

# Wicomico County Public Mental Health Resource Guide



2009

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This information is available online at [www.wicomicohealth.org](http://www.wicomicohealth.org)

The content of this resource manual reflects information available at the time of publication. The Wicomico County Core Service Agency in no way endorses any one provider or service over another. We hope that this guide is useful in your navigation of the Public Mental Health System in Wicomico County.

Provided by  
Wicomico County Core Service Agency  
108 East Main Street  
Salisbury, MD 21801  
410-543-6981  
Website: [www.wicomicohealth.org](http://www.wicomicohealth.org)

# Maryland's Public Mental Health System (PMHS) Overview

The Public Mental Health System was recently redesigned to improve and update consumers' access to mental health services in Maryland. The new system, which combines state funds and Medicaid dollars, has five goals:

1. To help citizens of Maryland get the care that they need
2. To make sure that the care is appropriate
3. To improve the quality of care
4. To pay for the care received
5. To learn which services are effective for the citizens of Maryland

In order to improve access to mental health services and ensure that mental health services help consumers achieve treatment goals; a toll-free, 24-hour, 7-days a week preauthorization line (1-800-888-1965) has been made available.

The Mental Hygiene Administration (MHA) has authority over the PMHS. This includes policy development, state-wide planning and resource allocation.

CSA's are under the authority of the Secretary of the Department of Health and Mental Hygiene (DHMH), and are an entity of the county governments, which approve and oversee their organizational structure.

Jointly, the MHA, CSA's and APS Healthcare (the contracted administrative service organization), coordinate and administer Maryland's PMHS. The Wicomico County Core Service Agency is part of the Wicomico County Health Department.

## Wicomico County Core Service Agency Overview

Mission:

The mission of the Wicomico County Core Service Agency (CSA) is to plan, develop and manage a coordinated, comprehensive, accessible, culturally sensitive, and age appropriate system of publicly funded mental health services and supports for individuals with psychiatric disorders who meet certain eligibility criteria, and in conjunction with community stakeholders promote resiliency, health and recovery.

Core Service Agency's Role:

- Assessing and planning for mental health needs in Wicomico County
- Working to create a unified system of mental health treatment which is responsive to consumers, providers and the needs of Wicomico County
- Identifying individuals in Wicomico County in need of mental health services
- Identifying support services to assist persons with mental illness to become as independent as possible
- Safeguard against unnecessary utilization of publicly funded services
- Review consumer and provider satisfaction and process grievances and complaints. Please call the Wicomico County Core Service Agency for guidance in submitting a complaint.
- Review authorized and paid claims
- Evaluate the cost effectiveness and quality of services delivered

## Mental Health Glossary

### Mental Health Professionals:

**Advanced Practice Psychiatric Nurses (A.P.R.N./P.M.H.)** – A registered nurse certified by the Maryland State Board of Nursing, who is able to independently engage in the following activities: An A.P.R.N. is able to diagnose individuals with mental health diagnoses.

- *"Nurse Psychotherapist"* – A registered nurse, who practices psychotherapy in a structured relationship with the client
- *"Psychiatric Nurse Practitioner"* – An experienced registered nurse who possesses advanced training and education in the area of diagnosing and treating illness. Nurse practitioners are able to prescribe medication. Psychiatric nurse practitioners specialize in providing psychiatric care to individuals.

**Clinical Social Worker (A.C.S.W., L.C.S.W., L.C.S.W.-C.)** – Clinical Social Workers hold a Masters degree in social work (MSW), and specialize in clinical practice. Clinical social workers must be licensed by the State of Maryland.

**Licensed Clinical Professional Counselor (L.C.P.C.)** – A Licensed Clinical Professional Counselor possesses a Master's degree in professional counseling. L.C.P.C.'s must be certified by the State Board of Examiners.

**Paraprofessionals** – Paraprofessionals work under a trained professional in clinical settings, i.e.: Licensed Social Work Associates (Bachelor level social workers).

**Psychiatrist (M.D.)** – A medical doctor who possesses specialized training in the field of psychiatry. Psychiatrists must be licensed physicians in the state in which they practice and must also be certified by the American Board of Psychiatry.

**Psychologist (Ph.D.)** – A psychologist possesses a doctoral degree in psychology. One must be licensed by the Maryland State Board of Examiners of Psychologists. A psychologist can be a clinical or a counseling psychologist.

## Mental Health Terms:

**Case Management** – A process which plans, coordinates and implements services required to meet an individual's needs.

**Dual Diagnosis Treatment** – Treatment given to an individual with substance abuse issues as well as a mental health diagnosis.

**Grayzone** – A consumer is considered to be eligible for grayzone services if they are involved in the Public Mental Health System, uninsured and ineligible for Medical Assistance.

