance, sliding scale  

**Addictions Services**
- ☑ Outpatient - 12+
- ❏ Residential Adult
- ☑ Transitional Housing Adult
- ❏ Intensive Outpatient - 18+
- ❏ Detox Adult
- ❏ Mental Health Services
- ❏ Partial Hospitalization
- ❏ Halfway House Adult

**Other Behavioral Health Services**: Suboxone, Co-Ocurring, Case Mgmt., Spanish Speaking Outpatient, Telepsychiatry, Homeless. - Somerset Wellness & Recovery Ctr. 11408 Somerset Ave, Princess Anne, MD, 443-783-4112, peer support, recovery coaching, smoking cessation, chronic disease prevention
## Community Behavioral Health Providers

<table>
<thead>
<tr>
<th>Southern Delmarva Counseling</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address</strong></td>
<td>19 Mill Lane, Crisfield, MD 21817</td>
</tr>
<tr>
<td><strong>Phone</strong></td>
<td>410-968-0569</td>
</tr>
<tr>
<td><strong>Fax</strong></td>
<td>Not Applicable</td>
</tr>
<tr>
<td><strong>Website/Email</strong></td>
<td>Not Applicable</td>
</tr>
<tr>
<td><strong>Language Services</strong></td>
<td>None</td>
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<tr>
<td><strong>Payment Type(s)</strong></td>
<td>Medicaid</td>
</tr>
<tr>
<td><strong>Mental Health Services</strong></td>
<td></td>
</tr>
<tr>
<td>☑ Indv. Therapy - All Ages</td>
<td>☐ Group Therapy ☐ Respite</td>
</tr>
<tr>
<td>☐ Family Therapy</td>
<td>☐ Dual Diagnosis ☐ PRP ☐ RRP ☐ PHP</td>
</tr>
<tr>
<td>☐ Psychiatric Evaluations</td>
<td>☐ Peer Support ☐ Addictions Services</td>
</tr>
<tr>
<td><strong>Other Behavioral Health Services:</strong></td>
<td>Psychological Testing</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Stange, Carol LCSW</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address</strong></td>
<td>106 Circle Avenue, Suite 106, Salisbury, MD 21801</td>
</tr>
<tr>
<td><strong>Phone</strong></td>
<td>410-430-0727</td>
</tr>
<tr>
<td><strong>Fax</strong></td>
<td>None</td>
</tr>
<tr>
<td><strong>Website/Email</strong></td>
<td><a href="mailto:engleside@aol.com">engleside@aol.com</a></td>
</tr>
<tr>
<td><strong>Language Services</strong></td>
<td>None</td>
</tr>
<tr>
<td><strong>Payment Type(s)</strong></td>
<td>Medicaid, Medicare, private insurance</td>
</tr>
<tr>
<td><strong>Mental Health Services</strong></td>
<td></td>
</tr>
<tr>
<td>☑ Indv. Therapy – Ages- 5+</td>
<td>☑ Group Therapy ☐ Respite</td>
</tr>
<tr>
<td>☑ Family Therapy</td>
<td>☐ Dual Diagnosis ☐ PRP ☐ RRP ☐ PHP</td>
</tr>
<tr>
<td>☐ Psychiatric Evaluations</td>
<td>☐ Peer Support ☐ Addictions Services</td>
</tr>
<tr>
<td><strong>Other Behavioral Health Services:</strong></td>
