

Wicomico Somerset Regional Behavioral Health Resource Guide



2010

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This information is available online at www.wicomicohealth.org/CSA.asp

The content of this resource manual reflects information available at the time of publication; March 2010.

The Wicomico Somerset Regional Core Service Agency in no way endorses any one provider or service over another. We hope that this guide is useful in your navigation of the Public Mental Health System in Wicomico and Somerset Counties.

Provided by
Wicomico Somerset Regional Core Service Agency
108 East Main Street
Salisbury, MD 21801
410-543-6981
Website: www.wicomicohealth.org/CSA.asp

Maryland's Public Mental Health System (PMHS) Overview

The Public Mental Health System was recently redesigned to improve and update consumers' access to mental health services in Maryland. The new system, which combines state funds and Medicaid dollars, has five goals:

1. To help citizens of Maryland get the care that they need
2. To make sure that the care is appropriate
3. To improve the quality of care
4. To pay for the care received
5. To learn which services are effective for the citizens of Maryland

In order to improve access to mental health services and ensure that mental health services help consumers achieve treatment goals; a toll-free, 24-hour, 7-days a week preauthorization line (1-800-888-1965) has been made available.

The Mental Hygiene Administration (MHA) has authority over the PMHS. This includes policy development, state-wide planning and resource allocation.

CSA's are under the authority of the Secretary of the Department of Health and Mental Hygiene (DHMH), and are an entity of the county governments, which approve and oversee their organizational structure.

Jointly, the MHA, CSA's and Value Options (the contracted administrative service organization), coordinate and administer Maryland's PMHS. The Wicomico Somerset Regional Core Service Agency is part of the Wicomico County Health Department.

Wicomico Somerset Regional Core Service Agency Overview

Mission:

The mission of the Wicomico Somerset Regional Core Service Agency (CSA) is to plan, develop and manage a coordinated, comprehensive, accessible, culturally sensitive, and age appropriate system of publicly funded mental health services and supports for individuals with psychiatric disorders who meet certain eligibility criteria, and in conjunction with community stakeholders promote resiliency, health and recovery.

Core Service Agency's Role:

- Assessing and planning for mental health needs in Wicomico and Somerset Counties
- Working to create a unified system of mental health treatment which is responsive to consumers, providers and the needs of Wicomico and Somerset Counties
- Identifying individuals in Wicomico and Somerset Counties in need of mental health services
- Identifying support services to assist persons with mental illness to become as independent as possible
- Safeguard against unnecessary utilization of publicly funded services
- Review consumer and provider satisfaction and process grievances and complaints. Please call the Wicomico Somerset Regional Core Service Agency for guidance in submitting a complaint.
- Review authorized and paid claims
- Evaluate the cost effectiveness and quality of services delivered

Behavioral Health Glossary

Behavioral Health Professionals:

Advanced Practice Psychiatric Nurses (A.P.R.N./P.M.H.) – A registered nurse certified by the Maryland State Board of Nursing, who is able to independently engage in the following activities: An A.P.R.N. is able to diagnose individuals with mental health diagnoses.

- *“Nurse Psychotherapist”* – A registered nurse, who practices psychotherapy in a structured relationship with the client
- *“Psychiatric Nurse Practitioner”* – An experienced registered nurse who possesses advanced training and education in the area of diagnosing and treating illness. Nurse practitioners are able to prescribe medication. Psychiatric nurse practitioners specialize in providing psychiatric care to individuals.

Certified Alcohol and Drug Counselor (C.A.D.C.) – A certified individual that provides alcohol and drug counseling

Clinical Social Worker (A.C.S.W., L.C.S.W., L.C.S.W.-C.) – Clinical Social Workers hold a Masters degree in social work (MSW), and specialize in clinical practice. Clinical social workers must be licensed by the State of Maryland.

Licensed Clinical Professional Counselor (L.C.P.C.) – A Licensed Clinical Professional Counselor possesses a Master's degree in professional counseling. L.C.P.C.'s must be certified by the State Board of Examiners.

Paraprofessionals – Paraprofessionals work under a trained professional in clinical settings, i.e.: Licensed Social Work Associates (Bachelor level social workers).

Behavioral Health Professionals continued:

Psychiatrist (M.D.) – A medical doctor who possesses specialized training in the field of psychiatry. Psychiatrists must be licensed physicians in the state in which they practice and must also be certified by the American Board of Psychiatry.

Psychologist (Ph.D.) – A psychologist possesses a doctoral degree in psychology. One must be licensed by the Maryland State Board of Examiners of Psychologists. A psychologist can be a clinical or a counseling psychologist.

Behavioral Health Terms:

Case Management – A process which plans, coordinates and implements services required to meet an individual's needs.

Dual Diagnosis Treatment – Treatment for an individual with substance abuse issues as well as a mental health diagnosis.

Evidence Based Practice (EBP) – preferential use of mental and behavioral health interventions for which systematic empirical research has provided evidence of statistically significant effectiveness as treatments for specific problems.

Family Psychoeducation – providing education to individuals living with mental illness and their families with a goal of assisting the individual and their family to better understand and deal with his/her present illness, avoid relapse and contribute to their own health and wellness on a long-term basis.

IOP (Intensive Outpatient Program) – The highest level of outpatient treatment before inpatient care.

Medication Evaluation – A psychiatrist or nurse practitioner monitors and evaluates a client's medications to ensure that the client is on the proper medications. Medication evaluations can be done at various intervals.

Outpatient – Treatment that is given in the community and not in a hospitalized setting.

PHP (Partial Hospitalization Program) – A short-term day program that offers psychiatric services. PHP is less intrusive and traumatic than inpatient care. Clients are able to return to their homes at the end of the day, while still remaining under the care of mental health professionals on a daily basis.

Peer Support – Individuals or family members of those living with Mental Illness coming together to provide a self directed, grassroots association that works to enhance the mental health of other local consumers. Peer support members meet as equals to give each other support on a reciprocal basis.

Psychiatric Evaluation – An evaluation performed by a psychiatrist or nurse practitioner. A psychiatric evaluation includes the history of the present illness, current symptoms the individual is experiencing, past history of illness, family history, a review of medications, mental status examinations and a physical examination.

PRP (Psychiatric Rehabilitation Program) – A program that provides support and rehabilitation to individuals who suffer from mental illness. PRP focuses on daily living skills through the use of the community environment.

Psychological Testing – Tests which are given to individuals to assess and evaluate information. Psychological tests are administered and interpreted by a psychologist.