**IOP (Intensive Outpatient Program)** – The highest level of outpatient treatment before inpatient care.

**Medication Evaluation** – A psychiatrist or nurse practitioner monitors and evaluates a client's medications to ensure that the client is on the proper medications. Medication evaluations can be done at various intervals.

**Outpatient** – Treatment that is given in the community and not in a hospitalized setting.

**PHP (Partial Hospitalization Program)** – A short-term day program that offers psychiatric services. PHP is less intrusive and traumatic than inpatient care. Clients are able to return to their homes at the end of the day, while still remaining under the care of mental health professionals on a daily basis.

**PRP (Psychiatric Rehabilitation Program)** – A program that provides support and rehabilitation to individuals who suffer from mental illness. PRP focuses on daily living skills through the use of the community environment.

**Peer Support** – Individuals or family members of those living with Mental Illness coming together to provide a self directed, grassroots association that works to enhance the mental health of other local consumers. Peer support members meet as equals to give each other support on a reciprocal basis.

**Psychiatric Evaluation** – An evaluation performed by a psychiatrist or nurse practitioner. A psychiatric evaluation includes the history of the present illness, current symptoms the individual is experiencing, past history of illness, family history, a review of medications, mental status examinations and a physical examination.

**Psychological Testing** – Tests which are given to individuals to assess and evaluate information. Psychological tests are administered and interpreted by a psychologist.

**Respite** – Temporary shelter for a person in need of short term relief from a crisis they are experiencing or to provide relief to a caregiver.

**RRP (Residential Rehabilitation Program)** – RRP housing is for individuals with a chronic mental health diagnosis, who are unable to live independently in the community.

**Sliding Fee Scale** – Fees are set according to the client's ability to pay. (i.e., if the client has no income, the fee would be \$0)

**Social Service Organization** – A community organization that assists individuals with such needs as locating housing, financial assistance and locating resources.

**Uninsured** – An individual is uninsured if they do not have private insurance, Medicaid or Medicare.

## Community Mental Health Providers

Anderson, Eva K., Ph.D.	
Address	540 Riverside Drive, Suite 2, Salisbury, MD 21801
Phone	410-548-7883
Fax	410-548-2831
Website/Email	Not Applicable
Language Services	None
Payment Type(s)	Private insurance accepted, Medicare supplement
<b>Services</b>	
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy      Other Services:
<input checked="" type="checkbox"/> Children	<input type="checkbox"/> Respite
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support

Service Available    Service Not Available

# Community Mental Health Providers

Atlantic Psychological Practice	
Address	106 Milford Street, #104, Salisbury, MD 21804
Phone	410-543-8291
Fax	410-341-6275
Website/Email	Not Applicable
Language Services	None
Payment Type(s)	Private insurance accepted, Medicaid, Medicare, self pay
<b>Services</b>	
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy    Other Services:
<input checked="" type="checkbox"/> Children	<input type="checkbox"/> Respite
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support

Catholic Charities	
Address	1201 Pemberton Dr. Suite 1-A, Salisbury, MD 21801
Phone	410-749-1121
Fax	410-543-0510
Website/Email	Not Applicable
Language Services	None
Payment Type(s)	Medicaid, Medicare, private insurance, sliding fee scale
<b>Services</b>	
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy    Other Services:
<input checked="" type="checkbox"/> Children	<input type="checkbox"/> Respite    pregnancy, adoption
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support

Chesapeake Counseling & Psychological Services, Inc.	
Address	1813 Sweet Bay Drive, Suite #1, Salisbury, MD 21804
Phone	410-546-6126
Fax	410-543-2233
Website/Email	Not Applicable
Language Services	None
Payment Type(s)	Private insurance
<b>Services</b>	
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy    Other Services:
<input checked="" type="checkbox"/> Children	<input type="checkbox"/> Respite
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy
<input type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support

Children's Choice	
Address	230 Florida Ave, Salisbury, MD 21801
Phone	410-860-0484
Fax	410-860-6626
Website/Email	ccrRespite@aol.com
Language Services	None
Payment Type(s)	Medical Assistance recipients only
<b>Services</b>	
<input type="checkbox"/> Adult	<input type="checkbox"/> Indv. Therapy    Other Services:
<input checked="" type="checkbox"/> Children (3-18)	<input checked="" type="checkbox"/> Respite    in-home and out-of-home respite care,
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy    parent advocacy, support groups, case
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis    management
<input checked="" type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support

Service Available     Service Not Available

# Community Mental Health Providers

Counseling Associates		
Address	109 High Street, Salisbury, MD 21801	
Phone	410-546-1692	
Fax	410-548-9056	
Website/Email	www.catherapy.com	
Language Services	None	
Payment Type(s)	Most major insurances accepted, sliding fee scale	
<b>Services</b>		
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy	Other Services: art therapy, Christian counseling
<input checked="" type="checkbox"/> Children	<input type="checkbox"/> Respite	
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy	
<input type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Dual Diagnosis	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support	