<td>Couples Counseling</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Three Lower Counties Community Services</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address</strong></td>
<td>1104 Healthway Drive (2nd floor), Salisbury, MD 21804</td>
</tr>
<tr>
<td><strong>Address</strong></td>
<td>12145 Elm Street (2nd floor), Princess Anne, MD 21853</td>
</tr>
<tr>
<td><strong>Phone</strong></td>
<td>Salisbury 410-219-5483 Princess Anne 410-651-2204</td>
</tr>
<tr>
<td><strong>Fax</strong></td>
<td>Salisbury 410-219-3446 Princess Anne 410-651-1113</td>
</tr>
<tr>
<td><strong>Website/Email</strong></td>
<td><a href="http://www.tlccs.org">www.tlccs.org</a></td>
</tr>
<tr>
<td><strong>Language Services</strong></td>
<td>Spanish interpreters, language line</td>
</tr>
<tr>
<td><strong>Payment Type(s)</strong></td>
<td>Medicaid, Medicare, private ins, sliding scale, uninsured, self pay</td>
</tr>
<tr>
<td><strong>Mental Health Services</strong></td>
<td></td>
</tr>
<tr>
<td>☑ Indv. Therapy Ages - 3+</td>
<td>☑ Group Therapy ☐ Respite</td>
</tr>
<tr>
<td>☑ Family Therapy</td>
<td>☐ Dual Diagnosis ☐ PRP ☐ RRP ☐ PHP</td>
</tr>
<tr>
<td>☐ Psychiatric Evaluations</td>
<td>☐ Peer Support ☐ Addictions Services</td>
</tr>
<tr>
<td><strong>Other Behavioral Health Services:</strong></td>
<td>Couples Therapy</td>
</tr>
<tr>
<td></td>
<td>Play Therapy, Parenting Group, Couples Therapy</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>White Flint Recovery, Inc.</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address</strong></td>
<td>130 East Main Street, First Floor, Salisbury, MD 21804</td>
</tr>
<tr>
<td><strong>Phone</strong></td>
<td>Salisbury 410-749-6422</td>
</tr>
<tr>
<td><strong>Fax</strong></td>
<td>Salisbury 410-749-7861</td>
</tr>
<tr>
<td><strong>Website/Email</strong></td>
<td><a href="mailto:whiteflintrec2@aol.com">whiteflintrec2@aol.com</a></td>
</tr>
<tr>
<td><strong>Language Services</strong></td>
<td>Spanish group</td>
</tr>
<tr>
<td><strong>Payment Type(s)</strong></td>
<td>Medicaid, private insurance, sliding scale, self pay</td>
</tr>
<tr>
<td><strong>Addictions Services</strong></td>
<td></td>
</tr>
<tr>
<td>☑ Outpatient - All Ages</td>
<td>☐ Residential Adult ☐ Transitional Housing Adult</td>
</tr>
<tr>
<td>☑ Intensive Outpatient - All Ages</td>
<td>☐ Detox Adult ☐ Mental Health Services</td>
</tr>
<tr>
<td>☐ Partial Hospitalization</td>
<td>☐ Halfway House Adult</td>
</tr>
<tr>
<td><strong>Other Behavioral Health Services:</strong></td>
<td>Early Intervention DWI/DUI Education – all ages, Evaluation and Assessment, Addiction Education Program</td>
</tr>
</tbody>
</table>
### Wicomico County Health Dept. Mental Health & Addiction Programs