RRP (Residential Rehabilitation Program) – RRP housing is for individuals with a chronic mental health diagnosis, who are unable to live independently in the community.

Respite – Temporary shelter for a person in need of short term relief from a crisis they are experiencing or to provide relief to a caregiver.

Sliding Fee Scale – Fees are set according to the client's ability to pay (i.e., if the client has no income, the fee would be \$0)

Social Service Organization – A community organization that assists individuals with such needs as locating housing, financial assistance and locating resources.

Supported Employment – system of support for individuals living with disabilities in regards to ongoing employment in integrated settings.

Telemedicine – medical information transferred through interactive audiovisual media for the purpose of consultation or the delivery of clinical care.

Uninsured – An individual is uninsured if they do not have private insurance, Medicaid or Medicare.

Community Behavioral Health Providers

Addictions Associates		
Address	323 Broad Street, Salisbury, MD 21801	
Phone	410-548-7500	
Fax	410-548-7544	
Website/Email	Not Applicable	
Language Services	Spanish	
Payment Type(s)	Medicaid and private insurance, self pay	
Services		
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy	<input checked="" type="checkbox"/> Substance Abuse/Addictions Svcs.
<input checked="" type="checkbox"/> Children (Adolescents)	<input type="checkbox"/> Respite	Other Services:
<input type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy	Anger Management
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support	

Anderson, Eva K., Ph.D.		
Address	540 Riverside Drive, Suite 2, Salisbury, MD 21801	
Phone	410-548-7883	
Fax	410-548-2831	
Website/Email	Not Applicable	
Language Services	None	
Payment Type(s)	Private insurance accepted, Medicare supplement	
Services		
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy	<input type="checkbox"/> Substance Abuse/Addictions
<input checked="" type="checkbox"/> Children	<input type="checkbox"/> Respite	Other Services:
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy	
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support	

Atlantic Psychological Practice		
Address	106 Milford Street, #104, Salisbury, MD 21804	
Phone	410-543-8291	
Fax	410-341-6275	
Website/Email	Not Applicable	
Language Services	None	
Payment Type(s)	Private insurance accepted, Medicaid, Medicare, self pay	
Services		
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy	<input type="checkbox"/> Substance Abuse/Addictions
<input checked="" type="checkbox"/> Children	<input type="checkbox"/> Respite	Other Services:
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy	
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support	

Catholic Charities		
Address	1201 Pemberton Dr. Suite 1-A, Salisbury, MD 21801	
Phone	410-749-1121	
Fax	410-543-0510	
Website/Email	Not Applicable	
Language Services	None	
Payment Type(s)	Medicaid, Medicare, private insurance, sliding fee scale	
Services		
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy	<input type="checkbox"/> Substance Abuse/Addictions
<input checked="" type="checkbox"/> Children	<input type="checkbox"/> Respite	Other Services:
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy	pregnancy, adoption
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support	

Community Behavioral Health Providers

Center for Clean Start (C4CS)		
Address	1001 Lake Street, Salisbury, MD 21801	
Phone	410-742-3460	
Fax	410-742-5810	
Website/Email	www.worcesterhealth.org	
Language Services	Interpreters available upon request	
Payment Type(s)	Medicaid, Medicare, most insurances, sliding fee scale, self pay	
Services		
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy	<input checked="" type="checkbox"/> Substance Abuse/Addictions Svcs.
<input type="checkbox"/> Children	<input type="checkbox"/> Respite	Other Services: addictions services for pregnant & post-partum women - halfway housing, life & parenting skills training, self-help meetings
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy	
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Dual Diagnosis	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support	

Chesapeake Counseling & Psychological Services, Inc.		
Address	1813 Sweet Bay Drive, Suite #1, Salisbury, MD 21804	
Phone	410-546-6126	
Fax	410-543-2233	
Website/Email	Not Applicable	
Language Services	None	
Payment Type(s)	Private insurance	
Services		
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy	<input type="checkbox"/> Substance Abuse/Addictions
<input checked="" type="checkbox"/> Children	<input type="checkbox"/> Respite	Other Services:
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy	
<input type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Dual Diagnosis	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support	

Children's Choice		
Address	230 Florida Ave, Salisbury, MD 21801	
Phone	410-860-0484	
Fax	410-860-6626	
Website/Email	ccrespit@aol.com	
Language Services	None	
Payment Type(s)	Medical Assistance recipients only	
Services		
<input type="checkbox"/> Adult	<input type="checkbox"/> Indv. Therapy	<input type="checkbox"/> Substance Abuse/Addictions
<input checked="" type="checkbox"/> Children (3-18)	<input checked="" type="checkbox"/> Respite	Other Services:
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy	in-home and out-of-home respite care, parent advocacy, support groups, case management
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis	
<input checked="" type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support	

J. David Collins and Associates LLC		
Address	700 E. Main Street, Suite 102, Salisbury, MD 21804	
Phone	410-548-3333	
Fax	410-548-3341	
Website/Email	www.jdavidcollins.com / david@jdavidcollins.com	
Language Services	Not Applicable	
Payment Type(s)	Medicare, Medicaid, private insurance, self pay	
Services		
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy	<input checked="" type="checkbox"/> Substance Abuse/Addictions Svcs.
<input checked="" type="checkbox"/> Children (10-18)	<input type="checkbox"/> Respite	Other Services:
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy	Substance Abuse Specialist
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Dual Diagnosis	
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support	