Delmarva Family Resources		
Address	805 North Salisbury Boulevard, Suite 3100, Salisbury, MD 21801	
Phone	410-334-6687	
Fax	410-334-6700	
Website/Email	Not Applicable	
Language Services	None	
Payment Type(s)	Medical Assistance, private insurance, self pay, grayzone	
<b>Services</b>		
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy	Other Services: medication evaluation, medication management, IOP
<input checked="" type="checkbox"/> Children	<input type="checkbox"/> Respite	
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy	
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis	
<input checked="" type="checkbox"/> PRP <input type="checkbox"/> RRP <input checked="" type="checkbox"/> PHP	<input checked="" type="checkbox"/> Peer Support	

Dittmer, Fred, M.D., M.P.H		
Address	1323 Mt. Hermon Road, Salisbury, MD 21804	
Phone	410-749-4595	
Fax	410-749-9546	
Website/Email	Not Applicable	
Language Services	None	
Payment Type(s)	Insurance accepted, self pay	
<b>Services</b>		
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy	Other Services: practice limited to psychiatry, specializing in Post-traumatic Stress Dissociative Disorders, and Attention Deficit Disorder
<input checked="" type="checkbox"/> Children (5 and older)	<input type="checkbox"/> Respite	
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy	
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Dual Diagnosis	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support	

Eastern Shore Psychological Services		
Address	2336 Goddard Parkway, Salisbury, MD 21801	
Phone	410-334-6961	
Fax	410-334-6960	
Website/Email	Not Applicable	
Language Services	None	
Payment Type(s)	Medicare, Medicaid, private insurance, sliding fee scale, grayzone	
<b>Services</b>		
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy	Other Services: Hope Creek School
<input checked="" type="checkbox"/> Children	<input type="checkbox"/> Respite	
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy	
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis	
<input checked="" type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support	

Service Available     Service Not Available

# Community Mental Health Providers

Friendship Network		
Address	406 Trinity Drive, Salisbury, MD 21801	
Phone	410-546-3619	
Fax	410-546-5387	
Website/Email	link available at www.gogettersinc.org	
Language Services	None	
Payment Type(s)	Medicare, Medicaid, grayzone	
<b>Services</b>		
<input checked="" type="checkbox"/> Adult (Geriatric)	<input type="checkbox"/> Indv. Therapy	Other Services: comprehensive psycho-geriatric rehabilitation services
<input type="checkbox"/> Children	<input type="checkbox"/> Respite	
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy	
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis	
<input checked="" type="checkbox"/> PRP <input checked="" type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support	

Go-Getters, Inc.		
Address	431 East Main Street, Salisbury, MD 21804	
Phone	410-546-0381	
Fax	410-742-8883	
Website/Email	www.gogettersinc.org	
Language Services	Creole, Spanish	
Payment Type(s)	Medicare, Medicaid, grayzone	
<b>Services</b>		
<input checked="" type="checkbox"/> Adult	<input type="checkbox"/> Indv. Therapy	Other Services: community support, crisis beds for adults, supported employment services
<input type="checkbox"/> Children	<input checked="" type="checkbox"/> Respite	
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy	
<input type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Dual Diagnosis	
<input checked="" type="checkbox"/> PRP <input checked="" type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support	

Harkhani, Jay, M.D.		
Address	1300-A South Division Street, Salisbury, MD 21804	
Phone	410-219-3488	
Fax	410-219-5900	
Website/Email	Not Applicable	
Language Services	None	
Payment Type(s)	Most insurance accepted, self pay	
<b>Services</b>		
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy	Other Services: practice limited to psychiatry, medication management
<input type="checkbox"/> Children	<input type="checkbox"/> Respite	
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy	
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support	

Harrington, Erica, L.C.S.W.-C		
Address	1300-A South Division Street, Salisbury, MD 21804	
Phone	410-219-3488	
Fax	410-219-5900	
Website/Email	Not Applicable	
Language Services	None	
Payment Type(s)	Most insurance accepted, self pay	
<b>Services</b>		
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy	Other Services:
<input type="checkbox"/> Children	<input type="checkbox"/> Respite	
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy	
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support	

Service Available     Service Not Available

# Community Mental Health Providers

Kapoor, Surrinder, M.D.	
Address	207 Maryland Ave, Salisbury, MD 21801
Phone	443-523-0006
Fax	Not Applicable
Website/Email	Not Applicable
Language Services	English, Hindi, Punjabi, Urdu
Payment Type(s)	Medicare, private pay
<b>Services</b>	
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy    Other Services:
<input checked="" type="checkbox"/> Children	<input type="checkbox"/> Respite
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support