<table>
<thead>
<tr>
<th>Address</th>
<th>108 East Main Street, Salisbury, MD 21801</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone</td>
<td>Addictions- 410-742-3784 Behavioral Health- 410-334-3497</td>
</tr>
<tr>
<td>Fax</td>
<td>Addictions- 410-543-6680 Behavioral Health- 410-543-6680</td>
</tr>
<tr>
<td>Website/Email</td>
<td><a href="http://www.wicomicohealth.org">www.wicomicohealth.org</a></td>
</tr>
<tr>
<td>Language Services</td>
<td>All languages available via interpreter or language line</td>
</tr>
<tr>
<td>Payment Type(s)</td>
<td>Medicaid, Medicare, private insurance, sliding scale</td>
</tr>
</tbody>
</table>

#### Mental Health Services
- Indv. Therapy Ages - 3-18
- Group Therapy
- Family Therapy
- Dual Diagnosis
- Psychiatric Evaluations
- Peer Support
- Respite
- PRP
- RRP
- PHP
- Addictions Services

#### Other Behavioral Health Services:
- Up to 21 if in school and parents of a child receiving mental health services, Targeted Case Management, Minority Youth Outreach
- Addictions Services: IOP Ages 13+, Group Counseling, Methadone Clinic, Addiction Care Coordination

### Worcester Addiction Cooperative Services (WACS)

<table>
<thead>
<tr>
<th>Address</th>
<th>11827 Ocean Gateway, Ocean City, MD 21842</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone:</td>
<td>410-213-7061 Homeless Addicts Never Denied Services (HANDS)</td>
</tr>
<tr>
<td>Phone:</td>
<td>410-213-1408</td>
</tr>
<tr>
<td>Website/Email</td>
<td><a href="http://www.worcesterhealth.org">www.worcesterhealth.org</a></td>
</tr>
<tr>
<td>Language Services</td>
<td>Language line</td>
</tr>
<tr>
<td>Payment Type(s)</td>
<td>Medicaid, PAC, private insurance, sliding scale, self pay</td>
</tr>
</tbody>
</table>

#### Addictions Services
- Outpatient Adult Ages - 18+
- Intensive Outpatient Ages - 18+
- Partial Hospitalization
- Transitional Housing Adult
- Detox Adult
- Mental Health Services
- Residential Adult
- Halfway House Adult

#### Other Behavioral Health Services:
- Indiv. and Group Therapy, Dual Diagnosis and Med. Management in collaboration with Sheppard Pratt through telemedicine. HANDS assists with linking to detox, inpatient svcs, halfway house and long term care. AA/NA mtgs are available downstairs through the Atlantic Club

### Worcester County Health Department

<table>
<thead>
<tr>
<th>Address</th>
<th>400-A Walnut Street, Pocomoke City, MD 21851 (Poc)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address</td>
<td>9730 Healthway Drive, Berlin, MD 21811 (Ber)</td>
</tr>
<tr>
<td>Address</td>
<td>6040 Public Landing Road, Snow Hill, MD 21863 (SH)</td>
</tr>
<tr>
<td>Phone:</td>
<td>Pocomoke 410-957-2005 Berlin 410-629-0164 Snow Hill 410-632-1100</td>
</tr>
<tr>
<td>Fax</td>
<td>Pocomoke 410-957-2417 Berlin 410-629-0185 Snow Hill 410-632-0906</td>
</tr>
<tr>
<td>Website/Email</td>
<td><a href="http://www.worcesterhealth.org">www.worcesterhealth.org</a></td>
</tr>
<tr>
<td>Language Services</td>
<td>Language line</td>
</tr>
<tr>
<td>Payment Type(s)</td>
<td>Medicaid, Medicare, PAC, private ins., sliding scale, self-pay</td>
</tr>
</tbody>
</table>

#### Mental Health Services
- Indv. Therapy Ages - 2+ all locations
- Family Therapy
- Psychiatric Evaluations
- Peer Support
- Respite
- PRP
- RRP
- PHP
- Addictions Services

#### Other Services: All locations- Psychiatric Evaluations, Mobile Crisis Services; Snow Hill and Berlin-Family Therapy, Children Trauma Svcs; Snow Hill and Pocomoke- Addictions Services; Snow Hill and Berlin- PRP; Berlin- Dual Diagnosis

### Worcester Youth & Family Counseling Services

<table>
<thead>
<tr>
<th>Address</th>
<th>124 N. Main Street, Suite C, Berlin, MD 21811</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone:</td>
<td>410-641-4598</td>
</tr>
<tr>
<td>Fax</td>
<td>410-641-4696</td>
</tr>
<tr>
<td>Website/Email</td>
<td><a href="http://www.gowyoyo.org">www.gowyoyo.org</a></td>
</tr>
<tr>
<td>Language Services</td>
<td>None</td>
</tr>
<tr>
<td>Payment Type(s)</td>
<td>Medicaid, Medicare, private insurance, sliding scale, MCHIP</td>
</tr>
</tbody>
</table>