Community Behavioral Health Providers

Counseling Associates	
Address	109 High Street, Salisbury, MD 21801
Phone	410-546-1692
Fax	410-548-9056
Website/Email	www.catherapy.com
Language Services	None
Payment Type(s)	Most major insurances accepted, sliding fee scale
Services <input checked="" type="checkbox"/> Adult <input checked="" type="checkbox"/> Indv. Therapy <input checked="" type="checkbox"/> Substance Abuse/Addictions Svcs.* <input checked="" type="checkbox"/> Children <input type="checkbox"/> Respite Other Services: <input checked="" type="checkbox"/> Family Therapy <input checked="" type="checkbox"/> Group Therapy art therapy, Christian counseling, play <input type="checkbox"/> Psychiatric Evaluations <input checked="" type="checkbox"/> Dual Diagnosis therapy, *substance abuse limited to DUI <input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP <input type="checkbox"/> Peer Support classes at 2 levels	
Delmarva Counseling Center	
Address	28 East State Street, Delmar, MD 21875
Phone	410-896-3995
Fax	410-896-2825
Website/Email	bhhamilton@comcast.net
Language Services	Spanish
Payment Type(s)	Medicaid and some private insurance, self pay
Services <input checked="" type="checkbox"/> Adult <input checked="" type="checkbox"/> Indv. Therapy <input checked="" type="checkbox"/> Substance Abuse/Addictions Svcs. <input checked="" type="checkbox"/> Children <input type="checkbox"/> Respite Other Services: <input checked="" type="checkbox"/> Family Therapy <input type="checkbox"/> Group Therapy <input type="checkbox"/> Psychiatric Evaluations <input checked="" type="checkbox"/> Dual Diagnosis <input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP <input type="checkbox"/> Peer Support	
Delmarva Family Resources	
Address	2013 Northwood Drive, Suite 1, Salisbury, MD 21801
Phone	410-334-6687
Fax	410-334-6700
Website/Email	Not Applicable
Language Services	None
Payment Type(s)	Medical Assistance, private insurance, self pay, uninsured
Services <input checked="" type="checkbox"/> Adult <input checked="" type="checkbox"/> Indv. Therapy <input type="checkbox"/> Substance Abuse/Addictions <input checked="" type="checkbox"/> Children <input type="checkbox"/> Respite Other Services: <input checked="" type="checkbox"/> Family Therapy <input checked="" type="checkbox"/> Group Therapy medication evaluation, medication <input checked="" type="checkbox"/> Psychiatric Evaluations <input type="checkbox"/> Dual Diagnosis management <input checked="" type="checkbox"/> PRP <input type="checkbox"/> RRP <input checked="" type="checkbox"/> PHP <input checked="" type="checkbox"/> Peer Support	
Eastern Shore Psychological Services	
Address (Wicomico)	2336 Goddard Parkway, Salisbury, MD 21801
Address (Somerset)	11559 Somerset Avenue, Princess Anne, MD 21853
Phone	Wicomico 410-334-6961 Somerset 410-651-4200
Fax	Wicomico 410-334-6960 Somerset 410-651-4290
Website/Email	Not Applicable
Language Services	None
Payment Type(s)	Medicare, Medicaid, private insurance, sliding fee scale, uninsured
Services <input checked="" type="checkbox"/> Adult <input checked="" type="checkbox"/> Indv. Therapy <input type="checkbox"/> Substance Abuse/Addictions Svcs. <input checked="" type="checkbox"/> Children <input type="checkbox"/> Respite Other Services: <input checked="" type="checkbox"/> Family Therapy <input checked="" type="checkbox"/> Group Therapy Hope Creek School, IOP only available <input checked="" type="checkbox"/> Psychiatric Evaluations <input type="checkbox"/> Dual Diagnosis in Somerset County <input checked="" type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP <input type="checkbox"/> Peer Support	

Community Behavioral Health Providers

Friendship Network	
Address	406 Trinity Drive, Salisbury, MD 21801
Phone	410-546-3619
Fax	410-546-5387
Website/Email	link available at www.gogettersinc.org
Language Services	None
Payment Type(s)	Medicare, Medicaid, uninsured
Services	
<input checked="" type="checkbox"/> Adult (Geriatric)	<input type="checkbox"/> Indv. Therapy
<input type="checkbox"/> Children	<input type="checkbox"/> Respite
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis
<input checked="" type="checkbox"/> PRP <input checked="" type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Substance Abuse/Addictions Svcs.	
Other Services: comprehensive psycho-geriatric rehabilitation services	

Go-Getters, Inc.	
Address (Wicomico)	431 East Main Street, Salisbury, MD 21804
Address (Somerset)	30260 Mt. Vernon Road, Princess Anne, MD 21853
Phone	Wicomico 410-546-0381 Somerset 410-651-1547
Fax	Wicomico 410-742-8883 Somerset 410-651-4872
Website/Email	www.gogettersinc.org
Language Services	Creole, Spanish
Payment Type(s)	Medicare, Medicaid, uninsured
Services	
<input checked="" type="checkbox"/> Adult	<input type="checkbox"/> Indv. Therapy
<input type="checkbox"/> Children	<input checked="" type="checkbox"/> Respite
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy
<input type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Dual Diagnosis
<input checked="" type="checkbox"/> PRP <input checked="" type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Substance Abuse/Addictions Svcs.	
Other Services: community support, crisis beds for adults, supported employment services	

Harkhani, Jay, M.D.	
Address	1300-A South Division Street, Salisbury, MD 21804
Phone	410-219-3488
Fax	410-219-5900
Website/Email	Not Applicable
Language Services	None
Payment Type(s)	Most insurance accepted, self pay
Services	
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy
<input type="checkbox"/> Children	<input type="checkbox"/> Respite
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Substance Abuse/Addictions Svcs.	
Other Services: practice limited to psychiatry, medication management	

Harrington, Erica, L.C.S.W.-C	
Address	1300-A South Division Street, Salisbury, MD 21804
Phone	410-219-3488
Fax	410-219-5900
Website/Email	Not Applicable
Language Services	None
Payment Type(s)	Most insurance accepted, self pay
Services	
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy
<input type="checkbox"/> Children	<input type="checkbox"/> Respite
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Substance Abuse/Addictions Svcs.	
Other Services:	