Life Crisis Center	
Address	
Phone	1-800-422-0009 / 410-749-4357 / 2-1-1
Fax	410-548-9496
Website/Email	www.lifecrisiscenter.org
Language Services	Spanish onsite
Payment Type(s)	Sliding fee scale
<b>Services</b>	
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy    Other Services:
<input checked="" type="checkbox"/> Children	<input type="checkbox"/> Respite    shelter for victims of domestic violence,
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy    information, referral
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support

Life Solutions of Delmarva, LLC	
Address	311 East Main Street, Fruitland, MD 21826
Phone	443-783-0624
Fax	410-546-8008
Website/Email	lifesolutionsofdelmarva.com
Language Services	None
Payment Type(s)	Medicaid, Medicare, private insurance, self pay
<b>Services</b>	
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy    Other Services:
<input checked="" type="checkbox"/> Children	<input type="checkbox"/> Respite    parenting workshops, anger
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy    management workshops for teens and
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis    adults, DUI/DWI victim impact
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support    workshops

Lower Shore Clinic	
Address	505 East Main Street, Salisbury, MD 21804
Phone	410-341-3420
Fax	410-341-3397
Website/Email	link available at www.gogettersinc.org
Language Services	None
Payment Type(s)	Medicare, Medicaid, sliding fee scale, grayzone
<b>Services</b>	
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy    Other Services:
<input type="checkbox"/> Children	<input type="checkbox"/> Respite    medication management, crisis
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy    intervention, psychiatric evaluation with
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Dual Diagnosis    treatment, psychiatric and psychological
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support    services, family psychoeducation

Service Available    Service Not Available

# Community Mental Health Providers

Maple Shade Youth and Family Services	
Address	23704 Ocean Gateway, Mardela Springs, MD 21837
Phone	410-742-7400
Fax	410-742-6452
Website/Email	www.maple-shade.org
Language Services	All languages available via interpreter services
Payment Type(s)	Medicaid, sliding fee scale, grayzone
<b>Services</b> <input type="checkbox"/> Adult <input checked="" type="checkbox"/> Indv. Therapy            Other Services: <input checked="" type="checkbox"/> Children (5-18) <input checked="" type="checkbox"/> Respite                    treatment foster care, therapeutic group <input checked="" type="checkbox"/> Family Therapy <input checked="" type="checkbox"/> Group Therapy           homes, outpatient mental health <input checked="" type="checkbox"/> Psychiatric Evaluations <input type="checkbox"/> Dual Diagnosis <input checked="" type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP <input type="checkbox"/> Peer Support	
New Transitions	
Address	314 Civic Avenue, Salisbury, MD 21804
Phone	410-219-5070
Fax	410-219-5072
Website/Email	Not Applicable
Language Services	None
Payment Type(s)	Medicaid
<b>Services</b> <input checked="" type="checkbox"/> Adult <input checked="" type="checkbox"/> Indv. Therapy            Other Services: <input checked="" type="checkbox"/> Children <input type="checkbox"/> Respite                    limited therapy, couples counseling <input checked="" type="checkbox"/> Family Therapy <input type="checkbox"/> Group Therapy <input type="checkbox"/> Psychiatric Evaluations <input type="checkbox"/> Dual Diagnosis <input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP <input type="checkbox"/> Peer Support	
Peer Connections	
Address	108 West Lehigh Avenue, Salisbury, MD 21801
Phone	410-546-1822
Fax	410-548-7682
Website/Email	link available at www.gogettersinc.org
Language Services	None
Payment Type(s)	Medicare, Medicaid, grayzone
<b>Services</b> <input checked="" type="checkbox"/> Adult <input type="checkbox"/> Indv. Therapy            Other Services: <input type="checkbox"/> Children <input type="checkbox"/> Respite <input type="checkbox"/> Family Therapy <input type="checkbox"/> Group Therapy <input type="checkbox"/> Psychiatric Evaluations <input checked="" type="checkbox"/> Dual Diagnosis <input checked="" type="checkbox"/> PRP <input checked="" type="checkbox"/> RRP <input type="checkbox"/> PHP <input type="checkbox"/> Peer Support	
Peninsula Mental Health Services	
Address	102 West Market Street, Salisbury, MD 21801
Phone	410-860-2673
Fax	410-860-0450
Website/Email	None
Language Services	None
Payment Type(s)	Most insurance accepted
<b>Services</b> <input checked="" type="checkbox"/> Adult <input checked="" type="checkbox"/> Indv. Therapy            Other Services: <input checked="" type="checkbox"/> Children <input type="checkbox"/> Respite                    group therapy for addictions clients <input checked="" type="checkbox"/> Family Therapy <input type="checkbox"/> Group Therapy           only, IOP for adults and adolescents <input checked="" type="checkbox"/> Psychiatric Evaluations <input checked="" type="checkbox"/> Dual Diagnosis <input type="checkbox"/> PRP <input type="checkbox"/> RRP <input checked="" type="checkbox"/> PHP <input type="checkbox"/> Peer Support	