#### Mental Health Services
- Indv. Therapy Ages - 3+
- Family Therapy
- Psychiatric Evaluations
- Peer Support
- Respite
- PRP
- RRP
- PHP
- Addictions Services

#### Other Behavioral Health Services:
- Marital/Couples Therapy, Family Connections Resource Center, Court Appointed Special Advocates(CASA), Strengthening Adolescent Girls w/ Education& Support (SAGES), Rolleroaster’s Support Group for children going through family changes
# Regional Behavioral Health Inpatient Providers

<table>
<thead>
<tr>
<th>Adventist Behavioral Health - Eastern Shore</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address</strong></td>
<td>821 Fieldcrest Road, Cambridge, MD 21613</td>
</tr>
<tr>
<td><strong>Phone</strong></td>
<td>410-221-0288</td>
</tr>
<tr>
<td><strong>Fax</strong></td>
<td>410-228-9588</td>
</tr>
<tr>
<td><strong>Website/Email</strong></td>
<td><a href="http://www.adventisthealthcare.com">www.adventisthealthcare.com</a></td>
</tr>
<tr>
<td><strong>Language Services</strong></td>
<td>Spanish</td>
</tr>
<tr>
<td><strong>Payment Type(s)</strong></td>
<td>Medical Assistance, case by case agreement</td>
</tr>
<tr>
<td><strong>Services</strong></td>
<td></td>
</tr>
<tr>
<td>☐ Adult</td>
<td>☐ Psychiatric Evaluations</td>
</tr>
<tr>
<td>☑ Children - 5-17.5</td>
<td>☑ Acute Inpatient Hospitalization</td>
</tr>
<tr>
<td><strong>Other Services:</strong></td>
<td>Group Therapy (acute, RTC, PHP)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Dorchester General Hospital</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address</strong></td>
<td>300 Byrn Street, Cambridge, MD 21613</td>
</tr>
<tr>
<td><strong>Phone</strong></td>
<td>410-228-5511</td>
</tr>
<tr>
<td><strong>Fax</strong></td>
<td>410-476-5105</td>
</tr>
<tr>
<td><strong>Website/Email</strong></td>
<td>Not Applicable</td>
</tr>
<tr>
<td><strong>Language Services</strong></td>
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<td><strong>Payment Type(s)</strong></td>
<td>Medicaid, Medicare, most private insurance, uninsured</td>
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<tr>
<td><strong>Services</strong></td>
<td></td>
</tr>
<tr>
<td>☑ Adult</td>
<td>☑ Psychiatric Evaluations</td>
</tr>
<tr>
<td>☑ Children</td>
<td>☑ Acute Inpatient Hospitalization</td>
</tr>
<tr>
<td><strong>Other Services:</strong></td>
<td>Voluntary and involuntary placement requires referral and the referral source must notify Dorchester General Hospital in advance.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Eastern Shore Hospital Center</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address</strong></td>
<td>5262 Woods Road, P.O. Box 800, Cambridge, MD 21613</td>
</tr>
<tr>
<td><strong>Phone</strong></td>
<td>410-221-2300</td>
</tr>
<tr>
<td><strong>Fax</strong></td>
<td>410-221-2534 – CEO’s office</td>
</tr>
<tr>
<td><strong>Website/Email</strong></td>
<td><a href="http://www.eshconline.org">www.eshconline.org</a></td>
</tr>
<tr>
<td><strong>Language Services</strong></td>
<td>Interpretation services available upon request</td>
</tr>
<tr>
<td><strong>Payment Type(s)</strong></td>
<td>Priority given to forensic population</td>
</tr>
<tr>
<td><strong>Services</strong></td>
<td></td>
</tr>
<tr>
<td>☑ Adult</td>
<td>☑ Psychiatric Evaluations</td>
</tr>
<tr>
<td>☑ Children</td>
<td>☑ Acute Inpatient Hospitalization</td>
</tr>
<tr>
<td><strong>Other Services:</strong></td>
<td>Individuals must meet medical necessity criteria for admission per the Public Mental Health System, and be referred by a designated emergency room, inpatient unit, or court/detention center to receive services.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Peninsula Regional Medical Center / Sheppard Pratt</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address</strong></td>
<td>100 East Carroll Street, Salisbury, MD 21801</td>
</tr>
<tr>
<td><strong>Phone</strong></td>
<td>410-543-7162</td>
</tr>
<tr>
<td><strong>Fax</strong></td>
<td>410-543-7165</td>
</tr>
<tr>
<td><strong>Website/Email</strong></td>
<td><a href="http://www.peninsula.org">www.peninsula.org</a></td>
</tr>
<tr>
<td><strong>Language Services</strong></td>
<td>Interpretation services available</td>
</tr>
<tr>
<td><strong>Payment Type(s)</strong></td>
<td>Medicaid, Medicare, private insurance, uninsured</td>
</tr>
<tr>
<td><strong>Services</strong></td>
<td></td>
</tr>
<tr>
<td>☑ Adult</td>
<td>☑ Psychiatric Evaluations*</td>
</tr>
<tr>
<td>☑ Children</td>
<td>☑ Acute Inpatient Hospitalization</td>
</tr>
<tr>
<td><strong>Other Services:</strong></td>
<td>24 hour hotline- 410-543-7160, Psychiatric Evaluations for adults, children and adolescents, *Psychiatric Evaluation in Emergency Department</td>
</tr>
</tbody>
</table>
**Crisis Information and 24-Hour Hotlines**