Community Behavioral Health Providers

Hudson Health Services	
Address	PO Box 1096, Salisbury, MD 21802
Phone	410-219-9000
Fax	410-742-7048
Website/Email	www.hudson-health.org
Language Services	Not Applicable
Payment Type(s)	Medicaid, private insurance, self pay
Services <input checked="" type="checkbox"/> Adult <input checked="" type="checkbox"/> Indv. Therapy <input checked="" type="checkbox"/> Substance Abuse/Addictions Svcs. <input type="checkbox"/> Children <input type="checkbox"/> Respite Other Services: <input type="checkbox"/> Family Therapy <input checked="" type="checkbox"/> Group Therapy inpatient, family incorporated meetings, <input checked="" type="checkbox"/> Psychiatric Evaluations <input checked="" type="checkbox"/> Dual Diagnosis PHP addictions, transitional housing <input type="checkbox"/> PRP <input type="checkbox"/> RRP <input checked="" type="checkbox"/> PHP <input type="checkbox"/> Peer Support	
Kapoor, Surrinder, M.D.	
Address	207 Maryland Ave, Salisbury, MD 21801
Phone	443-523-0006
Fax	Not Applicable
Website/Email	Not Applicable
Language Services	English, Hindi, Punjabi, Urdu
Payment Type(s)	Medicare, private pay
Services <input checked="" type="checkbox"/> Adult <input checked="" type="checkbox"/> Indv. Therapy <input type="checkbox"/> Substance Abuse/Addictions <input checked="" type="checkbox"/> Children <input type="checkbox"/> Respite Other Services: <input checked="" type="checkbox"/> Family Therapy <input checked="" type="checkbox"/> Group Therapy <input checked="" type="checkbox"/> Psychiatric Evaluations <input type="checkbox"/> Dual Diagnosis <input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP <input type="checkbox"/> Peer Support	
Life Crisis Center	
Address	
Phone	1-800-422-0009 / 410-749-4357 / 2-1-1
Fax	410-548-9496
Website/Email	www.lifecrisiscenter.org
Language Services	Spanish onsite
Payment Type(s)	Sliding fee scale
Services <input checked="" type="checkbox"/> Adult <input checked="" type="checkbox"/> Indv. Therapy <input type="checkbox"/> Substance Abuse/Addictions <input checked="" type="checkbox"/> Children <input type="checkbox"/> Respite Other Services: <input checked="" type="checkbox"/> Family Therapy <input checked="" type="checkbox"/> Group Therapy shelter for victims of domestic violence, <input type="checkbox"/> Psychiatric Evaluations <input type="checkbox"/> Dual Diagnosis information, referral <input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP <input type="checkbox"/> Peer Support	
Life Solutions of Delmarva, LLC	
Address	311 East Main Street, Fruitland, MD 21826
Phone	443-783-0624
Fax	443-736-4751
Website/Email	lifesolutionsofdelmarva.com
Language Services	None
Payment Type(s)	Medicaid, Medicare, private insurance, self pay
Services <input checked="" type="checkbox"/> Adult <input checked="" type="checkbox"/> Indv. Therapy <input type="checkbox"/> Substance Abuse/Addictions Svcs. <input checked="" type="checkbox"/> Children <input type="checkbox"/> Respite Other Services: parenting workshop, teen <input checked="" type="checkbox"/> Family Therapy <input type="checkbox"/> Group Therapy and adult anger management workshops, <input type="checkbox"/> Psychiatric Evaluations <input type="checkbox"/> Dual Diagnosis DUI/DWI victim impact workshops, and <input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP <input type="checkbox"/> Peer Support organizational workshops for students	

Community Behavioral Health Providers

Lighthouse Counseling and Consulting Services	
Address	147B Market Street, PO Box 281, Pocomoke City, MD 21851
Phone	410-957-4200
Fax	410-957-6842
Website/Email	
Language Services	English/Spanish
Payment Type(s)	Medicaid, private ins. (call to verify if private insurance plan accepted)
Services	
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy
<input checked="" type="checkbox"/> Children	<input type="checkbox"/> Respite
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support
<input checked="" type="checkbox"/> Substance Abuse/Addictions Svcs. Other Services:	
Lower Shore Clinic	
Address	505 East Main Street, Salisbury, MD 21804
Phone	410-341-3420
Fax	410-341-3397
Website/Email	link available at www.gogettersinc.org
Language Services	None
Payment Type(s)	Medicare, Medicaid, sliding fee scale, uninsured
Services	
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy
<input type="checkbox"/> Children	<input type="checkbox"/> Respite
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support
Other Services: medication management, crisis intervention, psychiatric evaluation with treatment, psychiatric and psychological services, family psychoeducation	
Maple Shade Youth and Family Services	
Address (Wicomico)	23704 Ocean Gateway, Mardela Springs, MD 21837
Address (Somerset)	382 West Main Street, Crisfield, MD 21817
Phone	Wicomico 410-742-7400 Somerset 410-202-2750
Fax	Wicomico 410-742-6452 Somerset 410-202-2752
Website/Email	www.maple-shade.org
Language Services	All languages available via interpreter services
Payment Type(s)	Medicaid, sliding fee scale, uninsured
Services	
<input type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy
<input checked="" type="checkbox"/> Children (5-18)	<input checked="" type="checkbox"/> Respite
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis
<input checked="" type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Substance Abuse/Addictions Svcs. Other Services: treatment foster care, therapeutic group homes only available in Wicomico County	
New Transitions	
Address	314 Civic Avenue, Salisbury, MD 21804
Phone	410-219-5070
Fax	410-219-5072
Website/Email	Not Applicable
Language Services	None
Payment Type(s)	Medicaid
Services	
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy
<input checked="" type="checkbox"/> Children	<input type="checkbox"/> Respite
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Substance Abuse/Addictions Svcs. Other Services: limited therapy, couples counseling	

Community Behavioral Health Providers

Peer Connections	
Address	108 West Lehigh Avenue, Salisbury, MD 21801
Phone	410-546-1822
Fax	410-548-7682
Website/Email	link available at www.gogettersinc.org
Language Services	None
Payment Type(s)	Medicare, Medicaid, uninsured
Services <input checked="" type="checkbox"/> Adult <input type="checkbox"/> Indv. Therapy <input checked="" type="checkbox"/> Substance Abuse/Addictions Svcs. <input type="checkbox"/> Children <input type="checkbox"/> Respite Other Services: <input type="checkbox"/> Family Therapy <input type="checkbox"/> Group Therapy <input type="checkbox"/> Psychiatric Evaluations <input checked="" type="checkbox"/> Dual Diagnosis <input checked="" type="checkbox"/> PRP <input checked="" type="checkbox"/> RRP <input type="checkbox"/> PHP <input type="checkbox"/> Peer Support	

Peninsula Mental Health / Addictions Services	
Address	102 West Market Street, Salisbury, MD 21801
Phone	410-860-2673
Fax	410-860-0450
Website/Email	None
Language Services	None
Payment Type(s)	Most insurance accepted
Services <input checked="" type="checkbox"/> Adult <input checked="" type="checkbox"/> Indv. Therapy <input checked="" type="checkbox"/> Substance Abuse/Addictions Svcs. <input checked="" type="checkbox"/> Children <input type="checkbox"/> Respite Other Services: <input checked="" type="checkbox"/> Family Therapy <input type="checkbox"/> Group Therapy group therapy for addictions clients <input checked="" type="checkbox"/> Psychiatric Evaluations <input checked="" type="checkbox"/> Dual Diagnosis only, IOP for adults and adolescents <input type="checkbox"/> PRP <input type="checkbox"/> RRP <input checked="" type="checkbox"/> PHP <input type="checkbox"/> Peer Support PHP for Addictions only	