Service Available    Service Not Available

# Community Mental Health Providers

Pine Bluff Counseling, LLC	
Address	1506 South Salisbury Boulevard, Suite 6, Salisbury, MD 21801
Phone	410-677-0466
Fax	410-677-0422
Website/Email	nancy@pinebluffcounselingllc.org
Language Services	None
Payment Type(s)	Medicare, Medicaid, private insurance, self pay
<b>Services</b>	
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy    Other Services:
<input checked="" type="checkbox"/> Children	<input type="checkbox"/> Respite
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support

Psychological Associates	
Address	206 Kay Ave, Salisbury, MD 21801
Phone	410-749-0507
Fax	Not Applicable
Website/Email	BIGKLU@comcast.net
Language Services	None
Payment Type(s)	Fees discussed with clients, most major insurance accepted
<b>Services</b>	
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy    Other Services:
<input checked="" type="checkbox"/> Children (Adolescent)	<input type="checkbox"/> Respite
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support

Rebach, Howard, Ph.D., L.C.S.W.-C.	
Address	540 Riverside Drive, Suite 2, Salisbury, MD 21801
Phone	410-726-5578
Fax	Not Applicable
Website/Email	Not Applicable
Language Services	None
Payment Type(s)	Fees discussed with clients
<b>Services</b>	
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy    Other Services:
<input checked="" type="checkbox"/> Children & Adolescents	<input type="checkbox"/> Respite
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy
<input type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support

Reeves, Talmadge C., M.D.	
Address	233 West Main Street, Salisbury, MD 21801
Phone	410-749-0124
Fax	410-546-4872
Website/Email	Not Applicable
Language Services	None
Payment Type(s)	Most private insurance accepted, self pay
<b>Services</b>	
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy    Other Services:
<input type="checkbox"/> Children	<input type="checkbox"/> Respite    medication management, psychiatric
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy    evaluation with treatment
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support

Service Available    Service Not Available

# Community Mental Health Providers

Three Lower Counties Community Services	
Address	1104 Healthway Drive, Salisbury, MD 21804
Phone	410-219-5483
Fax	410-219-5486
Website/Email	www.tlccs.org
Language Services	Spanish interpreters, language line
Payment Type(s)	Medicare, Medicaid, private ins., sliding fee scale, grayzone, self pay
<b>Services</b>	
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy
<input checked="" type="checkbox"/> Children	<input type="checkbox"/> Respite
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis
<input checked="" type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support
Other Services: PRP ages 5-18, transportation available, pharmacy, school based treatment, play therapy ages 2-5 (limited basis)	

Warwick Manor Outpatient Services	
Address	220 A East Main Street, Salisbury, MD 21801
Phone	410-860-9600
Fax	410-860-8511
Website/Email	www.warwickmanor.org
Language Services	None
Payment Type(s)	Medicaid, most private insurance
<b>Services</b>	
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy
<input checked="" type="checkbox"/> Children (Adolescent)	<input type="checkbox"/> Respite
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input checked="" type="checkbox"/> PHP	<input type="checkbox"/> Peer Support
Other Services: IOP for adults and adolescents	

Wicomico County Behavioral Health	
Address	108 East Main Street, Salisbury, MD 21801
Phone	410-334-3497
Fax	410-543-6680
Website/Email	wicomicohealth.org
Language Services	All languages available via interpreter services
Payment Type(s)	Medicare, Medicaid, private insurance, sliding fee scale, grayzone
<b>Services</b>	
<input checked="" type="checkbox"/> Adult (Dual Diagnosis)	<input checked="" type="checkbox"/> Indv. Therapy
<input checked="" type="checkbox"/> Children (Mental Health)	<input type="checkbox"/> Respite
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Dual Diagnosis
<input checked="" type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support
Other Services: Targeted Case Management (children and adults), Minority Youth Outreach, Family Intervention Services	

Wicomico County Detention Center	
Address	411 Naylor Mill Road, Salisbury, MD 21801
Phone	410-548-4850 ext. 359
Fax	410-548-4857
Website/Email	www.correctionalmentalhealth.com
Language Services	None
Payment Type(s)	No cost for Wicomico County Detention Center jailed population
<b>Services</b>	
<input checked="" type="checkbox"/> Adult	<input type="checkbox"/> Indv. Therapy
<input type="checkbox"/> Children	<input type="checkbox"/> Respite
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support
Other Services: All Services are for Wicomico County Detention Center incarcerated individuals, case management	