**Americans with Disabilities Act Hotline** Phone: 1-800-USA-ABLE (872-2253)

**Beacon Place** provides short-term residential crisis services in a community based setting. Phone: 410-749-2924

**Eastern Shore Operations Center (ESOC)** the behavioral health information and referral call center for all nine counties of the Eastern Shore. The ESOC is available 24 hours a day, 7 days a week to assess and respond to calls from consumers, family members, community members, businesses and human service agencies. ESOC staff provides linkage to community resources through referrals to all appropriate and existing behavioral health and human services. Phone: 1-888-407-8018

**Life Crisis Center Hotline** provides counseling for victims of domestic violence or sexual assault, suicide prevention, support groups, emergency shelter, and medical care referral, and assistance Phone: 1-800-422-0009 / 410-749-HELP (4357)

**Suicide Hotline**- 1-800-SUICIDE or 410-749-9424

**Youth Crisis Hotline**- 1-800-422-0009

**Maryland State AIDS Hotline** Phone: 1-800-553-3140, TTY: 1-800-553-3140 Monday – Friday 9 am – 5 pm (except holidays)

**Maryland Youth Crisis Hotline** Phone: 1-800-422-0009, www.Help4Youth.org

**Mobile Crisis Team(s) (MCT) - Affiliated Santé** MCT members intervene with callers referred from the ESOC who are experiencing a behavioral health emergency, assist law enforcement and emergency responders by providing behavioral health crisis consultation and intervention to stabilize the individual in the least restrictive environment through a range of services including assessment, crisis intervention, supportive counseling, information and referrals to appropriate community based behavioral health services for ongoing treatment and follow-up. To access the MCT call ESOC at 1-888-407-8018. Caroline, Cecil, Dorchester, Kent, Queen Anne’s, Somerset, Talbot and Wicomico

**Mobile Treatment Teams (MTT) - Lower Shore Clinic** team treatment approach designed to assist the individual to: achieve recovery, fully participate in community life, obtain stable permanent housing, and reduce the individual’s unnecessary admissions to emergency rooms and inpatient psychiatric services. Two teams are available on the Eastern Shore and both are working toward ACT fidelity. ACT is an evidence based treatment approach proven effective in working with individuals with severe, persistent mental health and/or co-occurring disorders. Phone: 410-341-9696