Pine Bluff Counseling, LLC	
Address	1506 South Salisbury Boulevard, Suite 6, Salisbury, MD 21801
Phone	410-677-0466
Fax	410-677-0422
Website/Email	nancy@pinebluffcounselingllc.org
Language Services	None
Payment Type(s)	Medicare, Medicaid, private insurance, self pay
Services <input checked="" type="checkbox"/> Adult <input checked="" type="checkbox"/> Indv. Therapy <input type="checkbox"/> Substance Abuse/Addictions <input checked="" type="checkbox"/> Children <input type="checkbox"/> Respite Other Services: <input checked="" type="checkbox"/> Family Therapy <input checked="" type="checkbox"/> Group Therapy <input checked="" type="checkbox"/> Psychiatric Evaluations <input checked="" type="checkbox"/> Dual Diagnosis <input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP <input type="checkbox"/> Peer Support	

Psychological Associates	
Address	206 Kay Ave, Salisbury, MD 21801
Phone	410-749-0507
Fax	Not Applicable
Website/Email	BIGKLU@comcast.net
Language Services	None
Payment Type(s)	Fees discussed with clients, most major insurance accepted
Services <input checked="" type="checkbox"/> Adult <input checked="" type="checkbox"/> Indv. Therapy <input type="checkbox"/> Substance Abuse/Addictions <input checked="" type="checkbox"/> Children (Adolescent) <input type="checkbox"/> Respite Other Services: <input checked="" type="checkbox"/> Family Therapy <input type="checkbox"/> Group Therapy <input checked="" type="checkbox"/> Psychiatric Evaluations <input type="checkbox"/> Dual Diagnosis <input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP <input type="checkbox"/> Peer Support	

Community Behavioral Health Providers

Three Lower Counties Community Services		
Address (Wicomico)	1104 Healthway Drive, Salisbury, MD 21804	
Address (Somerset)	12137 Elm Street, Princess Anne, MD 21853	
Address (Somerset)	305 10 th Street Ste. 104, Pocomoke City, MD 21851	
Phone	Sby. 410-219-5483	
Fax	Sby. 410-219-5486	
Website/Email	www.tlccs.org	
Language Services	Spanish interpreters, language line	
Payment Type(s)	Medicare, Medicaid, private ins, sliding fee scale, uninsured, self pay	
Services		
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy	<input type="checkbox"/> Substance Abuse/Addictions Svcs.
<input checked="" type="checkbox"/> Children	<input type="checkbox"/> Respite	Other Services: transportation available,
<input checked="" type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy	case management ages 5-18, pharmacy,
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis	school based treatment, play therapy
<input checked="" type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support	ages 2-5 (limited basis)
Warwick Manor Outpatient Services		
Address	220 A East Main Street, Salisbury, MD 21801	
Phone	410-860-9600	
Fax	410-860-8511	
Website/Email	www.warwickmanor.org	
Language Services	None	
Payment Type(s)	Medicaid, most private insurance	
Services		
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy	<input checked="" type="checkbox"/> Substance Abuse/Addictions Svcs.
<input checked="" type="checkbox"/> Children (Adolescent)	<input type="checkbox"/> Respite	Other Services:
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy	Substance Abuse IOP- for adults and
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Dual Diagnosis	adolescents; Mental Health IOP- for
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support	adults
White Flint Recovery, Inc.		
Address	104 West Chestnut Street, Salisbury, MD 21801	
Phone	410-749-6422	
Fax	410-749-7861	
Website/Email	whiteflintrec2@aol.com	
Language Services	Spanish Group	
Payment Type(s)	sliding scale, self pay, medical assistance and all major insurance	
Services		
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy	<input checked="" type="checkbox"/> Substance Abuse/Addictions Svcs.
<input checked="" type="checkbox"/> Children (14-17)	<input type="checkbox"/> Respite	Other Services: IOP for addictions
<input type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy	only, level one treatment, DWI
<input type="checkbox"/> Psychiatric Evaluations	<input type="checkbox"/> Dual Diagnosis	education
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support	
Wicomico County Detention Center		
Address	411 Naylor Mill Road, Salisbury, MD 21801	
Phone	410-548-4850 ext. 359	
Fax	410-548-4857	
Website/Email	www.correctionalmentalhealth.com	
Language Services	language line	
Payment Type(s)	No cost for Wicomico County Detention Center jailed population	
Services		
<input checked="" type="checkbox"/> Adult	<input type="checkbox"/> Indv. Therapy	<input checked="" type="checkbox"/> Substance Abuse/Addictions Svcs.
<input type="checkbox"/> Children	<input type="checkbox"/> Respite	Other Services: Services are for Wic. Co.
<input type="checkbox"/> Family Therapy	<input type="checkbox"/> Group Therapy	Detention Ctr. incarcerated individuals,
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Dual Diagnosis	anger mgt., supportive counseling,
<input type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support	intervention svcs., case mgt., RSAT

Community Behavioral Health Providers

Wicomico County Health Department Addictions and Behavioral Health	
Address	108 East Main Street, Salisbury, MD 21801
Phone	Addictions- 410-742-3784 Behavioral Health- 410-334-3497
Fax	Addictions- 410-543-6680 Behavioral Health- 410-543-6680
Website/Email	www.wicomicohealth.org
Language Services	All languages available via interpreter or language line
Payment Type(s)	Medicaid, Medicare, private insurance, sliding fee scale
Services	
<input checked="" type="checkbox"/> Adult	<input checked="" type="checkbox"/> Indv. Therapy
<input checked="" type="checkbox"/> Children	<input type="checkbox"/> Respite
<input checked="" type="checkbox"/> Family Therapy	<input checked="" type="checkbox"/> Group Therapy
<input checked="" type="checkbox"/> Psychiatric Evaluations	<input checked="" type="checkbox"/> Dual Diagnosis
<input checked="" type="checkbox"/> PRP <input type="checkbox"/> RRP <input type="checkbox"/> PHP	<input type="checkbox"/> Peer Support
	<input checked="" type="checkbox"/> Substance Abuse/Addictions Svcs.
	Other Services:
	Methadone clinic, IOP, Targeted Case Management (children and adults)
	Minority Youth Outreach