Service Available     Service Not Available

# Regional Mental Health Inpatient Providers

Dorchester County General Hospital	
Address	300 Byrn Street, Cambridge, MD 21613
Phone	410-228-5511
Fax	410-476-5105
Website/Email	Not Applicable
Language Services	TTY, Spanish, Creole
Payment Type(s)	Medicare, Medicaid, most private insurance, uninsured
<b>Services</b>	
<input checked="" type="checkbox"/> Adult	Other Services: voluntary and involuntary placement, need referral and referral source must notify in advance
<input type="checkbox"/> Children	
<input checked="" type="checkbox"/> Psychiatric Evaluations	
<input checked="" type="checkbox"/> Acute Inpatient Hospitalization	
<input checked="" type="checkbox"/> Dual Diagnosis	

Eastern Shore Hospital Center	
Address	5262 Woods Rd, Cambridge, MD 21613
Phone	410-221-2300
Fax	410-221-2534 – CEO's office
Website/Email	www.eshconline.org
Language Services	Interpretation services available upon request
Payment Type(s)	Priority given to uninsured
<b>Services</b>	
<input checked="" type="checkbox"/> Adult	Other Services: Individuals must meet medical necessity criteria for admission per the Public Mental Health System and be referred by a designated emergency room or inpatient unit to receive services.
<input type="checkbox"/> Children	
<input checked="" type="checkbox"/> Psychiatric Evaluations	
<input checked="" type="checkbox"/> Acute Inpatient Hospitalization	
<input checked="" type="checkbox"/> Dual Diagnosis	

Peninsula Regional Medical Center / Sheppard Pratt	
Address	100 East Carroll Street, Salisbury, MD 21801
Phone	410-543-7162
Fax	410-543-7165
Website/Email	peninsula.org
Language Services	interpretation services available
Payment Type(s)	Medicare, Medicaid, private insurance, uninsured
<b>Services</b>	
<input checked="" type="checkbox"/> Adult	Other Services: 24 hour hotline- 410-543-7160 psychiatric evaluations for adults, children and Adolescents, * Psychiatric Evaluation in emergency department
<input type="checkbox"/> Children	
<input checked="" type="checkbox"/> Psychiatric Evaluations*	
<input checked="" type="checkbox"/> Acute Inpatient Hospitalization	
<input checked="" type="checkbox"/> Dual Diagnosis	

Potomac Ridge	
Address	821 Fieldcrest Road, Cambridge, MD 21613
Phone	410-221-0288
Fax	410-228-9588
Website/Email	www.potomacridge.com
Language Services	Spanish
Payment Type(s)	Medical Assistance, case by case agreement
<b>Services</b>	
<input type="checkbox"/> Adult	Other Services:
<input checked="" type="checkbox"/> Children	
<input checked="" type="checkbox"/> Psychiatric Evaluations	
<input checked="" type="checkbox"/> Acute Inpatient Hospitalization	
<input checked="" type="checkbox"/> Residential Treatment Facility	

Service Available     Service Not Available

# Mental Health Support Groups / Resources

## Beacon Place

Phone: 410-749-2924

Services: provides short-term residential crisis services in a community based setting

## Depression Bipolar Support Alliance Support Group

Phone: 410-546-0381

Services: depression bipolar support group

## Life Crisis Center

Phone: 1-800-422-0009 / 410-749-4357

Services: support, crisis intervention and referrals

## Lower Shore Early Childhood Intervention Program

Phone: 410-677-6590 (warm line)

Services: early childhood assessments, interventions and referrals

## Lower Shore Friends 207 Maryland Avenue, Suite 5, Salisbury, MD 21801

Wilmore "Bunky" Sterling

Phone: 410-334-2173 Fax: 410-334-6361

Services: peer support and advocacy center, links / referrals to community services, consumer outreach, consumer workshops

## The Mental Health Assoc. of the Lower Shore P.O. Box 269, Snow Hill, MD 21863-0269

Phone: 410-632-4510 ext. 1026

Services: education, awareness, lobbying, workshops, legislative meetings, counseling resources

## NAMI- MD Lower Shore Alliance for the Mentally Ill 11 Concord Ln., Berlin, MD 21811

Ann Palmer

Phone: 410-208-3328 Web address: [www.namimdls.org](http://www.namimdls.org)

Services: support, consumer and family education

## National Youth Crisis Hotline

Phone: 1-800-448-4663

Services: provides information and referrals for at-risk teens

## Rainbows 1401 Camden Ave, Salisbury, MD 21801

Phone: 410-749-2131 Fax: 410-749-2914

Services: support program grieving children and teens; program held in January

## Yellow Ribbon Program

Phone: 1-800-442-0009 (youth hotline) website: [www.yellowribbonmdv.org](http://www.yellowribbonmdv.org)

Services: support groups for family members of persons who have completed suicide and for family members of persons who are actively suicidal

## 211

Phone: 211

Services: local help line providing access to community, volunteer, health and human service information, and referral

## Social Service Organizations

### HALO 321 Tilghman Rd., Suite 206, Salisbury, MD 21804

Phone: 410-742-9356

Hours: Monday – Friday 8:30 a.m. – 5:00 p.m.