**PRMC 24 Hour Hotline** Phone: 410-543-7160

**Suicide Prevention Lifeline** Phone: 1-800-273-8255, TTY: 1-800-799-4889 www.suicidepreventionlifeline.org

**Trevor Lifeline** (LGBTQ community) Phone: 1-866-488-7386 www.thetrevorproject.org

**Urgent Care Clinics** provide mental health assessment and consultation within 48 business hours to prevent the individual’s condition from worsening. If psychiatric care is identified, an evaluation will be scheduled with a psychiatrist within a 30 day period. Phone: Lower Shore Clinic (Wicomico) - 410-341-3420; Eastern Shore Psychological Services (Somerset) - 410-651-4200 call ESOC after business hours 1-888-407-8018

**Veterans Crisis Line** Phone: 1-800-273-8255 (Press 1), www.veteranscrisisline.net

### Behavioral Health Resources / Support Groups

**211** Phone: 211
Services: local help line providing access to, health and human service information and referrals

**Alcoholics Anonymous (AA)** Phone: 410-543-2266
Services: AA meetings; please call or visit their website for meeting information www.lsiaa.org

**Depression Bipolar Support Alliance Support Group** Phone: 443-880-3052
Website: www.dbsalliance.org
Services: depression bipolar support group

**Life Crisis Center** Phone: 1-800-422-0009 / 410-749-HELP (4357)
Services: support, crisis intervention and referrals

**Lower Shore Early Intervention Program** Phone: 410-677-6590
Website: www.lowershoreccrc.org
Services: Provides mental health consultation, observations, assessments and behavior intervention to children in licensed childcare settings ages birth – 6. Also offers phone consultations and community resource referrals for parents and childcare providers.

**Lower Shore Friends** Phone: 410-334-2173
Address: 207 Maryland Avenue, Suite 5, Salisbury, MD 21801
Services: peer support and advocacy center, links / referrals to community services, consumer outreach, consumer workshops
Maryland's Commitment to Veterans  Phone: 1-877-770-4801
Website: www.veterans.maryland.gov
Services: Coordinator will work with veterans and their family to arrange individual, family and group therapy, substance abuse services and referrals for job resources, education assistance, housing and VA benefits.

MD Coalition of Families for Children’s Mental Health  Phone: 443-896-6791
Services: family support group for families that have children with mental health and or emotional disabilities

The Mental Health Assoc. of the Lower Shore  Phone: 410-651-1547  (Thelma Orr) Address: P.O. Box 2774, Salisbury, MD 21802
Services: education, awareness, lobbying, workshops, legislative meetings, counseling resources

NAMI- MD National Alliance for the Mentally Ill  Phone: 1-877-878-2371
Website: www.namimdls.org
Services: monthly support group, consumer and family education.
Email: lsfsbg@verizon.net for family to family support group

Narcotics Anonymous (NA)  Phone: 1-800-317-3222 Website: www.na.org
Services: NA meetings; please call or visit their website for meeting information

New Transitions  Phone: 410-219-5070, Address: 314 Civic Ave., Salisbury, MD 21804
Services: Support and serve children ages 6-21 with mental health issues and their families

Rainbows  Phone: 410-749-2131, Address: 1401 Camden Ave, Salisbury, MD 21801
Services: support program for grieving children and teens; program held in January

Somerset County Wellness and Recovery Center  Phone: 443-783-4112
11408 Somerset Avenue, Princess Anne, MD 21853
Services: peer support, recovery coaching, smoking cessation, chronic disease prevention

Yellow Ribbon Program  website: www.yellowribbon.org
Services: support groups for family members of persons who have completed suicide and for family members of persons who a actively suicidal