Regional Mental Health Inpatient Providers

Adventist Behavioral Health	
Address	821 Fieldcrest Road, Cambridge, MD 21613
Phone	410-221-0288
Fax	410-228-9588
Website/Email	www.potomacridge.com
Language Services	Spanish
Payment Type(s)	Medical Assistance, case by case agreement
Services	
<input type="checkbox"/> Adult	Other Services:
<input checked="" type="checkbox"/> Children	
<input checked="" type="checkbox"/> Psychiatric Evaluations	
<input checked="" type="checkbox"/> Acute Inpatient Hospitalization	
<input checked="" type="checkbox"/> Residential Treatment Facility	

Dorchester County General Hospital	
Address	300 Byrn Street, Cambridge, MD 21613
Phone	410-228-5511
Fax	410-476-5105
Website/Email	Not Applicable
Language Services	TTY, Spanish, Creole
Payment Type(s)	Medicare, Medicaid, most private insurance, uninsured
Services	
<input checked="" type="checkbox"/> Adult	Other Services:
<input type="checkbox"/> Children	voluntary and involuntary placement, need referral and referral source must notify in advance
<input checked="" type="checkbox"/> Psychiatric Evaluations	
<input checked="" type="checkbox"/> Acute Inpatient Hospitalization	
<input checked="" type="checkbox"/> Dual Diagnosis	

Regional Mental Health Inpatient Providers

Eastern Shore Hospital Center	
Address	5262 Woods Rd, PO Box 800, Cambridge, MD 21613
Phone	410-221-2300
Fax	410-221-2534 – CEO's office
Website/Email	www.eshconline.org
Language Services	Interpretation services available upon request
Payment Type(s)	Priority given to forensic population
Services <input checked="" type="checkbox"/> Adult Other Services: <input type="checkbox"/> Children Individuals must meet medical necessity criteria for <input checked="" type="checkbox"/> Psychiatric Evaluations admission per the Public Mental Health System and be <input checked="" type="checkbox"/> Acute Inpatient Hospitalization referred by a designated emergency room, inpatient <input checked="" type="checkbox"/> Dual Diagnosis unit, or court/detention center to receive services.	

Peninsula Regional Medical Center / Sheppard Pratt	
Address	100 East Carroll Street, Salisbury, MD 21801
Phone	410-543-7162
Fax	410-543-7165
Website/Email	peninsula.org
Language Services	interpretation services available
Payment Type(s)	Medicare, Medicaid, private insurance, uninsured
Services <input checked="" type="checkbox"/> Adult Other Services: <input type="checkbox"/> Children 24 hour hotline- 410-543-7160, psychiatric evaluations <input checked="" type="checkbox"/> Psychiatric Evaluations for adults, children and Adolescents, * Psychiatric <input checked="" type="checkbox"/> Acute Inpatient Hospitalization Evaluation in emergency department <input checked="" type="checkbox"/> Dual Diagnosis	

Service Available Service Not Available

Crisis Information and 24-Hour Hotlines

Eastern Shore Operations Center (ESOC)

Phone: 410-749-4357 / 1-888-407-8018

Services: serves as the behavioral health information and referral call center for all nine counties of the Eastern Shore. The ESOC is available 24 hours a day, 7 days a week to assess and respond to calls from consumers, family members, community members, businesses and human services agencies. ESOC staff provide linkage to community resources through referrals to all appropriate and existing behavioral health and human services.

Life Crisis Center Hotline

Phone: 1-800-422-0009 / 410-749-HELP (4357)

Services: provides counseling for victims of domestic violence or sexual assault, suicide prevention, support groups, emergency shelter, shelter referral and medical care, and assistance

Suicide Hotline-

Provides counseling for suicide prevention 1-800-SUICIDE or 410-749-9424

Youth Crisis Hotline-

Crisis Intervention, support and referrals 1-800-422-0009

Urgent Care Clinics – Lower Shore Clinic

Phone: 410-341-3420 call ESOC after business hours 1-888-407-8018

Services: provides mental health assessment and consultation within 48 business hours to prevent the individuals condition from worsening. If psychiatric care is identified, an evaluation will be scheduled with a psychiatrist within a 30 day period.

Mobile Crisis Team(s) (MCT) – Affiliated Santé

Two regional Mobile Crisis Teams (MCT) cover eight counties of the Eastern Shore: Caroline, Cecil, Dorchester, Kent, Queen Anne's, Somerset, Talbot and Wicomico. MCT members intervene with callers referred from the ESOC who are experiencing a behavioral health emergency. MCT assist law enforcement and emergency responders by providing behavioral health crisis consultation and intervention to stabilize the individual in the least restrictive environment through a range of services including assessment, crisis intervention, supportive counseling, information and referrals to appropriate community based behavioral health services for ongoing treatment and follow-up. To access the MCT call ESOC at 1-888-407-8018.

Crisis Information and 24-Hour Hotlines continued:**Mobile Crisis Stabilization Service - (MCSS) Arrow Child and Family Ministries**

Phone: Somerset- 410-651-0630; Wicomico- 410-548-4891; Worcester- 410-632-1111

Mobile Crisis Stabilization Service provides crisis response for the families of foster care children. This service is accessed through the Department of Social Services in Somerset, Wicomico and Worcester Counties.

Mobile Treatment Teams (MTT) / Assertive Community Treatment (ACT)**Lower Shore Clinic**

Phone: 410-341-3420

A MTT is a team treatment approach designed to assist the individual to: achieve recovery, fully participate in community life, obtain stable permanent housing, and reduce the individual's unnecessary admissions to emergency rooms and inpatient psychiatric services. Two teams are available on the Eastern Shore and both are working toward ACT fidelity. ACT is an evidence based treatment approach proven effective in working with individuals with severe, persistent mental health and/or co-occurring disorders.