Services: homeless advocacy, life skills, life action plan, clothing closet, meals on the street served in designated locations, food pantry (call in pick up Thursdays 2:00 p.m. – 4:00 p.m.)

### HOPE Inc. (Help & Outreach Point of Entry) 129 Broad St., PO Box 5113 Salisbury, MD 21801

Phone: 443-944-5279 410-677-0757 Fax 410-677-0758

Hours: Services provided by appointment only

Services: guidance and financial assistance with health related issues, assistance provided to obtain birth certificates and Maryland ID's, referrals to rehabilitation services and personal support

### Joseph House Ministries 812 Boundary Street, P.O. Box 1755, Salisbury, MD 21802-1755

Phone: 410-749-4239 Fax: 410-742-3390

Hours: Tuesday, Wednesday and Thursday 8:00 a.m. – 12:00 p.m.

Services: cash assistance with evictions, utility cut-offs and health care bills

**Salisbury Urban Ministries** 326 Barclay Street, P.O. Box 1792, Salisbury, MD 21802

Phone: 410-749-1563

Hours: Tuesday and Thursday before 10:00 a.m.

Services: financial assistance for vital needs

**Salvation Army** 407 Oak Street, Salisbury, MD 21804

Phone: 410-749-3077

Hours: Monday - Friday 9:00 a.m. – 11:30 p.m. and 1:00 – 2:30

Services: financial assistance with utility bills, clothing (call for schedule)

**Shore Up!** 520 Snow Hill Road, Salisbury, MD 21804

Phone: 410-749-1142

Services: energy assistance, financial assistance for medications, weatherization and housing

**Wicomico County Dept. of Social Services** 201 Baptist Street, Salisbury, MD 21801

Phone: 410-713-3900 Fax: 410-713-3910

Web Address: [www.dhr.state.md.us/wicomico.htm](http://www.dhr.state.md.us/wicomico.htm)

Services: financial, emergency housing, and child support enforcement assistance

## Low Cost Medical Providers

**Governor's WellMobile Lower Eastern Shore Program**

Phone: 410-341-0842

Please call for information.

**Three Lower Counties Community Svcs.** 1104 Healthway Drive, Salisbury, MD 21804

Phone: 410-219-1100

**Village of Hope Medical Clinic** 1001 Lake Street, Salisbury, MD 21801

Phone: 410-749-6776

## Local Food Pantries and Soup Kitchens

**Bridge Tunnel Route 13**

Hours: Wednesday, Friday and Sunday 6:10 p.m. (brown bag meal)

**Church of God of Prophecy** 208 Tilghman Road, Salisbury, MD 21804

Phone: 410-546-5464 / 410-742-1024 Contact Person: Gary Smith

Hours: Monday – Friday 8:00 a.m. – 5:00 p.m. (call first)

**Grace United Methodist Church** 635 E. Church Street, Salisbury, MD 21804

Phone: 410-742-4144

Hours: Saturday 11:15 a.m. – 12:30 (Soup Kitchen)

**Harvest Center** 119 South Blvd., Salisbury, MD 21804 (behind Giant)

Phone: 410-742-8041

Hours: Wednesday, Friday and Sunday 5:30 p.m. (brown bag meal)

**Joseph House Ministries** 812 Boundary Street, P.O. Box 1755, Salisbury, MD 21801

Phone: 410-749-4239 Fax: 410-742-3390

Hours: Tuesday, Wednesday and Thursday 8:00 a.m. – 12:00 p.m. (Soup Kitchen)

**Lower Shore Friends** 207 Maryland Avenue, Suite 5, Salisbury, MD 21801

Phone: 410-334-2173

Hours: Monday – Friday 10:00 a.m. – 2:00 p.m. Food available on emergency basis

**St. Paul AME Zion Church** 410 Delaware Avenue, Salisbury, MD 21804

Phone: 410-546-5661

Hours: 3<sup>rd</sup> Monday of the month 10:00 a.m.