Social Service Organizations

Department of Social Services
Somerset- Phone: 410-677-4200, 30397 Mount Vernon Rd, Princess Anne, MD 21853
Wicomico- Phone: 410-713-3900, 201 Baptist Street, Salisbury, MD 21801
Worcester- Phone: 410-677-6800, 299 Commerce Street, Snow Hill, MD 21863
Services: financial assistance, emergency housing, and child support enforcement assistance

Diakonia  Phone: 410-213-0923, 12747 Old Bridge Road, Ocean City, MD 21842
Services: homeless advocacy, emergency & transitional shelter, case management, food pantry, homeless prevention programs (rental & utility assistance), housing search assistance, thrift shop, clothing and household necessities, parenting workshops, GED/Diploma workshops

Eastern Shore Social Services Catholic Charities Seton Center  Phone: 410-651-9608 30632 Hampton Ave., PO Box 401, Princess Anne, MD 21853
Services: case management, referrals, food programs, health prevention advocacy, children's after school and summer program, children's enrichment program, thrift shop, women's support group, financial assistance for basic living expenses when available

HALO (Hope and Life Outreach)  Phone: 410-742-9356, 701 Snow Hill Rd., Salisbury, MD 21804
Services: homeless advocacy, life skills, life action plan, clothing closet, meals on the street served in designated locations, food pantry

HOPE Inc. (Help & Outreach Point of Entry)  Phone: 443-944-5279, 410-677-0757
129 Broad St., Salisbury, MD 21801 by appointment only
Services: guidance and financial assistance with health related issues, assistance provided to obtain birth certificates and Maryland ID's, referrals to rehabilitation services, personal support and assistance with obtaining medications

Joseph House Ministries  Phone: 410-749-4239
812 Boundary Street, Salisbury, MD 21801
Services: cash assistance with evictions, utility cut-offs and health care bills

Local Management Board  The Local Management Board focuses on prevention, early intervention and community-based services to promote a safe, healthy and stable environment for all families. The Local Management Board provides resources for families in order to link them with local agencies and organizations that serve children, youth and families.

Somerset County Local Management Board
Phone: 410-651-2824; 8928 Sign Post Road, Suite 1, Westover, MD 21871  Website: www.sclmb.org

Wicomico County Local Management Board
Phone: 410-546-5400; 408 Coles Circle, Suite G, Salisbury, MD 21804
Website: www.wicomicoounty.org/departments/lmb/Default.html

Worcester County Local Management Board
Phone: 410-632-3648
6040 Public Landing Road, PO Box 129, Snow Hill, MD 21863
Salisbury Urban Ministries Phone: 410-749-1563
326 Barclay Street, Box 1792, Salisbury, MD 21802
Services: financial assistance for vital needs

Salvation Army Phone: 410-749-3077, 407 Oak Street, Salisbury, MD 21804
Services: financial assistance with utility bills, clothing (call for schedule)

Shore Up! Inc.
Somerset- Phone: 410-651-1805, 12409 Loretta Road, Princess Anne, MD 21853
Wicomico- Phone: 410-749-1142, 520 Snow Hill Road, Salisbury, MD 21804
Worcester- Phone: 410-632-2075, 6352 Worcester Highway, Newark, MD 21841,
Services: energy assistance, financial assistance for medications, weatherization and housing

Low Cost Medical Providers

Three Lower Counties Community Services
Somerset- Phone: 410-651-1000
12137 and 12145 Elm Street, Princess Anne, MD 21853
Wicomico- Pediatrics and Mental Health- Phone: 410-219-1100
1104 Healthway Drive, Salisbury, MD 21804
Adult Medicine- Phone: 410-546-6650
1665 Woodbrooke Drive, Salisbury, MD 21804
Worcester- Phone: 410-957-0273
305 10th Street Suite 104, Pocomoke City, MD 21851

Three Lower Counties Dental Phone: 410-651-5151, 12165 Elm St., Princess Anne, MD 21853