Beacon Place

Phone: 410-749-2924

Services: provides short-term residential crisis services in a community based setting

Emergency Department Services

Mental Health and substance abuse professionals are available for individuals in need of evaluation for inpatient or residential level of care for mental health and co-occurring disorders at Atlantic General Hospital, Chester River Hospital Center, Peninsula Regional Medical Center, Shore Health Systems (Dorchester General Hospital & Memorial Hospital at Easton) and Union Hospital

Maryland State AIDS Hotline

Phone: 1-800-553-3140 TTY: 1-800-553-3140 Monday – Friday 9 am – 5 pm (except holidays)

Services: information on testing and other referrals

Americans with Disabilities Act Hotline

Phone: 1-800-USA-ABLE (872-2253)

Services: provides information on the Americans Disability Act

Behavioral Health Support Groups / Resources**211**

Phone: 211

Services: local help line providing access to, health and human service information, and referrals

Alcoholics Anonymous (AA)

Phone: 410-543-2266

Services: AA meetings; please call or visit their website for meeting information www.lsiaa.org

Depression Bipolar Support Alliance Support Group

Phone: Robin Johnson- 443-880-3052; Jakota Herring- 410-341-3420

Website: www.dbsalliance.org

Services: depression bipolar support group

Life Crisis Center

Phone: 1-800-422-0009 / 410-749-HELP (4357)

Services: support, crisis intervention and referrals

Lower Shore Early Childhood Intervention Program

Phone: 410-677-6590 (warm line)

Services: early childhood assessments, interventions and referrals

Lower Shore Friends

Phone: 410-334-2173 Address: 207 Maryland Avenue, Suite 5, Salisbury, MD 21801

Services: peer support and advocacy center, links / referrals to community services, consumer outreach, consumer workshops

MD Coalition of Families for Children's Mental Health

Phone: 443-896-6791 Address: 314 Civic Ave., Salisbury, MD

Services: family support group for families that have children with mental health and or emotional disabilities

The Mental Health Assoc. of the Lower Shore

Phone: 410-632-4510 ext. 1026 Address: P.O. Box 269, Snow Hill, MD 21863-0269

Services: education, awareness, lobbying, workshops, legislative meetings, counseling resources

Behavioral Health Support Groups / Resources continued:**NAMI- MD Lower Shore Alliance for the Mentally Ill**

email address: Issfsg@verizon.net (family to family support group)

Web address: www.namimdls.org

Services: monthly support group, consumer and family education

Narcotics Anonymous (NA)

Phone: 1800-317-3222

Services: NA meetings; please call or visit their website for meeting information www.ogona.org

National Youth Crisis Hotline

Phone: 1-800-448-4663

Services: provides information and referrals for at-risk teens

Rainbows

Phone: 410-749-2131 Fax: 410-749-2914 Address: 1401 Camden Ave, Salisbury, MD 21801

Services: support program grieving children and teens; program held in January

Yellow Ribbon Program

Phone: 1-800-442-0009 (youth hotline) website: www.yellowribbondmv.org

Services: support groups for family members of persons who have completed suicide and for family members of persons who are actively suicidal

Social Service Organizations**Department of Social Services**

Somerset- 30397 Mount Vernon Rd, Princess Anne, MD Phone: 410-677-4200

Wicomico- 201 Baptist Street, Salisbury, MD 21801 Phone: 410-713-3900

Services: financial, emergency housing, and child support enforcement assistance

HALO (Hope and Life Outreach)

321 Tilghman Rd., Suite 206, Salisbury, MD 21804 Phone: 410-742-9356

Services: homeless advocacy, life skills, life action plan, clothing closet, meals on the street served in designated locations, food pantry (call in pick up Thursdays 2:00 p.m. – 4:00 p.m.)

HOPE Inc. (Help & Outreach Point of Entry)

129 Broad St., PO Box 5113 Salisbury, MD 21801

Phone: 443-944-5279 410-677-0757 by appointment only

Services: guidance and financial assistance with health related issues, assistance provided to obtain birth certificates and Maryland ID's, referrals to rehabilitation services and personal support

Joseph House Ministries

812 Boundary Street, P.O. Box 1755, Salisbury, MD 21802-1755

Phone: 410-749-4239 Hours: Tues., Wed. & Thurs. 8:00 a.m.–12:00 p.m.

Services: cash assistance with evictions, utility cut-offs and health care bills

Salisbury Urban Ministries

326 Barclay Street, P.O. Box 1792, Salisbury, MD 21802

Phone: 410-749-1563 Hours: Tuesday and Thursday before 10:00 a.m.

Services: financial assistance for vital needs

Salvation Army

407 Oak Street, Salisbury, MD 21804

Phone: 410-749-3077 Hours: Monday - Friday 9:00 a.m. – 11:30 p.m. and 1:00 – 2:30

Services: financial assistance with utility bills, clothing (call for schedule)

Seton Center

30632 Hampton Ave., Princess Anne, MD 21853

Phone: 410-651-9608

Services: case management, referrals, food programs, health prevention advocacy, children's after school and summer program, children's enrichment program, thrift shop, women's support group, financial assistance for basic living expenses

Shore Up!

Wicomico County- 520 Snow Hill Road, Salisbury, MD 21804

Phone: 410-749-1142

Somerset County- 12409 Loretta Road, Princess Anne, MD 21853

Phone: 410-651-1805 Services: energy assistance, financial assistance for medications, weatherization and housing

Low Cost Medical Providers

Governor's WellMobile Lower Eastern Shore Program

Phone: 410-341-0842 Please call for information.

Three Lower Counties Community Services

Somerset- 12137 and 12145 Elm Street, Princess Anne, MD 21853 410-651-1000

305 10th Street Ste. 104, Pocomoke City, MD 21851 410-957-0273

Wicomico- 1104 Healthway Drive, Salisbury, MD 21804 410-219-1100

Village of Hope Medical Clinic

1001 Lake Street, Salisbury, MD 21801

Phone:410-749-6776

Employment Organizations

Deaf Independent Living Assoc. (DILA)

806 Snow Hill Rd, Salisbury, MD 21804

Phone: (V/TTY) 410-742-5052 Hours: Monday – Friday 9:00 a.m. – 5:00 p.m.

Services: provides deaf and hard of hearing individuals with job development, placement, coaching and follow-up transportation assistance when available

Goodwill Career Development

700 S. Salisbury Blvd., Salisbury, MD 21801

Phone: 410-219-9118 Hours: Monday – Friday 8:30 a.m. – 4:30 p.m.

Services: workforce development computer and clerical skills; job readiness (resume building, interview skills and workplace ethics); works with general and incarcerated population

Lower Shore Enterprises Inc.

28475 Owens Branch Rd, Salisbury, MD 21801

Phone: 410-749-6183 Hours: Monday – Friday 8:30 a.m. – 4:00 p.m.

Services: assist individuals with disabilities in job placement

Lower Shore Workforce Alliance

917 Mt. Hermon Road, Salisbury, MD 21804

Phone: 410-341-3835 Fax: 410-341-3735 Hours: Monday – Friday 8:00 a.m. – 4:30 p.m.