**St. Peter's Episcopal Church** 115 St. Peter's Street, Salisbury, MD 21801

Phone: 410-742-5118

Hours: Friday 10:30 a.m. – 12:00 p.m.; Wednesday, Friday and Sunday 5:45 p.m. (brown bag meal)

**Salisbury Urban Ministries** 326 Barclay Street, P.O. Box 1792, Salisbury, MD 21802

Phone: 410-749-1563

Hours: Tuesday and Thursday 10:00 a.m. – 2:00 p.m. (Food Pantry)

Saturday 11:15 a.m. – 12:00 p.m. (Soup Kitchen)

**Salvation Army** 407 Oak Street, Salisbury, MD 21804

Phone: 410-749-3077

Hours: Food given daily

**Salisbury Outreach Service - S.O.S** 1905 Cedar Way, Salisbury, MD 21804

Phone: 410-341-4767 Contact Person: Shari Tracy

Hours: Monday – Friday 9:00 a.m. – 12:00 p.m. (walk-in basis)

**Soup Wagon** corner of Barclay Street & Baker Street, Salisbury, MD 21804

Hours: Sunday 1:00 p.m. – 3:00 p.m. (Soup Kitchen)

**Telemon Corporation** 917 Mt. Hermon Road, Suite 2, Salisbury, MD 21804

Phone: 410-546-4604 Contact Person: Jennifer Shahan

Hours: 9:00 a.m. – 12:00 p.m., 1:00 p.m. – 4:00 p.m. (no appointment necessary)

**Vision of Mercy** 423 Hammond Street, Salisbury, MD 21804

Phone: 410-742-6206 Contact Person: Monroe or Stephanie Wallace

Hours: Monday – Saturday 10:00 a.m. – 5:00 p.m. (call first to give staff 1 hr. to prepare your bag)

## Employment Organizations

**Lower Shore Enterprises Inc.** 28475 Owens Branch Rd, Salisbury, MD 21801

Phone: 410-749-6183

Hours: Monday – Friday 8:30 a.m. – 4:00 p.m.

Services: assist individuals with disabilities in job placement

**Lower Shore Workforce Alliance** 917 Mt. Hermon Road, Salisbury, MD 21804

Phone: 410-341-3835 Fax: 410-341-3735

Hours: Monday – Friday 8:00 a.m. – 4:30 p.m.

Services: occupational skills training for adults who are eligible for services under the Workforce Investment Act

**One Stop Job Market** 917 Mt. Hermon Road, Salisbury, MD 21804

Phone: 410-341-6515

Hours: Monday – Friday Please call ahead for times

Services: various services for those seeking employment

**Shore Employment Services** 505 East Main Street, Salisbury, MD 21801

Phone: 410-546-7767

Hours: By appointment only

Services: vocational rehabilitation / supported employment for public mental health system consumers

## Local Shelters

### Christian Shelter

334 Barclay Street, Salisbury, MD 21804

Phone: 410-749-5673

### Cold Weather Shelter (Men)

Phone: 410-749-4357

Location changes weekly, only available during cold months starting in January

### Diakonia

12747 Old Bridge Road, Ocean City, MD 21842

Phone: 410-213-0923

### HALO (Women/Children)

Phone: 410-742-9356

Call ahead, only available during cold months starting in January

### Samaritan Shelter

814 Forth Street, Pocomoke, MD 21851

Phone: 410-957-4310

### Wood Home

P.O. Box 369, Princess Anne, MD 21853

Phone: 410-677-4200

# Transportation

## Shore Transit

Phone: 443-260-2300

## Medical Assistance Transportation Wicomico County Health Department

108 E. Main Street, Salisbury MD, 21801

Phone: 410-548-5142

## Additional Useful Internet Links

### Angel Food Ministries

[www.angelfoodministries.com](http://www.angelfoodministries.com)

Angel Food Ministries is a non-profit, non-denominational organization dedicated to providing food relief and contributing to benevolent outreaches in communities throughout the United States.

### Maryland Community Services Locator

[www.mdcsi.org](http://www.mdcsi.org)

"Connecting people to community services"

### MD Housing Search / Department of Housing and Community Development

[www.mdhousingsearch.org](http://www.mdhousingsearch.org)

website to list and search for rental properties throughout the state of Maryland.

### Network of Care

[www.networkofcare.org](http://www.networkofcare.org)

Network of Care is a highly interactive, single information place where consumers, community-based organizations and municipal government workers all can go to easily access a wide variety of important information. The resources in this "virtual community" include a fast, comprehensive service directory; links to pertinent Web sites from across the nation; a comprehensive, easy-to-use library; a political advocacy tool; community message boards; and many others.

### Tri-county Alliance for the Homeless

[www.somersethd.org](http://www.somersethd.org) 443-523-1810

A supportive permanent housing program serving the disabled and homeless residents of Somerset, Wicomico, and Worcester Counties.

### Wicomico County Health Department

[www.wicomicohealth.org](http://www.wicomicohealth.org)

The mission of the Wicomico County Health Department is to maximize the health of the citizens by providing access to opportunities that promote the physical, behavioral, and environmental health through preventive, educational, assessment, clinical, monitoring and regulatory programs.