Village of Hope Medical Clinic Phone: 410-860-5981, 1001 Lake Street, Salisbury, MD 21801

Village Dental Center Phone: 410-334-3401, 705 North Salisbury Boulevard, Salisbury, MD 21801

Worcester County Dental Center Phone: 410-641-0240, 107 William Street, Berlin, MD 21811

Employment Organizations / Education and Training Services

AmeriCorps Program at Salisbury University 410-548-5119
Deaf Independent Living Assoc. (DILA) (V/TTY) 410-742-5052
Department of Labor, Division of Employment & Training (One Stop) 410-341-8533
Division of Rehabilitation Services-DORS 410-546-1580
Goodwill Career Development 410-219-9118
Lower Shore Enterprises Inc. 410-749-6183
Lower Shore Workforce Alliance 410-341-8533
Older Workers Training Program (Shore Up) 410-749-1142
One Stop Job Market 410-341-6515
Shore Employment Services 410-546-0381 ext. 151
Small Business Development Network 410-548-4419
Telemon Corporation 410-546-4604
Youth Employment Program (Shore UP) 410-749-1142

Local Food Pantries and Soup Kitchens
(please call for availability)

Angel Food Ministries www.angelfoodministries.com
Berlin First Baptist Church 410-641-4306
Christ United Methodist Church (Upper Fairmount) 410-651-2375
Community Church of Ocean Pines 410-641-5433
Diakonia 410-213-0923
**Dot's Community Food** 410-957-2139

**The Emergency Food Assistance Program (TEFAP)**
- Wic. & Som. contact Shore Up! at 410-749-1142 for pantry closest to you
- Wor. contact Dept. of Social Services at 410-677-6800 for closest pantry

**Grace United Methodist Church** 410-742-4144

**Harvest Center** 410-742-8041

**Joseph House Ministries** 410-543-8171

**Lower Shore Friends** 410-334-2173

**MD Food Bank** 410-742-0050 (for food pantry closest to you)

**P.A.C.A.** 410-632-1580

**St. Paul AME Zion Church** 410-546-5661

**Salisbury Urban Ministries** 410-749-1563

**Salvation Army** 410-749-3077

**Salisbury Outreach Service - S.O.S** 410-341-4767

**Seton Center – Catholic Charities, Inc.** 410-651-9608

**Telemon Corporation** 443-397-9240

**Vision of Mercy** 443-397-3689

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### Local Shelters

<table>
<thead>
<tr>
<th>Shelter</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Christian Shelter</strong></td>
<td>334 Barclay Street, Salisbury, MD 21804</td>
<td>410-749-5673</td>
</tr>
<tr>
<td><strong>Cold Weather Shelter (Men)</strong></td>
<td></td>
<td>410-749-4357</td>
</tr>
<tr>
<td></td>
<td>Location changes weekly, only available during cold months starting in January</td>
<td></td>
</tr>
<tr>
<td><strong>Diakonia</strong></td>
<td>12747 Old Bridge Rd, Ocean City, MD 21842</td>
<td>410-213-0923</td>
</tr>
<tr>
<td><strong>HALO (Women/Children)</strong></td>
<td>119 South Blvd, Salisbury, MD 21804</td>
<td>410-742-9356</td>
</tr>
<tr>
<td><strong>Samaritan Shelter</strong></td>
<td>814 Forth Street, Pocomoke, MD 21851</td>
<td>410-957-4310</td>
</tr>
</tbody>
</table>

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### Transportation

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Shore Transit</strong></td>
<td>443-260-2300</td>
</tr>
<tr>
<td><strong>Medical Assistance Transportation</strong></td>
<td>Somerset- 443-523-1701</td>
</tr>
<tr>
<td></td>
<td>Wicomico- 410-548-5142</td>
</tr>
<tr>
<td></td>
<td>Worcester- 410-632-0092</td>
</tr>
</tbody>
</table>