Services: occupational skills training for adults who are eligible for services under the Workforce Investment Act

One Stop Job Market

917 Mt. Hermon Road, Salisbury, MD 21804

Phone: 410-341-6515 Hours: Monday – Friday Please call ahead for times

Services: various services for those seeking employment

Shore Employment Services

505 East Main Street, Salisbury, MD 21801

Phone: 410-546-7767 Hours: by appointment only

Services: vocational rehabilitation / supported employment for public mental health system consumers

Transportation

Shore Transit

Phone: 443-260-2300

Medical Assistance Transportation Wicomico County Health Department

108 E. Main Street, Salisbury MD, 21801

Phone: Wicomico 410-548-5142 Somerset 443-260-2300

Local Food Pantries and Soup Kitchens

Bridge Tunnel Route 13

Hours: Wednesday, Friday and Sunday 6:10 p.m. (brown bag meal)

Church of God of Prophecy

208 Tilghman Road, Salisbury, MD 21804

Phone: 410-546-5464 / 410-742-1024 Contact Person: Gary Smith

Hours: Monday – Friday 8:00 a.m. – 5:00 p.m. (call first)

Local Food Pantries and Soup Kitchens continued:**Grace United Methodist Church**

635 E. Church Street, Salisbury, MD 21804

Phone: 410-742-4144

Hours: Saturday 11:15 a.m. – 12:30 (Soup Kitchen)

Harvest Center

119 South Blvd., Salisbury, MD 21804 (behind Giant)

Phone: 410-742-8041

Hours: Wednesday, Friday and Sunday 5:30 p.m. (brown bag meal)

Joseph House Ministries

812 Boundary Street, P.O. Box 1755, Salisbury, MD 21801

Phone: 410-749-4239 Fax: 410-742-3390

Hours: Tuesday, Wednesday and Thursday 8:00 a.m. – 12:00 p.m. (Soup Kitchen)

Lower Shore Friends

207 Maryland Avenue, Suite 5, Salisbury, MD 21801

Phone: 410-334-2173

Hours: Monday – Friday 10:00 a.m. – 2:00 p.m. Food available on emergency basis

St. Paul AME Zion Church

410 Delaware Avenue, Salisbury, MD 21804

Phone: 410-546-5661

Hours: 3rd Monday of the month 10:00 a.m.**St. Peter's Episcopal Church**

115 St. Peter's Street, Salisbury, MD 21801

Phone: 410-742-5118

Hours: Friday 10:30 a.m. – 12:00 p.m.; Wednesday, Friday and Sunday 5:45 p.m. (brown bag meal)

Salisbury Urban Ministries

326 Barclay Street, P.O. Box 1792, Salisbury, MD 21802

Phone: 410-749-1563

Hours: Tuesday and Thursday 10:00 a.m. – 2:00 p.m. (Food Pantry)

Saturday 11:15 a.m. – 12:00 p.m. (Soup Kitchen)

Salvation Army

407 Oak Street, Salisbury, MD 21804

Phone: 410-749-3077

Hours: Food given daily

Salisbury Outreach Service - S.O.S

1905 Cedar Way, Salisbury, MD 21804

Phone: 410-341-4767 Contact Person: Shari Tracy

Hours: Monday – Friday 9:00 a.m. – 12:00 p.m. (walk-in basis)

Seton Center – Catholic Charities, Inc.

30632 Hampton Ave, Princess Anne, MD 21853

Phone: 410-651-9608

Emergency Food Pantry - Monday – Thursday 1:00 a.m. – 4:00 p.m.

Brown Bag Food Program – 4th Thursday of the month, must sign up in advance**Soup Wagon**

corner of Barclay Street & Baker Street, Salisbury, MD 21804

Hours: Sunday 1:00 p.m. – 3:00 p.m. (Soup Kitchen)

Telemon Corporation

917 Mt. Hermon Road, Suite 2, Salisbury, MD 21804

Phone: 410-546-4604 Contact Person: Jennifer Shahan

Hours: 9:00 a.m. – 12:00 p.m., 1:00 p.m. – 4:00 p.m. (no appointment necessary)

Vision of Mercy

423 Hammond Street, Salisbury, MD 21804

Phone: 410-742-6206 Contact Person: Monroe or Stephanie Wallace

Hours: Monday – Saturday 10:00 a.m. – 5:00 p.m. (call first to give staff 1 hr. to prepare your bag)

Local Shelters

Christian Shelter

334 Barclay Street, Salisbury, MD 21804
Phone: 410-749-5673

Cold Weather Shelter (Men)

Phone: 410-749-4357
Location changes weekly, only available during cold months starting in January

Diakonia

12747 Old Bridge Road, Ocean City, MD 21842
Phone: 410-213-0923

HALO (Women/Children)

Phone: 410-742-9356
Call ahead, only available during cold months starting in January

Samaritan Shelter

814 Forth Street, Pocomoke, MD 21851
Phone: 410-957-4310

Wood Home

P.O. Box 369, Princess Anne, MD 21853
Phone: 410-677-4200

Additional Useful Internet Links

Angel Food Ministries www.angelfoodministries.com

Angel Food Ministries is a non-profit, non-denominational organization dedicated to providing food relief and contributing to benevolent outreaches in communities throughout the United States.

Maryland Community Services Locator www.mdcs.org

"Connecting people to community services"

MD Housing Search / Department of Housing and Community Development

www.mdhousingsearch.org

website to list and search for rental properties throughout the state of Maryland.

Network of Care www.networkofcare.org

Network of Care is a highly interactive, single information place where consumers, community-based organizations and municipal government workers all can go to easily access a wide variety of important information. The resources in this "virtual community" include a fast, comprehensive service directory; links to pertinent Web sites from across the nation; a comprehensive, easy-to-use library; a political advocacy tool; community message boards; and many others.

Somerset County Health Department www.somersethd.org

Phone: 443-523-1700

The mission of the Somerset County Health Department is healthy people in healthy communities. This will be accomplished by assessing community health needs, developing appropriate policy to impact health needs, assuring that needed quality health services are available and accessible to the public.

Tri-county Alliance for the Homeless www.somersethd.org

Phone: 443-523-1810

A supportive permanent housing program serving the disabled and homeless residents of Somerset, Wicomico, and Worcester Counties.

Wicomico County Health Department www.wicomicohealth.org

Phone: 410-749-1244

The mission of the Wicomico County Health Department is to maximize the health of the citizens by providing access to opportunities that promote the physical, behavioral, and environmental health through preventive, educational, assessment, clinical, monitoring and regulatory programs.